

# Supplemental Guide: Pediatric Cardiology



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#### **Milestones Supplemental Guide**

This document provides additional guidance and examples for the Pediatric Cardiology Milestones. This is not designed to indicate any specific requirements for each level, but to provide insight into the thinking of the Milestone Work Group.

Included in this document is the intent of each Milestone and examples of what a Clinical Competency Committee (CCC) might expect to be observed/assessed at each level. Also included are suggested assessment models and tools for each subcompetency, references, and other useful information.

Review this guide with the CCC and faculty members. As the program develops a shared mental model of the Milestones, consider creating an individualized guide (Supplemental Guide Template available) with institution/program-specific examples, assessment tools used by the program, and curricular components.

Additional tools and references, including the Milestones Guidebook, Clinical Competency Committee Guidebook, and Milestones Guidebook for Residents and Fellows, are available at the end of this document as well as on the Resources page of the Milestones section of the ACGME website.

The following resources will be generally beneficial for all milestones and subcompetencies:

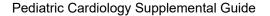
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- Dubin Anne M., Edward P. Walsh, Wayne Franklin, Ronald J. Kanter, J. Philip Saul, Maully J. Shah, George F. Van Hare, and Julie A Vincent. 2015. "Task Force 4: Pediatric Cardiology Fellowship Training in Electrophysiology." *Circulation*. 132(6): e75-e80. [Published correction appears in *Circulation* 2016 Mar 29;133(13):e467]. doi:10.1161/CIR.0000000000000195.
- Feltes, Timothy F., Stephen J. Roth, Melvin C. Almodovar, Dean B. Andropoulos, Desmond J. Bohn, John M. Costello, Robert J. Gajarski, Antonio R Mott, and Peter Koenig. 2015. "Task Force 5: Pediatric Cardiology Fellowship Training in Critical Care Cardiology." *Circulation*. 132(6): e81-e90. doi:10.1161/CIR.0000000000000196.

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- Lewis, Alan B., Gerard R. Martin, Peter J. Bartz, Peter S. Fischbach, David R. Fulton, G. Paul Matherne, Benjamin Reinking, and Robert L. Spicer. 2015. "Task Force 1: Pediatric Cardiology Fellowship Training in General Cardiology." *Circulation*. 132(6): 48-56. doi:10.1161/CIR.000000000000192.
- Mahle, William T., Anne M. Murphy, Jennifer S. Li, Yuk M. Law, Jane W. Newburger, Stephen R. Daniels, Daniel Bernstein, Bradley S. Marino, and Robert D. Ross. 2015. "Task Force 8: Pediatric Cardiology Fellowship Training in Research and Scholarly Activity." *Circulation*. 132(6): 107-113. [published correction appears in *Circulation* 2016 Mar 29;133(13):e470]. doi:10.1161/CIR.0000000000000199.
- Ross, Robert D., Michael Brook, Peter Koenig, Jeffrey A. Feinstein, Peter Lang, Robert L. Spicer, Julie A. Vincent, et al. 2015. "SPCTPD/ACC/AAP/AHA Training Guidelines for Pediatric Cardiology Fellowship Programs (Revision of the 2005 Training Guidelines for Pediatric Cardiology Fellowship Programs)." Journal of the American College of Cardiology S0735-1097(15)00809-8. [published online ahead of print, 2015 Mar 13]. doi:10.1016/j.jacc.2015.03.004.
- Srivastava, Shubhika, Elizabeth Braunlin, David Brown, Antonio G. Cabrera, Lowell Frank, Julie S. Glickstein, Troy Johnston, et al. 2017. "Curricula Components for Entrustable Professional Activities for the Subspecialty of Pediatric Cardiology." Progress in Pediatric Cardiology. 44: 17-32. <a href="https://doi.org/10.1016/j.ppedcard.2017.01.004">https://doi.org/10.1016/j.ppedcard.2017.01.004</a>.
- Srivastava, Shubhika, Beth F. Printz, Tal Geva, Girish S. Shirali, Paul M. Weinberg, Pierre C. Wong, and Peter Lang. 2015. "Task Force 2: Pediatric Cardiology Fellowship Training in Noninvasive Cardiac Imaging." *Circulation*. 132(6):e57-e67. [published correction appears in *Circulation* 2016 Mar 29;133(13):e466]. doi:10.1161/CIR.0000000000000193.
- Stout, Karen, Anne Marie Valente, Peter J. Bartz, Stephen Cook, Michelle Gurvitz, Arwa Saidi, and Robert D. Ross. 2015.
   "Task Force 6: Pediatric Cardiology Fellowship Training in Adult Congenital Heart Disease". *Journal of the American College of Cardiology*. 66(6):723-731. [published correction appears in *Journal of the American College of Cardiology* 2015 Aug 11;66(6):762]. doi:10.1016/j.jacc.2015.03.011.
- Webber, Steven A., Daphne T. Hsu, D. Dunbar Ivy, Thomas J. Kulik, Elfriede Pahl, David N. Rosenthal, W. Robert Morrow, and Jeffrey A. Feinstein. 2015. "Task Force 7: Pediatric Cardiology Fellowship Training in Pulmonary Hypertension, Advanced Heart Failure, and Transplantation." *Journal of the American College of Cardiology*.66(6):732-739. [published correction appears in *Journal of the American College of Cardiology* 2015 Aug 11;66(6):763]. doi:10.1016/j.jacc.2015.03.013.

