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Milestones Supplemental Guide

This document provides additional guidance and examples for the Forensic Psychiatry Milestones. This is not designed to indicate any specific requirements for each level, but to provide insight into the thinking of the Milestone Work Group.

Included in this document is the intent of each Milestone and examples of what a Clinical Competency Committee (CCC) might expect to be observed/assessed at each level. Also included are suggested assessment models and tools for each subcompetency, references, and other useful information.

Review this guide with the CCC and faculty members. As the program develops a shared mental model of the Milestones, consider creating an individualized guide (Supplemental Guide Template available) with institution/program-specific examples, assessment tools used by the program, and curricular components.

Additional tools and references, including the Milestones Guidebook, Clinical Competency Committee Guidebook, and Milestones Guidebook for Residents and Fellows, are available on the Resources page of the Milestones section of the ACGME website.

Additional Notes:

The ACGME does not expect formal, written evaluations of all milestones (each numbered item within a subcompetency table) every six months. For example, formal evaluations, documented observed encounters in inpatient and outpatient settings, and multisource evaluation should focus on those subcompetencies and milestones that are central to the fellow's development during that time period.

Progress through the Milestones will vary from fellow to fellow, depending on a variety of factors, including prior experience, education, and capacity to learn. Fellows learn and demonstrate some skills in episodic or concentrated time periods (e.g., formal presentations, participation in quality improvement projects, court clinic or forensic inpatient rotation scheduling, etc.). Milestones relevant to these activities can be evaluated at those times. For the purposes of evaluating a resident's progress in achieving Patient Care and Medical Knowledge Milestones it is important that the evaluator(s) determine what the fellow knows and can do, separate from the skills and knowledge of the supervisor.

Implicit in milestone level evaluation of Patient Care (PC) and Medical Knowledge (MK) is the assumption that during the normal course of patient care activities and supervision, the evaluating faculty member and fellow participate in a clinical discussion of the patient's care. During these reviews the fellow should be prompted to present their clinical thinking and decisions regarding the patient. This may include evidence for a prioritized differential diagnosis, a diagnostic workup, or initiation, maintenance, or modification of the treatment plan, etc. In offering independent ideas, the fellow demonstrates their capacity for clinical reasoning and its application to patient care in real-time. Similarly, for independent evaluations, a fellow may be asked to write up a parallel report, thereby demonstrating their argument, reasoning, and evidence. As fellows progress, their knowledge and skills should grow, allowing them to assume more responsibility and handle cases of greater complexity. They are afforded greater autonomy - within the bounds of the ACGME supervisory guidelines - in caring for patients and performing independent forensic evaluations. At Levels 1 and 2 of the Milestones, a fellow's knowledge and independent clinical reasoning will meet the needs of patients and evaluations with lower acuity, complexity, and level of risk, whereas, at Level 4, fellows are expected to independently demonstrate knowledge and reasoning skills in caring for patients or in the performance of forensic evaluations of higher acuity, complexity, and risk. Thus, one would expect fellows achieving Level 4 milestones to be at an oversight level of supervision. In general, one would not expect beginning fellows to achieve Level 4 milestones. At all levels, it is important that fellows ask for, listen to, and process the advice they receive from supervisors, consult the literature, and incorporate this supervisory input and evidence into their thinking.

Patient Care 1: Patient Care in Forensic Settings Overall Intent: To provide safe and effective patient care in forensic settings	
Milestones	Examples
Level 1 Provides psychiatric care recognizing that there are unique requirements in the forensic setting	 Reviews court reports and pre-admission records for forensic patient Admits patient to forensic hospital and conducts admission psychiatric assessment with awareness of unique requirements of forensic setting Conducts psychiatric evaluation in correctional setting, with awareness of unique requirements of forensic setting
Level 2 Provides psychiatric care that recognizes the tensions of security concerns, dual agency, and the potential for conflicts with therapeutic efforts	 Understands criteria for forensic inpatient readiness for privilege increase Discusses psychiatrist's dual role as treating psychiatrist and forensic evaluator with the forensic inpatient Understands forensic patient absent without leave (AWOL) risk and institutional security measures Understands psychiatrist's dual agency in correctional setting
Level 3 Provides psychiatric care that applies knowledge of the tensions of security concerns, dual agency, and the potential for conflicts with therapeutic efforts	 Under supervision, participates in evaluation of forensic inpatient readiness for privilege increase Participates in administration of violence risk assessment instrument for forensic inpatient Understands and manages restricted formulary in correctional setting Leads treatment team discussion on management of forensic patient's behavioral dyscontrol
Level 4 Provides psychiatric care that consistently manages security concerns, dual agency, the potential for conflicts with therapeutic efforts, and other treatment issues unique to a forensic setting	 Independently conducts malingering assessment in forensic setting Authors competence to stand trial report on forensic patient, while successfully managing dual roles of treating psychiatrist and forensic evaluator Independently authors a conditional release report on insanity acquittee Independently conducts an involuntary treatment evaluation on a forensic inpatient Independently provides outpatient medication management to an outpatient parolee
Level 5 Participates in policy development for the delivery of psychiatric services in a forensic setting	 Presents a grand rounds or case conference on correctional psychiatry Writes a peer-reviewed article on violence risk in insanity acquittees Participates in management-level discussions on developing competency restoration program Teaches a resident didactic on the assessment of malingering in correctional settings Advises forensic hospital or correctional facility administrators on risk assessment policy
Assessment Models or Tools	 Case discussion Direct observation Faculty evaluation Supervisor review of treatment records and court reports

Curriculum Mapping	
Notes or Resources	American Academy of Psychiatry and the Law (AAPL). AAPL practice resource for
	prescribing in corrections. <i>J Am Acad Psychiatry Law</i> . 2018;46(2 Supplement):S2-S50.
	https://www.aapl.org/docs/pdf/Corrections-Resource-Document.pdf. 2021.
	 Mossman D, Noffsinger SG, Ash P, et al. AAPL practice guideline for the forensic
	psychiatric evaluation of competence to stand trial. <i>J Am Acad Psychiatry Law</i> . 2007;35(4
	Suppl):S3-S72. https://www.aapl.org/docs/pdf/Competence%20to%20Stand%20Trial.pdf .
	2021.

Patient Care 2: Procedural Skills in Criminal Forensic Psychiatry Overall Intent: To conduct evaluations and communicate forensic opinions	
Milestones	Examples
Level 1 Demonstrates knowledge of the unique evaluations that occur within the practice of forensic psychiatry in the adult and juvenile justice systems	 Identifies the difference between a competency to stand trial evaluation and criminal responsibility evaluations Explains the purpose of criminal diversion programs Recognizes that youth involved in the juvenile justice system may have unique evaluation requests, such as amenability to treatment within the juvenile justice system Discusses the importance of assessing malingering in forensic evaluations within the criminal justice system
Demonstrates knowledge of the unique requirements involved in the communication of forensic psychiatric opinions	Understands that definitions of competency and/or criminal responsibility can be defined by statutes and/or case law
Level 2 Under supervision, performs basic components of a forensic evaluation with an awareness of the appropriate legal standard	 Clarifies the legal questions (e.g., competence and/or criminal responsibility) being asked of the forensic evaluator Obtains the appropriate legal standard for requested the forensic evaluation Provides statement of non-confidentiality to the evaluee Appreciates important factors to assess safety of the evaluation environment
Under supervision, expresses a well-supported criminal forensic psychiatric opinion	 Recognizes the importance of reviewing police records of the alleged offense in evaluating competence to stand trial evaluations and criminal responsibility evaluations Summarizes relevant sources of information when drafting forensic written report Distinguishes referral source (e.g., defense attorney, district attorney, judge) and how this may impact organizing the evaluation Applies standardized diagnostic criteria to establish a diagnosis acceptable in a legal proceeding Outlines evidence that supports key elements of the governing legal standard
Level 3 Under supervision, performs common forensic evaluations, such as to determine competency to stand trial, criminal responsibility, diversion, and risk assessment	 Performs a competence to stand trial evaluation applying the relevant legal standard Obtains a defendant's account of what occurred relevant to their alleged offenses Incorporates and interprets police records and witness statements in rendering an opinion on criminal responsibility Identifies clinical risk factors for violence through interview and review of collateral records when conducting a risk assessment

Under supervision, prepares an appropriate criminal forensic report and provides effective testimony supported by evidence	Writes a forensic report with evidence supporting the opinion that serves as the basis for a mock trial or actual court trial examination
Level 4 Independently performs common forensic evaluations, such as to determine competency to stand trial, criminal responsibility, diversion, and risk assessment	 Independently identifies referral question, relevant records to request, and legal standard for requested forensic evaluation Conducts assessment of malingered psychosis by applying knowledge of atypical symptoms and/or relevant psychological testing Demonstrates proficiency when explaining forensic opinion on both direct and cross examination Assesses appropriate candidates for diversion programs through evaluation of diversion statutory criteria and available community resources
Independently prepares an appropriate forensic report and provides testimony in a clear and professional manner	Conducts an evaluation of a juvenile's amenability to treatment by incorporating both clinical risk factors and structured assessment instruments
Level 5 Serves as a model for excellence in performance of forensic evaluations, such as to determine competency to stand trial, criminal responsibility, diversion, and risk assessment	Provides training at a national conference on conducting a criminal forensic psychiatric evaluation
Produces reports and testimony that serve as a model for excellence that can be used to teach others	 Produces forensic evaluations that serve as a model template for fellowship training Authors a publication outlining standards for conducting a criminal forensic psychiatric evaluation
Assessment Models or Tools	 Case-based discussion Direct observation Evaluation of reports and feedback Faculty evaluations Report review Video review
Curriculum Mapping	•
Notes or Resources	 Giorgi-Guarnier D, Janofsky J, Keram, E, et al. AAPL practice guideline for forensic evaluation of defendants raising the insanity defense. <i>J Am Acad Psychiatry Law</i>. 2002;30(2Suppl):S3-S40. http://jaapl.org/content/42/4 Supplement/S3.long. 2021. Mossman D, Noffsinger SG, Ash P, et al. AAPL practice guideline for the forensic psychiatric evaluation of competence to stand trial. <i>J Am Acad Psychiatry Law</i>. 2007;35(4 Suppl):S3-S72. https://www.aapl.org/docs/pdf/Competence%20to%20Stand%20Trial.pdf. 2021.

Patient Care 3: Procedural Skills in Civil Forensic Psychiatry Overall Intent: To conduct evaluations and communicate forensic opinions		
Milestones	Examples	
Level 1 Demonstrates knowledge of the unique evaluations that occur within the practice of civil litigation and administrative settings	 Discusses the difference between testamentary capacity and civil competence Discusses the importance of assessing malingering and misattribution in a personal injury evaluation 	
Demonstrates knowledge of the unique requirements involved in the communication of civil forensic psychiatric opinions	 Discusses the need for employment records in a fitness for duty evaluation Explains why and to whom the limits of confidentiality must be explained at the onset of an evaluation and how this should be documented in the report 	
Level 2 Under supervision, performs basic components of a civil forensic evaluation with an awareness of the referral question and relevant standards	 Clarifies the issue that led to a required fitness for duty evaluation by an employer and requests appropriate collateral information, medical, and employment records, including a job description Identifies the state standard for incapacitation, the various types of guardianship, and the legal process, including obtaining necessary forms, in preparation of a guardianship evaluation 	
Under supervision, expresses a well-supported civil forensic psychiatric opinion	Writes a parallel opinion for an evaluation supporting a disability claim	
Level 3 Under supervision, performs common civil forensic evaluations, such as medical malpractice, disability, and personal injury	 Reviews records and produces a report for a malpractice exercise providing testimony in a mock trial that is well presented and supported by evidence 	
Under supervision, prepares an appropriate civil forensic report and provides effective testimony supported by evidence	 Performs an evaluation for a disability claim, reviews appropriate collateral information and records, and writes a well-supported report that is discussed and modified in supervision prior to its release 	
Level 4 Independently performs common civil forensic evaluations	Shows capacity to independently evaluate a plaintiff who presents a sexual harassment claim against her employer, assessing for welcomeness, reasonableness, and hypersensitivity; documents an opinion well supported by the evidence; and effectively testifies in mock administrative hearing	
Independently prepares an appropriate civil forensic report and provides testimony in a clear and professional manner	 Shows capacity to independently evaluate an elderly man whose family is seeking guardianship of person, interviewing collateral sources, and reviewing appropriate documentation, and properly completes the form as required by the probate court 	
Level 5 Serves as a model for excellence in performance of civil forensic evaluations	 Supervises a psychiatry resident on a forensic psychiatry elective rotation doing a paper review for a malpractice case 	

Produces reports and testimony that serve as a model for excellence that can be used to teach others	 Gives mock testimony that is used by the program as an example for incoming fellows Creates a de-identified disability report that is provided as an example in the packet for incoming fellows
Assessment Models or Tools	Case-based discussion
	Direct observation
	Evaluation of reports and feedback
	Faculty member evaluations
	Report review
	Video review
Curriculum Mapping	
Notes or Resources	AAPL Task Force. AAPL practice guideline for the forensic assessment. J AM Acad
	Psychiatry Law. 2015;43(2 Suppl):S3-S53.
	https://www.aapl.org/docs/pdf/Forensic_Assessment.pdf. 2021.
	Anfang SA, Gold LH, Meyer DJ. AAPL practice resource for the forensic evaluation of
	psychiatric disability. J Am Acad Psychiatry Law. 2018;46(1):102.
	https://aapl.org/docs/pdf/C2C Supplement-46-1 2018 Clean.pdf. 2021.

Medical Knowledge 1: Knowledge of Legal Principles Related to the Practice of Forensic Psychiatry **Overall Intent:** To establish the foundation of legal knowledge required for the competent practice of forensic psychiatry **Milestones Examples** • Recognizes basic legal terms related to procedure in the courts and present in legal Level 1 Demonstrates basic understanding of legal terms relevant to forensic psychiatry documents, including roles of court participants, types of hearings, etc. • Accesses local statutes and regulations online Level 2 Identifies statutes, cases, court procedure, and administrative regulation relevant to forensic psychiatry, and demonstrates competence in use of legal resources Demonstrates knowledge of civil law relevant to • Locates and discusses clearly defined statutes related to common civil evaluations forensic psychiatry (e.g., malpractice, personal forensic psychiatrists perform, such as requirements for qualifying personal injury claims injury litigation, treatment refusal, and and disability commitment) Demonstrates knowledge of criminal law Locates and discusses clearly defined statutes related to common criminal evaluations relevant to forensic psychiatry (e.g., competency forensic psychiatrists perform, such as competence to stand trial and not guilty by reason to stand trial, criminal responsibility, sentencing of insanity and mitigation) Level 3 Reads legal cases and demonstrates Seeks out legal cases which alter previous statutes and apply how those legal changes understanding of procedural history, and legal affect common forensic evaluations holdings Demonstrates knowledge of the underlying Considers and explains the underlying reasons for why different laws and cases related to principles of civil law relevant to forensic civil law and forensic psychiatry were written or decided, respectively psychiatry Demonstrates knowledge of the underlying Considers and explains the underlying reasons for why different laws and cases related to principles of criminal law relevant to forensic criminal law and forensic psychiatry were written or decided, respectively psychiatry Level 4 Applies knowledge of legal principles • Understands how the underlying principles of laws can guide decisions and standards in forensic psychiatry and applies it to a particular case and state and federal laws relevant to their forensic practice