| Patient Care 1: Clinical Reasoning for Diagnosis  Overall Intent: To integrate collected data (e.g., history including social determinants of health, physical, laboratory/diagnostic if available) to make an informed and appropriately broad differential diagnosis |   |
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| Milestones   | Examples  |
| <b>Level 1</b> Presents relevant clinical facts (e.g., history, exam, tests, consultations) in the order they were elicited  | After evaluating a neonate with hypoxemia at birth, reports vital signs and physical exam findings without prioritization or recognition of pertinent positives and pertinent negatives; recites the patient's history without excluding irrelevant information or emphasizing important information  |
| <b>Level 2</b> Generates a differential diagnosis based on the clinical facts  | <ul> <li>For a well four-year-old child with a murmur, provides an overly broad differential of possible etiologies without recognizing which may be more or less likely</li> <li>Lists the five most common causes of cyanotic heart disease but is unable to rank their likelihood based on the available clinical data</li> <li>Recognizes that the immediate post-operative Fontan patient is in hypotensive shock without being able to discern a likely etiology</li> </ul>                                       |
| <b>Level 3</b> Organizes clinical facts to compare and contrast diagnoses being considered, resulting in a prioritized differential diagnosis  | <ul> <li>Having considered pertinent positive and negative findings, formulates a differential diagnosis of a neonate with hypoxemia in order of more likely to less likely</li> <li>Considers common and less common causes of cyanotic heart disease and ranks their likelihood based on the available clinical data</li> <li>Provides a focused differential for a post-operative Fontan patient in hypotensive shock in ranked order of likelihood based on the clinical findings and diagnostic testing</li> </ul> |
| Level 4 Integrates clinical facts into a unifying diagnosis(es); reappraises in real time to avoid diagnostic error  | <ul> <li>By considering new information, including test results and changing clinical status, revisits and adjusts the differential diagnosis for a hypoxic neonate in real time</li> <li>Consistently compares and contrasts several diagnoses and uses supporting evidence to determine which is the most likely in a post-operative Fontan patient in hypotensive shock</li> </ul>   |
| <b>Level 5</b> Models diagnostic reasoning for junior learners   | <ul> <li>Articulates clinical reasoning in a way that allows insight into an expert's clinical decision making</li> <li>Develops a curriculum that aids junior learners in developing and advancing their clinical reasoning skills as assessed in pre- and post-test evaluation</li> </ul>   |
| Assessment Models or Tools   | <ul> <li>Case-based discussion</li> <li>Direct observation</li> <li>Medical record (chart) review</li> <li>Multisource feedback</li> <li>Simulation</li> </ul>  |
| Curriculum Mapping   |   |

| Notes or Resources | <ul> <li>Bowen, Judith L. 2006. "Educational Strategies to Promote Clinical Diagnostic Reasoning." NEJM 355: 2217-2225. https://www.nejm.org/doi/full/10.1056/NEJMra054782.</li> <li>Feltes, Timothy F., Stephen J. Roth, Melvin C. Almodovar, Dean B. Andropoulos, Desmond J. Bohn, John M. Costello, Robert J. Gajarski, Antonio R Mott, and Peter Koenig. 2015. "Task Force 5: Pediatric Cardiology Fellowship Training in Critical Care Cardiology." Circulation. 132(6): e81-e90. doi:10.1161/CIR.00000000000000196.</li> <li>Lewis, Alan B., Gerard R. Martin, Peter J. Bartz, Peter S. Fischbach, David R. Fulton, G. Paul Matherne, Benjamin Reinking, and Robert L. Spicer. 2015. "Task Force 1: Pediatric Cardiology Fellowship Training in General Cardiology." Circulation. 132(6): 48-56. doi:10.1161/CIR.0000000000000192.</li> <li>Society to Improve Diagnosis in Medicine. "Tools and Toolkits." https://www.improvediagnosis.org/toolkits/. Accessed 2020.</li> <li>Srivastava, Shubhika, Elizabeth Braunlin, David Brown, Antonio G. Cabrera, Lowell Frank, Julie S. Glickstein, Troy Johnston, et al. 2017. "Curricula Components for Entrustable Professional Activities for the Subspecialty of Pediatric Cardiology." Progress in Pediatric Cardiology. 44: 17-32. https://doi.org/10.1016/j.ppedcard.2017.01.004.</li> </ul> |
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| Patient Care 2: Patient Management  Overall Intent: To create a management plan and select the appropriate testing as dictated by the clinical situation |  |
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| Milestones   | Examples   |
| <b>Level 1</b> Lists management options for common clinical presentations  | • For a patient with a ventricular septal defect (VSD), lists broad treatment options such as medication, surgery, or catheter-based intervention  |
| <b>Level 2</b> Identifies advantages and drawbacks of standard management options  | <ul> <li>Understands risks and benefits of a cardiac catheterization procedure for a patient with pulmonary hypertension</li> <li>Discusses risks and benefits of surgical repair versus medical management of a fourmonth-old with congestive heart failure with a large perimembranous VSD</li> </ul>  |
| <b>Level 3</b> Develops and adapts a patient-specific management plan for patients with common and typical presentation                                  | <ul> <li>Determines that a three-week-old with poor weight gain with a perimembranous VSD should be started on diuresis and increased fortification of feeds in the setting of congestive heart failure symptoms, rather than immediately proceed with surgical repair</li> <li>In a hypoxemic three-month-old patient status post Norwood, recommends a cardiac catheterization to determine etiology of cyanosis before performing an early Glenn repair</li> </ul>  |
| <b>Level 4</b> Develops and adapts a patient-specific management plan for patients with complicated and atypical presentation                            | <ul> <li>In a hypoxemic 18-month-old patient with pulmonary vein stenosis status post Glenn,<br/>develops a staged treatment plan including cardiac catheterization for potential<br/>intervention and dilation of veins, medications, and/or surgery</li> </ul>   |
| <b>Level 5</b> Models the development and adaptation of management plans   | <ul> <li>Consistently articulates evidence-based management plans</li> <li>In a two-year-old patient with progressive pulmonary vein stenosis status post Glenn, leads a patient's family and multidisciplinary team discussion on palliative care options</li> </ul>  |
| Assessment Models or Tools   | <ul> <li>Case-based discussion</li> <li>Direct observation</li> <li>Medical record (chart) review</li> <li>Multisource feedback</li> </ul>   |
| Curriculum Mapping   | •  |
| Notes or Resources   | <ul> <li>Feltes, Timothy F., Stephen J. Roth, Melvin C. Almodovar, Dean B. Andropoulos, Desmond J. Bohn, John M. Costello, Robert J. Gajarski, Antonio R Mott, and Peter Koenig. 2015. "Task Force 5: Pediatric Cardiology Fellowship Training in Critical Care Cardiology." <i>Circulation</i>. 132(6): e81-e90. doi:10.1161/CIR.000000000000000196.</li> <li>Lewis, Alan B., Gerard R. Martin, Peter J. Bartz, Peter S. Fischbach, David R. Fulton, G. Paul Matherne, Benjamin Reinking, and Robert L. Spicer. 2015. "Task Force 1: Pediatric Cardiology Fellowship Training in General Cardiology." <i>Circulation</i>. 132(6): 48-56. doi:10.1161/CIR.00000000000000192.</li> <li>Sachdeva, Ritu, Anne Marie Valente, Aimee K. Armstrong, Stephen C. Cook, B. Kelly</li> </ul> |