Applies knowledge of civil law relevant to forensic psychiatry practice	Applies how laws and previous cases affect civil cases in forensic psychiatry, including what standards are used in different types of cases and what is permissible to testify about
Applies knowledge of criminal law relevant to forensic psychiatry practice	Applies how laws and previous cases affect criminal cases in forensic psychiatry, including what standards are used in different types of cases and what is permissible to testify about
Level 5 Demonstrates sufficient knowledge to assist in the drafting of legal briefs, statutes, or regulations	Participates in advocating for changing or updating relevant laws and regulations through their state governments
Advances knowledge of civil law relevant to forensic psychiatry through research, presentation at national professional meetings, and/or publication	Presents a paper or workshop on issues related to civil law at national meetings, such as the American Academy of Psychiatry and the Law and American Psychiatric Association
Advances knowledge of criminal law relevant to forensic psychiatry through research, presentation at national professional meetings, and/or publication	Surveys state legislatures regarding state standards for criminal responsibility and presents an update at a national meeting, such as the American Academy of Psychiatry and the Law and the American Psychiatric Association
Assessment Models or Tools	 Assessment of case presentation Direct observation Simulation
Curriculum Mapping	
Notes or Resources	 AAPL. Landmark Cases. https://www.aapl.org/landmark-cases. 2021. Cornell Law School. https://www.law.cornell.edu/. 2021. Ford E, Rotter M. Landmark Cases in Forensic Psychiatry. 1st ed. New York, NY: Oxford University Press; 2014. ISBN:978-0199344659. Justia. https://www.justia.com/. 2021. Law and Technology Resources for Legal Professionals (LLRX). https://www.llrx.com/. 2021. Lexis Nexis. https://www.lexisnexis.com/en-us/gateway.page. 2021. Rotter M, Cucolo H, Colley J (eds). https://www.lexisnexis.com/en-us/gateway.page. 2021. Rotter M, Cucolo H, Colley J (eds). https://www.lexisnexis.com/en-us/gateway.page. 2021. Rotter M, Cucolo H, Colley J (eds). https://www.lexisnexis.com/en-us/gateway.page. 2021. Rotter M, Cucolo H, Colley J (eds). https://www.lexisnexis.com/en-us/gateway.page. 2021.

Milestones	Examples
Level 1 Demonstrates knowledge of the importance of identifying specific Diagnostic and Statistical Manual of Mental Disorders (DSM) criteria to substantiate a diagnosis while maintaining an awareness of potential sociocultural influences	Identifies the Diagnostic and Statistical Manual of Mental Disorders (DSM) as the primary text used to diagnose psychiatric conditions and how to use the DSM
Demonstrates knowledge of the importance of using different assessment approaches	• Explains different methods a forensic psychiatrist could use in evaluating different cases (e.g., purely records review, forensic interview, use of standardized assessments)
Level 2 Applies knowledge of DSM criteria to general psychiatric presentations commonly encountered in forensic psychiatric practice (e.g., bipolar disorder, depression)	Consistently supports diagnoses through systematic use of DSM criteria
Demonstrates knowledge of the types of standardized assessment tools used in forensic psychiatry	Lists a variety of standardized assessment tools and recognize their general utility in forensic evaluations
Level 3 Applies knowledge of DSM criteria to psychiatric presentations specific to forensic psychiatric practice (e.g., paraphilic disorders, malingering, antisocial personality disorder, and impulse control disorders), including relevant socio-cultural influences	 Identifies the importance in eliciting the symptoms of conduct disorder to accurately render a diagnosis of antisocial personality disorder Differentiates the specific criteria for substance-induced psychosis versus a primary psychotic disorder in the context of a criminal responsibility evaluation Describes paraphilic disorders and differentiates from impulse control disorder Uses the specifiers of DSM as applied to the diagnosis of pedophilic disorders
Identifies which assessment tool is appropriate for a specific forensic question	Understands which assessment tools are more appropriate for different settings: e.g., Structured Interview of Reported Symptoms-2 (SIRS-2) and Miller Forensic Assessment of Symptoms Test (M-FAST) for psychosis; Test of Memory Malingering (TOMM) for memory problems
Level 4 Analyzes and synthesizes data from relevant sources to substantiate a diagnosis using DSM criteria	Goes beyond using DSM as a checklist and critically analyzes the source of reported symptoms in the context of reaching a diagnosis

Incorporates the results of the various assessment methods used in rendering a forensic opinion	Takes results from various assessment methods and integrate them into a report or testimony, even if the standardized assessment tool is administered by someone else
Level 5 Advances knowledge about the application of the DSM in forensic practice (e.g., publications, presentations, national committees)	Presents at national meetings, such as the American Academy of Psychiatry and the Law and American Psychiatric Association, about topics related to the DSM
Demonstrates knowledge of the research bases and admissibility of the various assessment approaches	Defends use of a particular standardized assessment in a legal setting and provide relevant research for why these assessments should be admissible in court
Assessment Models or Tools	Assessment of case presentation
	Direct observation
	Simulation
Curriculum Mapping	
Notes or Resources	 AAPL Task Force. AAPL practice guideline for the forensic assessment. <i>J AM Acad Psychiatry Law</i>. 2015;43(2 Suppl):S3-S53. https://www.aapl.org/docs/pdf/Forensic Assessment.pdf. 2021. American Psychiatry Association. Diagnostic and Statistical Manual of Mental Disorders (DSM-5). https://www.psychiatry.org/psychiatrists/practice/dsm. 2021.

Systems-Based Practice 1: Patient/Evaluee Safety and the Health Care Team Overall Intent: To analyze patient safety events, appropriately disclose patient safety events, and participate in quality improvement **Examples Milestones** Level 1 Demonstrates knowledge of common • Recognizes mortality, morbidity, adverse events, and near misses as reportable events causes of errors Demonstrates knowledge of institutional safety • Identifies institutional mechanisms for reporting patient safety events policies and awareness of mandatory reporting requirements Level 2 Identifies system factors that lead to • Identifies hand-off and data reporting deficiencies which have led to errors in patient care safety events • Identifies safety issues related to special population units Demonstrates knowledge of how to report Consistently reports medication errors using institution-specific reporting systems • Knows how to report safety events, including reporting of problematic behaviors and safety events processes, errors, and near misses Level 3 Participates in analysis of safety events • Recognizes the importance of systems issues in correctional settings when completing (simulated or actual) risk assessments for violence • Recognizes the importance of systems issues in correctional settings when completing risk assessments for suicide Participates in disclosure of patient safety • Participates in disclosure of risks specific to custody concerns (escape risk, violence, etc.) and/or mandatory reporting events in correctional settings Level 4 Critically analyzes data to identify • Completes a suicide risk assessment that incorporates systems issues of a correctional systems-based errors related to safety (e.g., environment that may increase risk malpractice case involving suicide, risk assessment) Consistently follows regulatory requirements • Reports an issue related to prescribing appropriate medications for the environment related to patient safety and/or mandatory (potential for diversion or abuse) reporting and prescribing practices **Level 5** Actively engages teams and processes • Provides institutional training on identified systems issues that increase risk related to to improve medical and legal system to prevent prescribing practices, suicide risk, or violence risk safety events Provides consultation to organizations to • Identifies and presents report of a risk issue specific to the correctional or forensic improve personal and patient/evaluee safety hospital environment and recommendations for improving safety of those confined

Assessment Models or Tools	 Assessment of case presentation Assessment of morbidity and mortality presentation Direct observation Quality improvement project Simulation
Curriculum Mapping	•
Notes or Resources	 American Association of Directors of Psychiatric Residency Training (AADPRT). Model Curricula in Quality Improvement. https://portal.aadprt.org/user/vto/category/600. 2021. American Board of Psychiatry and Neurology, Inc (ABPN). Patient Safety Activity. https://www.abpn.com/maintain-certification/moc-activity-requirements/patient-safety-activity/. 2021. AMA model Institute for Healthcare Improvement. Open School. https://www.ihi.org/education/ihiopenschool/Pages/default.aspx. 2021. Trestman R, Appelbaum K, Metzner J (eds). Oxford Textbook of Correctional Psychiatry. 1st ed. New York, NY: Oxford University Press; 2015. ISBN:978-0199360574. American Academy of Psychiatry and the Law (AAPL). AAPL practice resource for prescribing in corrections. J Am Acad Psychiatry Law. 2018;46(2 Supplement):S2-S50. https://www.aapl.org/docs/pdf/Corrections-Resource-Document.pdf. 2021. US Department of Veterans Affairs. Patient Safety Curriculum Workshop. https://www.patientsafety.va.gov/professionals/training/curriculum.asp. 2021.