"ACC/AHA/ASE/HRS/ISACHD/SCAI/SCCT/SCMR/SOPE 2020 Appropriate Use Criteria for Multimodality Imaging During the Follow-Up Care of Patients with Congenital Heart Disease: A Report of the American College of Cardiology Solution Set Oversight Committee and Appropriate Use Criteria Task Force, American Heart Association, American Society of Echocardiography, Heart Rhythm Society, International Society for Adult Congenital Heart Disease, Society for Cardiovascular Angiography and Interventions, Society of Cardiovascular Computed Tomography, Society for Cardiovascular Magnetic Resonance, and Society of Pediatric Echocardiography." Journal of the American College of Cardiology 75(6): 657–703. doi: 10.1016/j.jacc.2019.10.002. • Schumacher, Daniel J., Robert Englander, Patricia J. Hicks, Carol Carraccio, and Susan

Guralnick. 2014. "Domain of Competence: Patient Care." Academic Pediatrics 14(2) Supp: S13-S35. https://pubmed.ncbi.nlm.nih.gov/24602619/.

| Patient Care 3: Organization and Prioritization of Patient Care  Overall Intent: To organize and appropriately prioritize patient needs to optimize patient outcomes |   |
|--|---|
| Milestones   | Examples  |
| <b>Level 1</b> Organizes patient care for an individual patient when prompted  | Sees a patient admitted for heart failure and orders a chest radiograph, electrocardiogram, and echocardiogram, when asked by a senior fellow   |
| <b>Level 2</b> Organizes patient care responsibilities by focusing on individual (rather than multiple) patients   | <ul> <li>While admitting a stable teenager for heart failure, fails to shift priority to an urgent<br/>evaluation for a neonate with possible obstructed total anomalous pulmonary venous<br/>connection (TAPVC)</li> </ul>   |
| Level 3 Organizes and prioritizes the simultaneous care of patients with efficiency; anticipates and triages urgent and emergent issues                              | While admitting a stable teenager for heart failure, shifts priority to rapidly evaluate a neonate with suspected obstructed TAPVC and initiates an urgent diagnostic plan prior to returning to the patient with heart failure   |
| <b>Level 4</b> Organizes, prioritizes, and delegates patient care responsibilities, even when patient volume approaches the capacity of the individual or facility   | While admitting an unstable teenager for heart failure, receives multiple pages for neonatal consults in several babies with profound hypoxemia; after assessing the stability of the heart failure patient, appropriately delegates the admission of the heart failure patient and appropriately triages and manages the hypoxemic neonates, and communicates events to the attending  |
| <b>Level 5</b> Coaches junior learners in organizing patient care responsibilities   | <ul> <li>After initial stabilization of all patients, reviews care as well as teaching points with the residents, and meets with the nurses and patients' family members to address further questions</li> <li>Organizes a debriefing with the team after a clinically busy day with multiple urgent, unstable patients to review the prioritization followed to ensure improvement in the future</li> </ul>  |
| Assessment Models or Tools   | <ul> <li>Direct observation</li> <li>Guided reflection</li> <li>Multisource feedback</li> <li>Self-assessment</li> </ul>  |
| Curriculum Mapping   |   |
| Notes or Resources   | <ul> <li>Covey, Stephen. 1989. The Seven Habits of Highly Effective People. New York, NY: Simon &amp; Schuster.</li> <li>Di Rocco, Jennifer R., Chieko Kimata, Masihullah Barat, and Samantha Kodama. 2022. "Paediatric Resident Workflow Observations in a Community-Based Hospital." British Medical Journal Open Quality 11(1):e001607. doi:10.1136/bmjoq-2021-001607.</li> <li>Kuch, Bradley A., Matthew Bochkoris, and Richard A. Orr. 2020. "Triage and Transport of Infants and Children with Cardiac Disease." In Critical Care of Children with Heart Disease. Springer Cham. doi:10.1007/978-3-030-21870-6 2. Accessed 2022.</li> </ul> |

| • Ledrick, David, Susan Fisher, Justin Thompson, and Mark Sniadanko. 2009. "An   |
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| Assessment of Emergency Medicine Residents' Ability to Perform in a Multitasking |
| Environment." Academic Medicine 84(9): 1289-1294. doi:                           |
| 10.1097/ACM.0b013e3181b18e1c.  |

| Overall Intent: To independently perform and interpret transthoracic echocardiography   |  |
|---|--|
| Milestones  | Examples   |
| <b>Level 1</b> Lists the elements of a complete transthoracic echocardiogram  | • Lists the different modalities, views, and utility of echocardiography (2D, M-mode, Doppler)   |
| <b>Level 2</b> Obtains and identifies standard views for transthoracic echocardiogram   | <ul> <li>Performs basic views of a transthoracic echocardiogram following an institutional protocol</li> <li>Names visualized anatomic structures while acquiring standard parasternal long and short axis imaging as part of an institutional protocol</li> </ul> |
| Distinguishes normal from abnormal findings   | <ul> <li>Identifies a VSD</li> <li>Identifies severely reduced ventricular function</li> </ul>   |
| <b>Level 3</b> Performs a complete transthoracic echocardiogram for normal and simple heart disease                           | <ul> <li>Performs a complete transthoracic echocardiogram following institutional protocol and attempts to optimize image quality</li> <li>Performs a complete study demonstrating tetralogy of Fallot</li> </ul>  |
| Interprets anatomic, hemodynamic, and functional data in simple heart disease   | • Interprets secondary echocardiographic findings in a patient with left to right shunt, such as chamber dilation and valve integrity  |
| <b>Level 4</b> Performs transthoracic echocardiogram for complex heart disease and adapts the study to patient needs          | Performs a comprehensive echocardiogram of a patient with hypoplastic left heart syndrome and creates a report highlighting pertinent positive and negative findings   |
| Interprets anatomic, hemodynamic, and functional data in complex heart disease  | Identifies the presence of a restrictive atrial septum and provides guidance on the need for atrial septostomy   |
| <b>Level 5</b> Serves as a resource for other learners in performing a transthoracic echocardiogram for complex heart disease | Provides expert counsel to junior fellows on the acquisition and interpretation of complex echocardiographic images.   |
| Serves as a resource for other learners in interpreting a transthoracic echocardiogram for complex heart disease              | Applies skills from the TTE to other advanced imaging, such as TEE and fetal echocardiography  |
| Assessment Models or Tools  | <ul> <li>Case-based discussion/conferences</li> <li>Direct observation</li> <li>End-of-rotation evaluations</li> <li>Image review</li> </ul>   |

|                     | <ul><li>Portfolios</li><li>Procedure logs</li><li>Report review</li></ul>   |
|---------------------|---|
| Curriculum Mapping  |   |
| Notes and Resources | <ul> <li>Many categorical cardiology fellows may have limited exposure to advanced techniques, such as fetal echocardiography, transesophageal echocardiography, or intravascular ultrasound, and these are not intended to be evaluated in this subcompetency</li> <li>Lai, Wyman W, Tal Geva, Girish S. Shirali, Peter C. Frommelt, Richard A. Humes, Michael M. Brook, Ricardo H. Pignatelli, and Jack Rychik. 2006. "Guidelines and Standards for Performance of a Pediatric Echocardiogram: A Report from the Task Force of the Pediatric Council of the American Society of Echocardiography." Journal of the American Society of Echocardiography 19(12): 1413-1430. doi:10.1016/j.echo.2006.09.001.</li> <li>Lopez, Leo, Steven D. Colan, Peter C. Frommelt, Gregory J. Ensing, Kathleen Kendall, Adel K. Younoszai, Wyman W. Lai, and Tal Geva. 2010. "Recommendations for Quantification Methods During the Performance of a Pediatric Echocardiogram: A Report from the Pediatric Measurements Writing Group of the American Society of Echocardiography Pediatric and Congenital Heart Disease Council." Journal of the American Society of Echocardiography 23(5): 465-577. doi:10.1016/j.echo.2010.03.019.</li> </ul> |

| Medical Knowledge 1: Anatomy, Overall Intent: To develop a broad foundation of kn   | Physiology, and Natural (and Modified) History of Cardiac Conditions nowledge to manage children with heart disease   |
|---|---|
| Milestones  | Examples  |
| <b>Level 1</b> Describes anatomy and physiology of a structurally normal heart  | <ul> <li>Describes normal fetal and postnatal cardiac anatomy</li> <li>Explains that pulmonary pressures are normally less than systemic pressure after birth</li> </ul>  |
| <b>Level 2</b> Describes anatomy and physiology of simple cardiac conditions  | <ul> <li>Describes anatomy of basic congenital heart defects and their subtypes, such as atrial septal defect (ASD): secundum, primum, sinus venosus, and coronary sinus</li> <li>Describes the basic physiology of obstructive congenital heart lesions such as pulmonic stenosis, aortic stenosis, and coarctation of the aorta</li> </ul>              |
| Discusses natural history of common or simple heart conditions  | • In an infant with a large VSD, describes the signs and symptoms in the first six months of life as the pulmonary vascular resistance decreases  |
| Level 3 Describes anatomy and physiology of complex cardiac conditions  | <ul> <li>Identifies different subtypes of total anomalous pulmonary venous return and its variable presentations, obstructive versus nonobstructive</li> <li>Distinguishes the variable physiologies that are possible in a cyanotic infant, such as inadequate pulmonary blood flow, single ventricle, and transposition of the great vessels</li> </ul> |
| Discusses the impact of intervention on the natural history of common or simple heart conditions                              | <ul> <li>Explains how balloon valvuloplasty is used to relieve aortic stenosis with the potential for aortic insufficiency and restenosis</li> <li>Discusses the potential and need for pacemaker after surgical closure of a VSD in congenitally corrected transposition of the great arteries</li> </ul>  |
| <b>Level 4</b> Integrates anatomy and physiology to predict clinical presentation and progression with a high level of detail | Describes the anatomic subtypes of double outlet right ventricle with its various physiologic permutations and clinical presentations   |
| Discusses anticipated course of uncommon or complex heart conditions, with or without treatment                               | <ul> <li>Identifies the postnatal implications of aberrations of fetal physiology such as a critical obstruction lesion</li> <li>Anticipates the possibility of progressive restriction to pulmonary blood flow in a patient with tricuspid atresia and normally related great arteries</li> </ul>  |
| <b>Level 5</b> Appraises and applies evidence to challenging treatment decisions for anatomic and physiologic variants        | Uses applicable literature and institutional experience to treat rare and complex congenital or acquired heart disease to decide and present that plan to other health care practitioners and refer for the appropriate medical and or surgical intervention  |
| Discusses anticipated course of rare heart conditions, with or without treatment  | Discusses the evidence and anticipated course with patients' families and health care teams for rare and complex congenital and acquired heart disease  |