Systems-Based Practice 2: Quality Improvement Overall Intent: To participate in quality improvement	
Milestones	Examples
Level 1 Demonstrates knowledge of basic quality improvement methodologies and metrics	Lists and describes the basic elements of a Plan, Do, Study, Act (PDSA) cycle
Level 2 Describes internal quality improvement initiatives (e.g., reduced restraint rates, falls risk, suicide rates)	Identifies what constitutes a quality forensic evaluation and potential errors in forensic analysis
Level 3 Participates in local quality improvement initiatives	 Participates in an improvement initiative in the correctional setting, such as suicide risk assessment Participates in improvement initiatives related to forensic evaluations, such as analysis
	and feedback to courts and examiners about quality of reports
Level 4 Demonstrates the skills required to identify, develop, implement, and analyze a quality improvement project	 Analyzes the data from a quality improvement project on forensic reports/evaluations in the community Performs a forensic quality review of longitudinal care of a patient in a forensic setting
Level F Creates insulancents and access	identifying barriers for release and recommendations for improved treatment
Level 5 Creates, implements, and assesses quality improvement initiatives at the institutional	Develops and leads a system-wide quality improvement initiative at a correctional setting or in a court system
or community level	Designs and conducts their own quality improvement project on forensic
	reports/evaluations in the community
	Designs and conducts their own quality improvement project in a correctional setting
Assessment Models or Tools	Assessment of case presentation
	Direct observation
	Quality improvement project
	• Simulation
Curriculum Mapping	•
Notes or Resources	AADPRT. Model Curricula in Quality Improvement.
	https://portal.aadprt.org/user/vto/category/600. 2021.
	ABPN. Patient Safety Activity. https://www.abpn.com/maintain-certification/moc-activity-
	requirements/patient-safety-activity/. 2021. ◆ AMA model
	Department of Veterans Affairs. Patient Safety Curriculum Workshop.
	https://www.patientsafety.va.gov/professionals/training/curriculum.asp. 2021.
	Institute for Healthcare Improvement. Open School.
	http://www.ihi.org/education/ihiopenschool/Pages/default.aspx. 2021.

Sv	stems-Based Practice 3: System Navigation
Overall Intent: To effectively navigate the health care system, including the interdisciplinary team and other care providers, to adapt care to a specific patient population to ensure high-quality patient outcomes; to safely transition care and appropriately adapt care to meet	
community needs	my patient editionics, to edicity transition edite and appropriatory adapt edite to meet
Milestones	Examples
Level 1 Identifies key elements for safe and effective transitions of care and hand-offs	Lists the essential components of an effective sign-out and care transition including sharing information necessary for successful on-call/off-call transitions
Recognizes differences in resources impacting care and supervision among forensic and community settings	Lists alternatives/options for care plan depending on level of risk and setting
Demonstrates knowledge of population and community health needs and disparities	• Identifies components of social determinants of health and how they impact the delivery of patient care
Level 2 Performs safe and effective transitions of care/hand-offs in routine situations	Performs a routine case sign-out and occasionally needs direct supervision to identify and triage cases or calls
Demonstrates knowledge of forensic and community resources	Differentiates treatment plan for state hospital versus community rehabilitation center
Identifies specific population and community health needs and inequities for the local population	 Systematically screens women with mental disorders for risk for violence Ensures that minorities are provided the same opportunities for diversion
Level 3 Performs safe and effective transitions of care/hand-offs in complex situations	Performs safe and effective transitions of care on clinical service at shift change and with the rare need for supervision
Is aware of health care funding and regulations related to community resources in forensic psychiatry	Demonstrates awareness of the legal requirements to conduct forensic psychiatry assessment in other states
Uses local resources effectively to meet the needs of a population and community	Appropriately identifies and refers women and minorities who meet statutory criteria for diversion
Level 4 Role models and serves as a patient advocate for safe and effective transitions of care/hand-offs within and across systems	Provides efficient hand-off to the weekend team, and coordinates and prioritizes consultant input for a new high-risk diagnosis to ensure the patient gets appropriate follow-up

Considers system resources in forensic psychiatric recommendations	Offers appropriate recommendations for placement of insanity acquitee being conditionally released to the community in consideration of resources and balancing individual liberty interests and public safety
Participates in changing and adapting practice to provide for the needs of specific populations	Conducts a High Clinical Risk Version 3 (HCR-3) specific dynamic treatment needs in a forensic population
Level 5 Improves quality of transitions of care within and across systems to optimize outcomes	Works with a quality improvement mentor to identify better hand-off tools for on-call services
Advocates for improved access to and better allocation of resources within forensic and community systems of care, as appropriate	Conducts needs assessment survey for various forensic settings and assists in implementing those needs
Leads innovations and advocates for populations and communities with health care inequities	Provides training on inequities within the criminal justice system at meetings such as APPL, American Psychiatric Association (APA), or legal conferences
Assessment Models or Tools	 Assessment during interdisciplinary rounds Direct observation Medical record (chart) audit Multisource feedback Portfolio review Review of sign-out tools, use and review of checklists Simulation
Curriculum Mapping	
Notes or Resources	 Centers for Disease Control and Prevention. Population Health Training. https://www.cdc.gov/pophealthtraining/whatis.html. 2021. Skochelak SE, Hammoud MM, Lomis KD, et al. <i>AMA Education Consortium: Health Systems Science</i>. 2nd ed. Elsevier; 2021. ISBN:9780323694629. APA. APA Community Programs. https://www.psychiatry.org/psychiatrists/cultural-competency/engagement-opportunities/apa-community-programs. 2021. Metzl JM, Hansen H. Structural competency: Theorizing a new medical engagement with stigma and inequality. <i>Soc Sci Med</i>. 2014;103:126-133. https://www.sciencedirect.com/science/article/pii/S0277953613003778?via%3Dihub. 2021.

Systems-Based Practice 4: Physician Role in Systems		
Overall Intent: To incorporate knowledge of the legal system and how they impact treatment of individuals in both civil and correctional		
health care settings; to identify key components necessary to transition from fellowship to independent practice		
Milestones	Examples	
Level 1 Identifies key components of the complex health care and legal system	 Understands that individuals with mental illness who are involved in the criminal justice system may receive care in a variety of settings, including community mental health treatment centers and psychiatric facilities, emergency rooms, diversion programs, correctional facilities, and forensic psychiatric facilities Identifies that there are legal standards governing the right for patients to accept and to refuse treatment in different settings Understands there are legal standards governing involuntary civil commitment of individuals 	
Identifies basic knowledge domains for effective transition to practice	Identifies licensure requirements required to practice medicine Understands role of board certification in practice of general and forensic psychiatry	
Level 2 Describes how components of a complex health care and legal system are interrelated	 For an individual who requires a transfer from a correctional facility to a hospital, identifies that certain procedural due process rights (e.g., notice or a hearing) may be required In an individual who refuses medical treatment in a hospital setting, identifies that a capacity to refuse treatment evaluation may be required 	
Demonstrates use of information technology and documentation required for practice	 Navigates electronic health records to obtain information to conduct a forensic psychiatric assessment Understands importance of keeping patient and forensic psychiatric case logs to document knowledge, skills, training, and experience Identifies when important to record forensic psychiatric evaluation 	
Level 3 Discusses how individual practice affects the broader system	 Understands the importance of evaluating malingering in civil and criminal forensic evaluations due to potential impact on placement within a correctional versus a hospital treatment setting Identifies the impact of prescribing controlled substances in a correctional setting and impact on inmate care and safety 	
Describes core administrative knowledge needed for transition to practice	 Identifies need for medical malpractice insurance for both general and forensic psychiatric practice Appreciates need for secure system to store electronic records to maintain confidentiality of case files 	
Level 4 Manages various components of the complex health care and legal system to provide	Reviews inmate files and conducts mental health evaluation to provide consultation to disciplinary committee on inmate's mental health and placement	