| Assessment Models or Tools | <ul> <li>Case-based discussion</li> <li>Direct observation</li> <li>In-training examinations</li> </ul>  |
|----------------------------|--|
| Curriculum Mapping         | •  |
| Notes and Resources        | <ul> <li>Allen, Hugh D., David J. Driscoll, Robert E. Shaddy, and Timothy F. Feltes. 2007. Moss and Adams' Heart Disease in Infants, Children and Adolescents: Including the Fetus and Young Adult, 2 Volume Set, 9th ed. Lippincott Williams &amp; Wilkins. ISBN:0781786843.</li> <li>Eidem, Benjamin W., Bryan C. Cannon, Anthony C. Chang, Jonathon N. Johnson, Paul Kantor, Robert E. Shaddy, and Frank Cetta. 2022. Pediatric Cardiology Board Review, 3rd ed. Wolters Kluwer. ISBN/ISSN: 9781975180478.</li> <li>Rudolph, Abraham. 2009. Congenital Diseases of the Heart: Clinical-Physiological Considerations, 3rd ed. Wiley-Blackwell. ISBN: 978-1-405-16245-6.</li> </ul> |

| Medical Knowledge 2: Diagnostic Cardiac Catheterization  Overall Intent: To interpret diagnostic cardiac catheterization and integrate data into patient care |  |
|---|--|
| Milestones  | Examples   |
| <b>Level 1</b> Describes data available from cardiac catheterization  | <ul> <li>Lists the commonly acquired saturations and chamber pressures measured in a diagnostic catheterization</li> <li>Describes normal saturations and pressures obtained during a cardiac catheterization</li> </ul>   |
| <b>Level 2</b> Reports angiographic findings and calculates hemodynamic data from a cardiac catheterization   | <ul> <li>Calculates Qp/Qs in a patient with a ventricular septal defect</li> <li>Describes the angiographic features of a ventricular septal defect</li> </ul>   |
| Level 3 Interprets and synthesizes angiographic and hemodynamic data from a straightforward cardiac catheterization   | <ul> <li>Calculates hemodynamic data and ascertains candidacy for cavopulmonary anastomosis in a patient with a single ventricle aortopulmonary shunt</li> <li>Ascertains candidacy for unilateral balloon pulmonary angioplasty with stent placement after interpreting the hemodynamic and angiographic data</li> <li>Identifies partial anomalous pulmonary venous return from hemodynamic and angiographic data</li> </ul> |
| Level 4 Interprets and synthesizes angiographic and hemodynamic data from a complex cardiac catheterization   | <ul> <li>Identifies right ventricular dependent coronary circulation and its implications for management in a neonate with pulmonary atresia and intact ventricular septum</li> <li>Discusses the limitations of and alternatives for calculating the Qp/Qs in a patient with multisource pulmonary blood flow</li> </ul>  |
| Level 5 Coaches others to interpret and synthesize angiographic and hemodynamic data from a complex cardiac catheterization                                   | After reviewing the diagnostic catheterization and pulmonary vasoreactivity testing in a patient with severe pulmonary hypertension, leads a discussion referring to literature weighing risks and benefits of a palliative Potts shunt versus lung transplantation referral, incorporating consideration of the impact of the patient's extracardiac disease on decision making   |
| Assessment Models or Tools  | <ul> <li>Case-based discussion</li> <li>Direct observation</li> <li>In-training exam</li> <li>Medical record (chart) audit</li> <li>Multisource feedback</li> <li>Procedure log</li> </ul>   |
| Curriculum Mapping  | •  |
| Notes or Resources  | <ul> <li>Feltes, Timothy F., Emile Bacha, Robert H. Beekman III, John P. Cheatham, Jeffrey A.</li> <li>Feinstein, Antoinette S. Gomes, Ziyad M. Hijazi, et al. 2011. "Indications for Cardiac Catheterization and Intervention in Pediatric Cardiac Disease; A Scientific Statement from</li> </ul>  |

| ı | the American Heart Association." Circulation 123(22): 2607–2652. |
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|   | the American reduction. On calation 120(22), 2001 2002.          |
|   | doi:10.1161/CIR.0b013e31821b1f10.                                |
|   | <u>doi:10.1101/CllX.00013e3102101110</u> .                       |