high-value, efficient, and effective care and consultation	 Consults to forensic hospital treatment teams to provide risk assessment and treatment recommendations to manage barriers to release Conducts an evaluation of an inmate to render an opinion regarding appropriateness for diversion program
Analyzes individual practice patterns and professional requirements in preparation for practice Level 5 Advocates for or leads systems change that enhances high-value, efficient, and effective care and consultation	 Analyzes work for evidence of bias (proportion of defendants found incompetent, frequency of findings of malingering) Addresses any quality improvement issues raised in patient care reviews Provides training to hospital staff on updated risk assessment approaches that results in improved system wide changes Publishes an article on best approaches to evaluating potential diversion candidates Lectures nationally on how to address criminogenic needs in individuals with serious mental illness
Assessment Models or Tools	 Direct observation Evaluation of a presentation Journal club and case-based discussion Multisource feedback Portfolio
Curriculum Mapping	
Notes or Resources	 ABPN. Improvement in Medical Practice (PIP). https://www.abpn.com/maintain-certification/moc-activity-requirements/improvement-in-medical-practice-pip/. 2021. APA. Quality Improvement. <a href="https://www.psychiatry.org/psychiatry.org/psychiatry.org/psychiatry.org/psychiatry.org/psychiatry.org/psychiatry.org/psychiatry.org/psychiatry.org/psychiatry.org/psychiatrists/practice/transition-to-practice. 2021. APA. Transition to Practice and Early Career Resources. https://www.psychiatry.org/psychiatrists/practice/transition-to-practice. 2021. National Association of State Mental Health Program Directors. National Framework for Quality Improvement in Behavioral Health Care. https://nasmhpd.org/sites/default/files/SAMHSA%20Quality%20Improvement%20Initiative.pdf. 2021. Oldham JM, Golden WE, Rosof BM. Quality improvement in psychiatry: Why measures matter. Jec232. 2021.

• Scott CL, Falls B. Mental illness management in corrections. In: Oxford Textbook of
Correctional Psychiatry. Trestman R, Appelbaum K, Metzner J (eds). New York, NY:
Oxford University Press; 2015. ISBN:978-0199360574.

Practice-Based Learning and Improvement 1: Evidence-Based and Informed Practice Overall Intent: To appraise and apply evidence in answering a clinical or forensic question **Milestones Examples** • Identifies databases (e.g., PubMed and PsychInfo) and other sources (e.g., APA clinical Level 1 Demonstrates how to access available evidence in addressing a clinical or forensic practice guidelines) one can use to search for scholarly articles, legal opinions, state and question federal statutes, and evidence-based guidelines. • Identifies the appropriate resource to identify the legal standard relevant to a case (e.g., the state's definition of insanity) • Identifies the clinical or forensic question and formulates searchable terms to gather **Level 2** Articulates clinical or forensic questions evidence-based answers: e.g., initiates a literature search of the correlation between and initiates literature searches to support evidence-based opinions substance abuse and gun violence in response to a risk assessment question • Identifies appropriate sources of information required to review the forensic question Level 3 Locates and applies the best available • Locates clinical practice guidelines for the management of depression in response to a evidence relevant to clinical and/or forensic standard of care question practice problems • Identifies and applies appropriate legal standard (statute, case law) to a case • Answers the clinical or forensic question by incorporating meta-analysis data over case or anecdotal reports Level 4 Critically appraises and applies • Analyzes the data surrounding the correlation between substance abuse and gun evidence even in the face of uncertainty and violence considering all other confounding variables and incorporates this into a cohesive, conflicting evidence to guide opinion, tailored to objective opinion without bias toward the retaining party the individual case Level 5 Coaches others to critically appraise • Formally teaches medical students or residents how to search for and analyze scholarly and apply evidence for complex cases, and/or sources participates in the development of guidelines • Serves on an AAPL subcommittee tasked with developing a new guideline for the assessment of juvenile competence to stand trial Assessment Models or Tools Assessment of case presentation Case review Direct observation Learning portfolio Written examination **Curriculum Mapping** Notes or Resources APA. Clinical Practice Guidelines. https://www.psychiatry.org/psychiatrists/practice/clinical-practice-guidelines. 2021. • Guyatt G, Rennie D, Meade MO, Cook DJ. Users' Guides to the Medical Literature: A Manual for Evidence-Based Clinical Practice. 3rd ed. New York, NY: McGraw Hill; 2015. https://jamaevidence.mhmedical.com/book.aspx?bookld=847. 2021.

US Department of Veterans Affairs. VA/DoD Clinical Practice Guidelines. https://www.healthquality.va.gov/ . 2021.
US National Library of Medicine. PubMed Tutorial. https://www.nlm.nih.gov/bsd/disted/pubmedtutorial/cover.html. 2021.

Practice-Based Learning and Improvement 2: Reflective Practice and Commitment to Personal Growth Overall Intent: To seek performance data, conduct reflective practice, and create and use a learning plan **Milestones Examples** Level 1 Accepts responsibility for personal and • Articulates a professional improvement goal for themselves professional development by establishing goals • Identifies an area of weakness in forensic psychiatric knowledge that affects ability to care Identifies the factors that contribute to gaps between one's expected and actual for patients and perform evaluations performance Actively seeks opportunities to improve Begins to seek ways to determine where improvements are needed and makes some specific goals that are reasonable to execute and achieve Level 2 Demonstrates openness to Accepts and incorporates feedback into goals performance data (feedback and other input) to inform goals Analyzes and reflects on the factors that • After supervision on a parallel report, recognizes a failure to incorporate some collateral contribute to gaps between one's expected and records that may have impacted their opinion; requests and reconsiders opinion based on actual performance new information Designs and implements a learning plan, with • With supervision, develops a system to ensure that all medical records, police reports, prompting witness statements, and psychological testing, are requested, checked off when received, and automatically included in the record review of draft reports **Level 3** Seeks performance data episodically Accepts and incorporates input in a non-defensive manner with openness and humility Analyzes, reflects on, and institutes behavioral • Takes input from peers/colleagues and supervisors to gain complex insight into personal strengths and areas to improve changes to narrow the gaps between one's expected and actual performance Independently creates and implements a Discusses with supervisor feedback regarding report organization during a supervision session and reviews a series of model reports provided by the supervisor to create a learning plan template to improve organization of the interview and facilitate drafting of the report • Consistently and independently creates a learning plan for each rotation Level 4 Intentionally seeks performance data consistently with openness and humility

Challenges one's own assumptions and considers alternatives in narrowing the gaps between expected and actual performance	Consistently identifies ongoing gaps and chooses areas for further development
Uses performance data to measure the effectiveness of the learning plan and, when necessary, improves it	Adapts learning plan using updated feedback when multisource assessments do not improve
Level 5 Role models consistently seeking performance data with openness and humility	Consistently seeks feedback from others on performance and incorporates into practice
Coaches others on reflective practice	Encourages other learners on the team to consider how their behavior affects the rest of the team
Facilitates the design and implementation of learning plans for others	Assists a more junior resident in devising a learning plan
Assessment Models or Tools	 Direct observation Learning portfolio Multisource feedback Review of learning plan
Curriculum Mapping	•
Notes or Resources	 Burke AE, Benson B, Englander R, Carraccio C, Hicks PJ. Domain of competence: Practice-based learning and improvement. <i>Acad Pediatr</i>. 2014;14(2 Suppl):S38-S54. https://www.academicpedsjnl.net/article/S1876-2859(13)00333-1/fulltext. 2021. Hojat M, Veloski JJ, Gonnella JS. Measurement and correlates of physicians' lifelong learning. <i>Acad Med</i>. 2009;84(8):1066-74. https://insights.ovid.com/crossref?an=00001888-200908000-00021. 2021. Lockspeiser TM, Schmitter PA, Lane JL, Hanson JL, Rosenberg AA, Park YS. Assessing residents' written learning goals and goal writing skill: Validity evidence for the learning goal scoring rubric. <i>Acad Med</i>. 2013;88(10):1558-1563. https://insights.ovid.com/article/00001888-201310000-00039. 2021.

Professionalism 1: Professional Behavior		
Overall Intent: To recognize and address lapses in ethical and professional behavior, demonstrate ethical and professional behaviors, and		
use appropriate resources for managing ethical and professional dilemmas		
Milestones	Examples	
Level 1 Recognizes that one's behavior in professional settings affects others	 Lists punctuality, accountability, and a sense of patient ownership as professionalism Recognizes that arriving late to evaluations can portray an unprofessional image to evaluees and attorneys Discusses the basic principles underlying ethics (beneficence, nonmaleficence, justice, autonomy) and professionalism (professional values and commitments), and how they apply in various situations (e.g., informed consent process) 	
Level 2 Takes responsibility for one's own professionalism lapses and responds appropriately	 Completes clinical documentation and forensic reports within mandated timeframe Apologizes for a lapse in professionalism when appropriate and takes steps to make amends as needed Recognizes the conflict between autonomy and beneficence in decisions regarding involuntary treatment 	
Level 3 Describes when and how to appropriately report professionalism lapses in others, including strategies for addressing common barriers to reporting	 Remains calm and respectful when dealing with a combative patient or evaluee Is familiar with institutional procedures and state laws regarding impaired physicians Navigates conflicting ethical principles of autonomy and beneficence when considering breeching patient confidentiality and consults supervising attending 	
Level 4 Responds appropriately to professionalism lapses of colleagues and other forensic evaluators	 Recognizes that an on-call colleague appears sleep deprived and offers to switch call with her for that night or reminds her re how to access backup Gives feedback to a colleague when the colleague's behavior fails to meet professional expectations in the moment for minor or moderate single episodes of unprofessional behavior Can identify and describe solutions to unprofessional behavior in forensic practice, either through real life examples or simulation during fellowship Refers to American Medical Association, American Osteopathic Association Code of Ethics, or APA to identify and resolve ethical issues 	
Level 5 Identifies and seeks to address system- level factors that induce or exacerbate ethical problems or impede their resolution	 Serves as a peer consultant on difficult professionalism and ethical issues Participates in efforts by the judicial system to identify and mitigate unprofessional behavior among forensic experts Publishes and presents on professional and ethical issues at a regional or national level 	
Assessment Models or Tools	 Direct observation Multisource feedback Oral or written self-reflection (e.g., of a personal or observed lapse, ethical dilemma, or systems-level factors) Simulation 	

Curriculum Mapping	
Notes or Resources	 The two Professionalism subcompetencies (PROF1 and PROF2) reflect the following overall values: fellows must demonstrate a commitment to carrying out professional responsibilities and adherence to ethical principles, and must develop and acquire a professional identity consistent with their individual values, the specialty, and the practice of medicine. Fellows are expected to demonstrate compassion, integrity, and respect for others; sensitivity to diverse populations; responsibility for patient care that supersedes self-interest; and accountability to patients, society, and the profession. For milestones regarding health disparities, please see Systems-Based Practice 2. AA P Law. Ethics Guidelines for the Practice of Forensic Psychiatry. https://aapl.org/docs/pdf/ETHICSGDLNS.pdf. 2021. ABIM Foundation. American Board of Internal Medicine. Medical professionalism in the new millennium: A physician charter. Annals of Internal Medicine. 2002;136(3):243-246. https://annals.org/aim/fullarticle/474090/medical-professionalism-new-millennium-physician-charter. 2021. American Medical Association. Ethics. https://www.ama-assn.org/delivering-care/ama-code-medical-ethic. 2021. American Osteopathic Association. Code of Ethics. https://osteopathic.org/about/leadership/aoa-governance-documents/code-of-ethics/. 2021. APA. Ethics. https://www.psychiatry.org/psychiatrists/practice/ethics. 2021. Bynny RL, Paauw DS, Papadakis MA, Pfeil S. Medical Professionalism Best Practices: Professionalism in the Modern Era. Aurora, CO: Alpha Omega Alpha Medical Society; 2017. http://alphaomegaalpha.org/pdfs/Monograph/2018.pdf. 2021. Cruess RL, Cruess SR, Steiner Y. Teaching Medical Professionalism — Supporting the Development of a Professional Identity. 2nd ed. Cambridge, UK: Cambridge University Press; 2016. ISBN:978-1107495241. Gabbard GO, Roberts LW, Crisp-Han H, Ball V, Hobday G, Rachal F. Professionalism i

Professionalism 2: Compassion, Integrity, Respect for Others, Sensitivity to Patient Populations, Adherence to Ethical Principles Overall Intent: To practice forensic psychiatry within the bounds of legal and ethical principles with integrity, compassion, and respect for others

Milestones	Examples
Level 1 Demonstrates capacity for self- reflection, empathy, and curiosity about, and openness to, different beliefs and points of view	Thinks about and is aware of how different cultural beliefs of an evaluee may impact a forensic evaluation
Recognizes ethical conflicts in practice and seeks supervision to manage them	Discusses with supervisor dual agency when providing treatment in a correctional facility
Level 2 Elicits beliefs, values, and diverse practices of patients/evaluees and their families, and understands their potential impact on patient care and evaluees in a legal context	Initiates discussion with evaluee, seeking to understand evaluee's beliefs and how they may impact the forensic evaluation
Recognizes ethical/legal issues in practice and discusses these in common clinical and forensic situations	Recognizes the inherent conflict of interest in serving as a forensic evaluator for their clinical patient
Level 3 Develops an appropriate care plan or forensic recommendation in the context of potential biases	Develops treatment plan for forensic inpatient that includes treatment interventions addressing issues that forensic clinician has a personal bias against
Identifies evolving ethical issues within forensic psychiatry practice and can discuss opposing viewpoints	Identifies and avoids specific conflicts in forensic psychiatry such as dual agency and contingency based opinions
Level 4 Recognizes and adapts approach based on issues and special needs populations related to forensic psychiatry	Successfully manages dual agency within correctional or military setting.
Adapts to evolving ethical and legal standards (e.g., can independently manage conflicting ethical standards and values and can apply	 Applies the APPL ethics guidelines relevant to conducting an independent forensic psychiatric examination Seeks consultation in complex cases presenting a potential ethical dilemma
these to practice)	
Level 5 Serves as a role model and teacher of compassion, integrity, and respect for others	Initiates and leads a journal club to review latest evidence-based guidelines

Leads educational activities and case discussions regarding ethical issues specific to both general psychiatry and forensic psychiatry	 Presents to general psychiatry residents the ethical issues present in forensic psychiatry Serves as a member of a local, regional, or national ethics committee
Assessment Models or Tools	 Direct observation Multisource feedback Oral or written self-reflection (e.g., of a personal or observed lapse, ethical dilemma, or systems-level factors) Simulation
Curriculum Mapping	•
Notes or Resources	 American Academy of Psychiatry and the Law. Ethics Guidelines for the Practice of Forensic Psychiatry. https://aapl.org/docs/pdf/ETHICSGDLNS.pdf. 2021. APA. Ethics. https://www.psychiatry.org/psychiatrists/practice/ethics. 2021. Rosner R, Scott C (eds). practice/ethics. 2021. Rosner R, Scott C (eds). practice/ethics. 3rd ed. Boca Raton, FL: CRC Press; 2017. ISBN:978-1482262285.

Professionalism 3: Accountability to Self, Patients, Colleagues, Legal Systems, Professionals, and the Profession Overall Intent: To practice forensic psychiatry with accountability to self, patients, evaluees, medical and non-medical colleagues, the legal	
system, and the profession as a whole	
Milestones	Examples
Level 1 Accepts the role of the patient's physician and takes responsibility (under supervision) for ensuring the patient receives the best possible care in a forensic setting	Explains to a patient in their care that they are the treating provider
Accepts the role of the patient's forensic evaluator and takes responsibility (under supervision) to ensure the special conditions of forensic psychiatric evaluations are implemented	Distinguishes the role of a treatment provider from a forensic evaluator Explains to a forensic evaluee that they are not the treating provider
Level 2 Is recognized by oneself, the patient, the patient's family, and medical staff members as the patient's psychiatric provider	Communicates with the treatment team that they are the primary treatment provider and how to access them if needed
Is recognized by oneself, the patient, the patient's family, and medical staff members as the evaluee's forensic consultant	 Informs the referring party in a forensic evaluation of their role in the forensic evaluation and how they can be contacted Obtains court order identifying them as having been appointed as the forensic evaluator in a criminal case
Level 3 Displays increasing autonomy and leadership in taking responsibility for ensuring that patients receive the best possible care	When in a treating role, accepts responsibility for monitoring relevant laboratory data for prescribed medications and addressing any needed changes
Displays increasing autonomy and leadership in taking responsibility for the provision of forensic consultation and in ensuring that the special conditions of forensic psychiatric evaluations are implemented	 Identifies structured assessments and/or testing important in answering the referral question Initiates contact with the treatment team to gather information and explain role as a forensic consultant Informs patient and limits of confidentiality when conducting a forensic consultation, the consultation question, and parties to whom information about the consultation will be provided Identifies collateral records important in answering the forensic referral question
Level 4 Serves as a role model in demonstrating responsibility in the provision of	 Incorporates feedback from other disciplines in rendering opinion on future violence risk Identifies comorbid medical conditions in patients that require referral for further evaluation and treatment