| Medical Knowledge 3: Electrophysiologic Testing Overall Intent: To interpret electrophysiologic testing and integrate data into patient care                       |   |
|--|---|
| Milestones   | Examples  |
| <b>Level 1</b> Recognizes features of a normal electrocardiogram (ECG)   | Identifies normal sinus rhythm, P wave, QRS complex, ST segment and T wave     Measures PR and QRS intervals and calculates QTc interval length   |
| Level 2 Interprets ECG patterns for common conditions using simple testing (e.g., 12-lead ECG, telemetry)  | <ul> <li>Differentiates sinus tachycardia versus supraventricular tachycardia</li> <li>Distinguishes ectopy from artifact on ECG and telemetry</li> </ul>   |
| Level 3 Interprets abnormalities of increasing complexity using a wider array of electrophysiologic testing (e.g., Holter monitor, event recorder, stress testing) | <ul> <li>For a patient with palpitations, interprets events recording and Holter monitor data</li> <li>Identifies polymorphic ventricular tachycardia that is elicited on an exercise stress test</li> <li>Identifies Wolff-Parkinson-White (WPW) pattern on ECG</li> </ul>   |
| Level 4 Interprets subtle and more complex abnormalities of non-invasive and common abnormalities of invasive electrophysiologic testing                           | <ul> <li>Interprets refractory arrhythmias like permanent junctional reciprocating tachycardia (PJRT) or ectopic atrial tachycardia</li> <li>Recognizes and interprets borderline prolonged QTc interval and refers to exercise stress testing for risk stratification</li> <li>Refers a symptomatic patient with WPW for exercise stress testing and electrophysiologic testing for risk stratification and possible ablation</li> </ul> |
| <b>Level 5</b> Coaches others to interpret and act on more complex abnormalities of non-invasive electrophysiologic testing  | Leads a weekly conference to teach fellows to analyze complex arrhythmias, provide accurate differentials, and apply evidence-based therapies   |
| Assessment Models or Tools   | <ul> <li>Case-based discussion</li> <li>Direct observation</li> <li>In-training exam</li> <li>Medical record (chart) review</li> <li>Multisource feedback</li> </ul>  |
| Curriculum Mapping   | •   |
| Notes or Resources   | <ul> <li>Callans, David J. 2021. <i>Josephson's Clinical Cardiac Electrophysiology: Techniques and Interpretations</i>, 6th edition. Wolters Kluwer.</li> <li>Fogoros, Richard N., and John M. Mandrola. 2017. <i>Fogoros' Electrophysiologic Testing</i>, 6th ed. John Wiley &amp; Sons.</li> </ul>  |

| Systems-Based Practice 1: Patient Safety  Overall Intent: To engage in the analysis and management of patient safety events, including relevant communication with patients, |  |
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| patients' families, and health care professionals  |  |
| Milestones   | <b>Examples</b>  |
| <b>Level 1</b> Demonstrates knowledge of common patient safety events  | Lists common patient safety events such as patient misidentification or medication errors  |
| Demonstrates knowledge of how to report patient safety events  | Lists "patient safety reporting system" or "patient safety hotline" as ways to report safety events  |
| <b>Level 2</b> Identifies system factors that lead to patient safety events  | • Identifies that electronic health record (EHR) default timing of orders as "routine" (without changing to "stat") may lead to delays in antibiotic administration time for sepsis  |
| Reports patient safety events through institutional reporting systems (simulated or actual)  | Reports delayed antibiotic administration time using the appropriate reporting mechanism   |
| <b>Level 3</b> Participates in analysis of patient safety events (simulated or actual)   | <ul> <li>Participates in department morbidity and mortality presentations</li> <li>Participates in root cause analyses (mock or actual)</li> </ul>   |
| Participates in disclosure of patient safety events to patients and families (simulated or actual)   | With the support of an attending or risk management team member, participates in the disclosure of a medication order error to a patient's family  |
| <b>Level 4</b> Conducts analysis of patient safety events and offers error prevention strategies (simulated or actual)   | <ul> <li>Leads a simulated or actual root cause analysis related to a patient fall from a crib and<br/>develops action plan that includes signs to remind caregivers to always put side rails up<br/>and add floor mats under cribs, bedside shift report fall prevention checklists, and<br/>environmental stressors</li> </ul> |
| Discloses patient safety events to patients and families (simulated or actual)   | Following consultation with risk management and other team members, independently discloses a medication error to a patient's family   |
| <b>Level 5</b> Actively engages teams and processes to modify systems to prevent patient safety events   | Leads a multidisciplinary team to work on improved medication reconciliation processes to prevent discharge medication errors and considers biases amongst team members  |
| Role models or mentors others in the disclosure of patient safety events   | <ul> <li>Conducts a simulation demonstrating techniques and approaches for disclosing patient safety events</li> <li>Teaches a course during PGY-1 bootcamp about the resident's role in disclosure of</li> </ul>  |
|  | patient safety events  |

| Assessment Models or Tools | <ul> <li>Case-based discussion</li> <li>Direct observation</li> <li>E-module multiple choice tests</li> <li>Guided reflection</li> <li>Medical record (chart) audit</li> <li>Multisource feedback</li> <li>Portfolio</li> <li>Simulation</li> </ul>  |
|----------------------------|--|
| Curriculum Mapping         | •  |
| Notes or Resources         | <ul> <li>Guralnick, Susan, Stephen Ludwig, and Robert Englander. 2014. "Domain of Competence: Systems-Based Practice." <i>Academic Pediatrics</i>. 14(2 Suppl): S70-S79. https://doi.org/10.1016/j.acap.2013.11.015.</li> <li>Institute for Healthcare Improvement. http://www.ihi.org/Pages/default.aspx. Accessed 2020.</li> <li>Singh, Ranjit, Bruce Naughton, John S. Taylor, Marlon R. Koenigsberg, Diana R. Anderson, Linda L. McCausland, Robert G. Wahler, Amanda Robinson, and Gurdev Singh. 2005. "A Comprehensive Collaborative Patient Safety Residency Curriculum to Address the ACGME Core Competencies." <i>Medical Education</i> 39(12): 1195-204. DOI: 10.1111/j.1365-2929.2005.02333.x.</li> </ul> |