forensic psychiatric consultation and ensuring that patients receive the best possible care	Arranges and addresses security issues necessary to provide a potentially dangerous patient urgent care for a cardiac condition
Serves as a role model in demonstrating responsibility in the provision of forensic psychiatric consultation and ensuring the special conditions of forensic psychiatric evaluations are implemented	 Clarifies in advance with the referring agency any special conditions of the forensic evaluation, such as audio/video taping, presence of third parties, or limitation on inquiry and adheres to required conditions Leads forensic consultation to treatment team addressing referral questions/ evidence to support opinion, and any relevant recommendations
Level 5 Improves or develops organizational policies for standards of care and/or standards for forensic evaluation	 Serves on national task force developing guidelines relevant to the practice of forensic psychiatry Develops and/or updates system policies and procedures based on evolving evidence-based standards Provides training on standards of forensic consultation at a national conference
Assessment Models or Tools	 Direct observation Multisource feedback Oral or written self-reflection (e.g., of a personal or observed lapse, ethical dilemma, or systems-level factors) Simulation
Curriculum Mapping	
Notes or Resources	 Weinstock R, Leong G, Piel J, Darby W. Defining forensic psychiatry: Roles and responsibilities. In: Rosner R, Scott C (eds). <i>Principles and Practice of Forensic</i> <i>Psychiatry</i>. 3rd ed. Boca Raton, FL: CRC Press; 2017. ISBN:978-1482262285.

Professionalism 4: Well-Being Overall Intent: To manage and improve one's own personal and professional well-being in an ongoing way		
	Examples	
Level 1 Notifies supervisor and takes appropriate steps to manage clinical and non-clinical responsibilities when fatigued or ill	 Is open to discussing well-being concerns, for example vicarious trauma exposure, as they might affect performance Is proactive about finding coverage for responsibilities when sick 	
Level 2 Identifies situations in which maintaining personal emotional, physical, and mental health is challenged, and seeks assistance when needed	 Independently identifies the stress of relationship issues, difficult patients, and financial pressures, and seeks help Accurately notes when time or extra resources are needed to maintain individual well-being 	
Level 3 Knows how to take steps to address impairment/fatigue in oneself and in colleagues	With supervision, assists in developing a personal learning or action plan to address factors potentially contributing to burnout Proactively identifies well-being issues prior to those issues becoming acute	
Level 4 Prioritizes and balances conflicting interests of oneself, family, and others to optimize medical care and practice of the profession	 Works to prevent, mitigate and intervene early during stressful periods in the fellow peer group Goes beyond avoiding burnout and portrays a healthy lifestyle and work-life balance 	
Level 5 Participates as an active member on committees or in organizations that address physician well-being	 Establishes new programs or contributes significantly to existing ones for well-being for colleagues and other individuals Presents or publishes at a regional or national level on topics related to physician wellness 	
Assessment Models or Tools	Direct observations Institutional online training modules Participation in institutional or community well-being programs	
Curriculum Mapping		
Notes or Resources	This subcompetency is not intended to evaluate a fellow's well-being, but to ensure each fellow has the fundamental knowledge of factors that impact well-being, the mechanisms by which those factors impact well-being, and available resources and tools to improve well-being.	
	 Professional behavior refers to the global comportment of the fellow in carrying out clinical and professional responsibilities. This includes: a. timeliness (e.g., reports for duty, answers pages, and completes work assignments on time) b. maintaining professional appearance and attire 	

- o c. being reliable, responsible, and trustworthy (e.g., knows and fulfills assignments without needing reminders)
- d. being respectful and courteous (e.g., listens to the ideas of others, is not hostile or disruptive, maintains measured emotional responses and equanimity despite stressful circumstances)
- o e. maintaining professional boundaries
- o f. understanding that the role of a physician involves professionalism and consistency of one's behaviors, both on and off duty
- These descriptors and examples are not intended to represent all elements of professional behavior. Fellows are expected to demonstrate responsibility for patient care that supersedes self-interest. It is important that residents recognize the inherent conflicts and competing values involved in balancing dedication to patient care with attention to the interests of their own well-being and responsibilities to their families and others. Balancing these interests while maintaining an overriding commitment to patient care requires, for example, ensuring excellent transitions of care, sign-out, and continuity of care for each patient during times that the fellow is not present to provide direct care for the patient.
- AAMC. Well-Being in Academic Medicine. https://www.aamc.org/initiatives/462280/well-being-academic-medicine.html. 2021.
- ACGME. "Well-Being Tools and Resources." https://dl.acgme.org/pages/well-being-tools-resources. Accessed 2022.
- AMA. AMA STEPS Forward. https://edhub.ama-assn.org/steps-forward/pages/about. 2021.
- APA. Well-being and Burnout. https://www.psychiatry.org/psychiatrists/practice/well-being-and-burnout. 2021.
- Chaukos D, Chad-Friedman E, Mehta DH, et al. SMART-R: A prospective cohort study of a resilience curriculum for residents by residents. *Acad Psychiatry*. 2018;42(1):78-83. https://link.springer.com/article/10.1007%2Fs40596-017-0808-z. 2021.
- Hicks PJ, Schumacher D, Guralnick S, Carraccio C, Burke AE. Domain of competence: Personal and professional development. *Acad Pediatr*. 2014;14(2 Suppl):S80-S97. https://www.academicpedsinl.net/article/S1876-2859(13)00332-X/fulltext. 2021.
- Magudia K, Bick A, Cohen J. et al. Childbearing and family leave policies for resident physicians at top training institutions. *JAMA*. 2018;320(22):2372-2374. https://jamanetwork.com/journals/jama/fullarticle/2718057. 2021.
- National Academy of Medicine (NAM). Action Collaborative on Clinician Well-Being and Resilience. https://nam.edu/initiatives/clinician-resilience-and-well-being/. 2021.
- Local resources, including Employee Assistance programs

Interpersonal and Communication Skills 1: Relationship Development and Conflict Management with Patients, Evaluees, Colleagues, Members of the Health Care or Forensic Team, Attorneys, and Members of the Legal System

Overall Intent: To enhance communication skills and working relationship with patients/evaluees, colleagues, members of the health care or forensic team, attorneys, and members of the legal system

Milestones	Examples	
Level 1 Knows the importance of building	Identifies the need to treat patient/evaluees with respect and professionalism	
working relationships with patients/evaluees and	Identifies the need to treat relevant parties with respect and professionalism	
relevant parties in uncomplicated situations		
Level 2 Develops working relationships across	• Introduces self to patient and explains purpose of the examination to help establish	
patients/evaluees in uncomplicated situations	rapport	
	Reviews limits of confidentiality with patient/evaluee	
	Answers questions posed by patient/evaluee about evaluation	
Level 3 Develops working relationships with	Works to gain cooperation from patient/evaluee who is refusing to be evaluated	
patients/evaluees in complicated situations	Establishes an effective working relationship with diverse stakeholders who may have	
	conflicting interests when doing a risk assessment	
Level 4 Sustains working relationships with	Gains cooperation of defendant when hired by court or opposing counsel	
patients/evaluees in complex and challenging	Successfully completes an evaluation in individual who is malingering symptoms	
situations	Provides a forensic consultation to treatment team on patient/evaluee who has been	
	aggressive to treatment team members	
	Effectively provides testimony despite oppositional counsel	
Level 5 Develops models/approaches to	Develops a training program for how to evaluate oppositional evaluees	
managing difficult communications with	Publishes a best practices guideline for addressing common challenges in forensic	
patients/evaluees	evaluations	
Assessment Models or Tools	Direct observation	
	Journal club and case-based discussion	
	Multisource feedback	
	Oral or written examination	
	Portfolio	
	Simulation	
Curriculum Mapping	•	
Notes or Resources	American Academy of Psychiatry and the Law. Ethics Guidelines for the Practice of	
	Forensic Psychiatry. https://aapl.org/docs/pdf/ETHICSGDLNS.pdf . 2021.	
	Glancy GD, Chatterjee S, Miller D. Ethics, empathy, and detached concern in forensic	
	psychiatry. J Am Acad Psychiatry Law. 2021;49(2):246–253.	
	http://jaapl.org/content/early/2021/03/26/JAAPL.200106-20. 2021.	