| Systems-Based Practice 2: Quality Improvement  Overall Intent: To understand and implement quality improvement methodologies to improve patient care |  |
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| Milestones   | Examples   |
| <b>Level 1</b> Demonstrates knowledge of basic quality improvement methodologies and metrics   | •Lists tools utilized in quality improvement tools such as fishbone diagrams, PDSA (Plan, Do, Study, Act) cycles, key driver diagrams, root cause analysis, etc.   |
| Level 2 Describes local quality improvement initiatives (e.g., community vaccination rate, infection rate, smoking cessation)                        | Describes an initiative to improve documentation of infective endocarditis prophylaxis or exercise restrictions in the clinic     Describes an initiative to improve efficacy in ordering echocardiograms in the hospital  |
| <b>Level 3</b> Participates in local quality improvement initiatives   | Participates in an ongoing interdisciplinary project to improve medication reconciliation     Collaborates on a project to improve discharge efficiency     Participates in division or programmatic quality review and/or morbidity and mortality conferences   |
| <b>Level 4</b> Demonstrates the skills required to identify, develop, implement, and analyze a quality improvement project                           | <ul> <li>Initiates a quality improvement project to improve the accuracy of blood pressure measurements within a practice site, that includes engaging the office team, assessing the problem, articulating a broad goal, developing a SMART (Specific, Measurable, Attainable, Realistic, Time-bound) aim, collecting data, analyzing, and monitoring progress and challenges</li> <li>In developing a quality improvement project, considers team bias and social determinants of health in patient population</li> </ul>  |
| <b>Level 5</b> Creates, implements, and assesses quality improvement initiatives at the institutional or community level                             | <ul> <li>Initiates and completes a quality improvement project to improve referral rates and reduce time to referral from local and regional emergency rooms to cardiology in collaboration with the county health department</li> <li>Consistently engages in quality improvement and mentors learners in projects</li> <li>Participates on a collaborative level with national QI initiatives (e.g., National Pediatric Cardiology Quality Improvement Collaborative (NPC-QIC)), leads efforts at an institutional level, and submits for publication</li> </ul> |
| Assessment Models or Tools   | •Direct observation     •Portfolio     •Poster or other presentation     •Team evaluations   |
| Curriculum Mapping   | •  |
| Notes or Resources   | Bright Futures Quality Improvement. "QI Office System Tools." <a href="https://www.aap.org/en/practice-management/bright-futures/bright-futures-quality-improvement/gi-office-system-tools/">https://www.aap.org/en/practice-management/bright-futures/bright-futures-quality-improvement/gi-office-system-tools/</a> . Updated April 2022. Accessed 2022.   |

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   Accessed 2022.

|  | ce 3: System Navigation for Patient-Centered Care – Coordination of Care ealth care system, including the interdisciplinary team and other care practitioners; to adapt care to   |
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| Milestones   | Examples  |
| <b>Level 1</b> Lists the various interprofessional individuals involved in the patient's care coordination   | <ul> <li>For a patient with congenital or acquired heart disease, identifies the team members and roles as part of the team, including pediatric cardiologist, cardiac surgeon, clinic and hospital nurses, and social workers</li> <li>Recognizes implicit bias as a contributor to health care disparities</li> </ul>   |
|  | Identifies access to care and insurance coverage as social determinants of health   |
| Level 2 Coordinates care of patients in routine clinical situations, incorporating   | After initial cardiology diagnosis, incorporates other health care practitioners and discusses their roles with the patient's family  |
| interprofessional teams with consideration of patient and family needs   | <ul> <li>Understands and communicates the need for interstage single ventricle monitoring (scale and home oxygen saturation monitor) with the patient's family</li> <li>Coordinates postoperative care and follow up with referring cardiologist</li> </ul>   |
| Level 3 Coordinates care of patients in  |   |
| complex clinical situations, effectively utilizing the roles of interprofessional teams,   | Works with the case manager/social worker to coordinate outpatient care and ensure appropriate cardiology clinic follow up for a patient who resides in a rural area with limited family transportation options   |
| and incorporating patient and family needs and goals   | <ul> <li>Recognizes that marginalized communities may have additional barriers to access and involves<br/>a social worker or case manager in finding community resources</li> </ul>   |
| Level 4 Coordinates interprofessional, patient-centered care among different disciplines and specialties, actively assisting families in navigating the health care system | <ul> <li>During inpatient rotations, leads team members in approaching consultants to review cases/recommendations and arranges interdisciplinary rounds for the team</li> <li>Coordinates a multidisciplinary team/family meeting to include appropriate subspecialists, physical therapist/occupational therapist, nutrition, child life, mental health resources, chaplain services, the primary care physician, etc.</li> </ul> |
|  | <ul> <li>Understands the complexity of coordination and executes hand-off from the pediatric cardiologist to the adult cardiologist specializing in congenital heart disease</li> </ul>   |
| Level 5 Coaches others in interprofessional, patient-centered care coordination  | Leads an initiative to educate residents about home health services or medical home model for medically complex children, ensuring inclusion of discussion on health care disparities     Complex and mentors collective through a multidisciplinary team meeting for a child with  |
| Coordination   | <ul> <li>Coaches and mentors colleagues through a multidisciplinary team meeting for a child with complex health care needs</li> <li>Implements a program to improve the transition of patients to adult congenital cardiology</li> </ul>   |
| Assessment Models or Tools   | Direct observation and Entrustable Professional Activities  |
|  | Medical record (chart) audit  |
|  | Multisource feedback  |
|  | Review of discharge planning documentation  |