Interpersonal and Communication Skills 2: Consultation to Medical Providers and Non-Medical Systems Overall Intent: To provide recommendations as a consultant and collaborator to medical and non-medical systems, to recognize and		
manage conflicts in work relationships and team-based activities		
Milestones	Examples	
Level 1 Provides consultation to other medical or mental health providers and non-medical stakeholders, under supervision	Answers a general medical team's questions about the elements of decision-making capacity related to a request to leave the hospital against medical advice	
Recognizes communication conflicts in work relationships	Recognizes when other members of a health care team are dissatisfied with a recent policy change and attempts to facilitate discussion about potential solutions	
Level 2 Assists primary treatment care team in identifying and clarifying the forensic referral questions	In collaborative discussion, forms a specific and answerable forensic question when the primary team or non-medical stakeholder is uncertain about its exact needs	
Actively participates in team-based evaluations; supports activities of other team members, and communicates findings and recommendations	Performs a forensic evaluation in conjunction with a psychologist and incorporates the psychologist's findings and recommendations into the forensic opinion	
Level 3 Provides forensic recommendations through collaboration with health care teams and/or non-medical stakeholders (e.g., attorneys, courts), under supervision	Works with a supervisor to give a primary team a recommendation for mitigating a patient's suicide risk upon discharge from the hospital	
Recognizes differing philosophies within and between different disciplines in forensic evaluations and sustains working relationships in the face of conflict	Recognizes the competing interests between treatment providers and monitoring agencies in the supervision of insanity acquittees who have been released to the community and facilitates meaningful discussion among these parties when they disagree	
Level 4 Manages complicated and challenging consultation requests	 Provides consultation in a case with an uncommon clinical scenario, multiple competing interests, or complex ethical issues; e.g., answers forensic questions for a team trying to assess the decision-making capacity of and consideration of treatment over objection for a patient with an eating disorder and suicidal ideation who is refusing to eat or drink 	
Manages resolution of conflicts in a team-based setting or participates in the resolution of systems level conflicts in a forensic setting	Facilitates an interdisciplinary meeting in the correctional setting to resolve a conflict regarding the distribution and availability of mental health resources	
Level 5 Provides forensic psychiatric consultations to larger systems, including non-	Provides forensic consultation to a school's risk assessment team regarding their policies and procedures	

medical systems, and/or leads a forensic psychiatric consultation team	
Designs research or quality improvement projects to improve team-based evaluation Assessment Models or Tools	Conducts research on the relative quality versus cost-effectiveness of team-based versus individually performed forensic evaluations Direct observation
	 Medical record (chart) review audit Multisource feedback Simulation encounters
Curriculum Mapping	
Notes or Resources	 Green M, Parrott T, Cook G. Improving your communication skills. BMJ. 2012;344:e357 https://www.bmj.com/content/344/bmj.e357. 2021. Henry SG, Holmboe ES, Frankel RM. Evidence-based competencies for improving communication skills in graduate medical education: A review with suggestions for implementation. Med Teach. 2013;35(5):395-403. https://www.tandfonline.com/doi/abs/10.3109/0142159X.2013.769677?journalCode=imte20. 2021. Roth CG, Eldin KW, Padmanabhan V, Freidman EM. Twelve tips for the introduction of emotional intelligence in medical education. Med Teach. 2018;21:1-4. https://www.tandfonline.com/doi/abs/10.1080/0142159X.2018.1481499?journalCode=imte20. 2021.

To help programs transition to the new version of the Milestones, the ACGME has mapped the original Milestones 1.0 to the new Milestones 2.0. Indicated below are where the subcompetencies are similar between versions. These are not exact matches but are areas that include similar elements. Not all subcompetencies map between versions. Inclusion or exclusion of any subcompetency does not change the educational value or impact on curriculum or assessment.

Milestones 1.0	Milestones 2.0
PC1: Patient Care	PC1: Patient Care in Forensic Settings
PC2: Procedural Skills	PC2: Procedural Skills in Criminal Forensic Psychiatry
	PC3: Procedural Skills in Civil Forensic Psychiatry
MK1: Knowledge of the Law and Ethical Principles as they	MK1: Knowledge of Legal Principles Related to the Practice of
relate to the Practice of Forensic Psychiatry	Forensic Psychiatry
MK2: Knowledge of Clinical Psychiatry Especially	MK2: Knowledge of Clinical Psychiatry Especially Relevant to
Relevant to Forensic Psychiatry	Forensic Psychiatry
SBP1: Patient/Evaluee Safety and the Health Care Team	SBP1: Patient/Evaluee Safety and the Health Care Team
SBP2: Resource Management	SBP4: Physician Role in Systems
SBP3: Consultation to Medical Providers and Non-medical	ICS2: Consultation to Medical Providers and Non-Medical
systems (e.g., military, schools, businesses, forensic)	Systems
	SBP2: Quality Improvement
	SBP3: System Navigation
PBLI1: Development and Execution of Lifelong Learning	PBLI1: Evidence-Based and Informed Practice
through Constant Self-evaluation, Including Critical	PBLI2: Reflective Practice and Commitment to Personal Growth
Evaluation of Research and Clinical	
Evidence	
PBLI2: Teaching	
PROF1: Compassion, Integrity, Respect for Others,	PROF2: Compassion, Integrity, Respect for Others, Sensitivity
Sensitivity to Diverse Patient Populations, Adherence to	to Diverse Patient Populations, Adherence to Ethical Principles
Ethical Principles	
PROF2: Accountability to Self, Patients, Colleagues, Legal	PROF3: Accountability to Self, Patients, Colleagues, Legal
Systems, Professionals, and the Profession	Systems, Professionals, and the Profession
	PROF4: Well-Being
	PROF1: Professional Behavior
ICS1: Relationship Development and Conflict	ICS1: Relationship Development and Conflict Management with
Management with Patients, Evaluees, Colleagues,	Patients, Evaluees, Colleagues, Members of the Health Care or
Members of the Health Care or Forensic Team, Attorneys,	Forensic Team, Attorneys, and Members of the Legal System
and Members of the Legal System	
ICS2: Information Sharing and Record Keeping	

Available Milestones Resources

Milestones 2.0: Assessment, Implementation, and Clinical Competency Committees Supplement, 2021 - https://meridian.allenpress.com/jgme/issue/13/2s

Milestones Guidebooks: https://www.acgme.org/milestones/resources/

- Assessment Guidebook
- Clinical Competency Committee Guidebook
- Clinical Competency Committee Guidebook Executive Summaries
- Implementation Guidebook
- Milestones Guidebook

Milestones Guidebook for Residents and Fellows: https://www.acgme.org/residents-and-fellows/ the-acgme-for-residents-and-fellows/

- Milestones Guidebook for Residents and Fellows
- Milestones Guidebook for Residents and Fellows Presentation
- Milestones 2.0 Guide Sheet for Residents and Fellows

Milestones Research and Reports: https://www.acgme.org/milestones/research/

- Milestones National Report, updated each fall
- Milestones Predictive Probability Report, updated each fall
- Milestones Bibliography, updated twice each year

Developing Faculty Competencies in Assessment courses - https://www.acgme.org/meetings-and-educational-activities/courses-and-workshops/developing-faculty-competencies-in-assessment/

Assessment Tool: Direct Observation of Clinical Care (DOCC) - https://dl.acgme.org/pages/assessment

Assessment Tool: Teamwork Effectiveness Assessment Module (TEAM) - https://team.acgme.org/

Improving Assessment Using Direct Observation Toolkit - https://dl.acgme.org/pages/acgme-faculty-development-toolkit-improving-assessment-using-direct-observation

Remediation Toolkit - https://dl.acgme.org/courses/acgme-remediation-toolkit

Learn at ACGME has several courses on Assessment and Milestones - https://dl.acgme.org/