| Transition Policy." <a "="" 9:="" <a="" a="" american="" and="" association="" association."="" care-coordination-resources="" care-delivery-approaches="" disease:="" e014548.="" education="" en="" for="" from="" heart="" home="" href="https://doi.org&lt;/td&gt;&lt;td&gt;&lt;/td&gt;&lt;td&gt;&lt;ul&gt; &lt;li&gt;Accessed 2020.&lt;/li&gt; &lt;li&gt;AAP. Pediatric Care Coordination Resources. &lt;a href=" https:="" infants="" interstage="" journal="" management:="" monitoring="" of="" practice-management="" scientific="" single="" statement="" the="" ventricle="" with="" www.aap.org="">https://www.aap.org/en/practice-management/care-delivery-approaches/care-coordination-resources/</a> . Accessed 2022. <li>American Board of Pediatrics. "Entrustable Professional Activities for General Pediatrics." <a href="https://www.abp.org/entrustable-professional-activities-epas">https://www.abp.org/entrustable-professional-activities-epas</a>. Accessed 2020.</li> <li>American College of Cardiology. 2018. "Congenital Heart Disease Young Adult Transfer and Transition Policy." </li> |
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| Systems-Based Practice 4: System Navigation for Patient-Centered Care – Transitions in Care  Overall Intent: To effectively navigate the health care delivery system during transitions of care to ensure high-quality patient outcomes |  |
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| Milestones  | Examples   |
| Level 1 Uses a standard template for transitions of care/hand-offs  | When handing off to colleagues, reads verbatim from a templated hand-off which includes all relevant systems and patient problems, but lacks context, is not appropriately specific in next steps, and does not provide contingency plans  |
| Level 2 Adapts a standard template, recognizing key elements for safe and effective transitions of care/hand-offs in routine clinical situations  | <ul> <li>Routinely uses a standardized hand-off for a stable patient, verbalizes a basic understanding of active problems, and provides basic contingency plans</li> <li>Discusses a discharge of a child with a VSD who requires outpatient follow up, ensuring appropriate follow up has been set up and the primary team and family are well informed</li> </ul>  |
| Level 3 Performs safe and effective transitions of care/hand-offs in complex clinical situations, and ensures closed-loop communication   | Routinely uses a standardized hand-off when transferring a patient to the cardiac intensive care unit with direct communication of clinical reasoning, problems warranting a higher level of care, and status of completed/planned interventions; solicits read-back and confirms/uses specific resources and timeline for transfer to occur      Deforms the hand off for a nation with congenital heart disease who had a currical policities and  |
|   | Performs the hand-off for a patient with congenital heart disease who had a surgical palliation and is ready to move from the intensive care unit (ICU) to the acute care unit; provides the floor team with a succinct summary by problem or system and a timeline for outpatient follow up with clearly delineated responsibilities  |
|   | Discusses discharge of an infant with a VSD with pulmonary hypertension and from the neonatal intensive care unit (NICU) who requires outpatient follow up, ensuring appropriate follow up has been set up and the primary team and family are well informed   |
| Level 4 Performs and advocates for safe<br>and effective transitions of care/hand-offs<br>within and across health care delivery<br>systems, including transitions to adult care  | <ul> <li>Seeks out appropriate adult general and subspecialty practitioners to facilitate the transition of a 20-year-old patient with complex health care needs to adult care; ensures a thorough hand-off, including the patient's cultural preferences and social needs, to the identified new adult practitioners</li> <li>Discusses with adolescents and their families the importance of insurance and continuity of medical care, raising awareness of barriers to maintain a comprehensive medical home</li> </ul> |
|   | Facilitates the transition of a single ventricle, shunt-dependent patient to an institution in the patient's home state  |
|   | <ul> <li>Discusses discharge of an infant with a complete atrioventricular (AV) canal and duodenal atresia<br/>from the NICU who requires outpatient follow up with multiple subspecialties, ensuring appropriate<br/>follow up has been set up and the primary team, family, and referring physician are well informed</li> </ul>   |
| Level 5 Coaches others in improving transitions of care within and across health care delivery systems to optimize patient  | <ul> <li>Designs and implements standardized hand-off workshop exercises for medical students and residents prior to the start of their clinical rotations</li> <li>Develops and implements a process for cardiology clinics to improve the transition from pediatric to</li> </ul>  |
| outcomes  | adult congenital cardiology clinics  |

| Assessment Models or Tools | Portfolio assessment   |
|----------------------------|--|
|                            | Direct observation   |
|                            | I-PASS assessment checklist  |
|                            | Multisource feedback   |
|                            | Review of sign-out tools, use and review of checklists   |
| Curriculum Mapping         | •  |
| Notes or Resources         | <ul> <li>American Board of Pediatrics. "Entrustable Professional Activities for Subspecialties: Cardiology." https://www.abp.org/content/entrustable-professional-activities-subspecialties. Accessed 2022.</li> <li>Everitt, Ian K., Jennifer F. Gerardin, Fred H. Rodriguez, and Wendy M. Book. 2017. "Improving the Quality of Transition and Transfer of Care in Young Adults with Congenital Heart Disease." <i>Congenital Heart Disease</i>. 242-250. doi:10.1111/chd.12463.</li> <li>Got Transition. "Clinician Education and Resources." https://www.gottransition.org/resources-and-research/clinician-education-resources.cfm. Accessed 2020.</li> <li>Matern, Lukas H., Jeanne M. Farnan, Kristen W. Hirsch, Melissa Cappaert, Ellen S. Byrne, and Vineet M. Arora. 2018. "A Standardized Handoff Simulation Promotes Recovery from Auditory Distractions in Resident Physicians." <i>Simulation in Healthcare</i>. 13(4): 233-238. DOI: 10.1097/SIH.0000000000000322.</li> <li>Society for Adolescent Health and Medicine. "Transition to Adulthood for Youth with Chronic Conditions and Special Health Care Needs." <i>Journal of Adolescent Health</i> 66(5): P631-634. https://doi.org/10.1016/j.jadohealth.2020.02.006.</li> <li>Starmer, Amy J., Nancy D. Spector, Rajendu Srivastava, Daniel C. West, Glenn Rosenbluth, April D. Allen, Elizabeth L. Noble, et al. "Changes in Medical Errors after Implementation of a Handoff Program." <i>New England Journal of Medicine</i>. 371:1803-1812. DOI: 10.1056/NEJMsa1405556.</li> <li>Stout, Karen, Anne Marie Valente, Peter J. Bartz, Stephen Cook, Michelle Gurvitz, Arwa Saidi, and Robert D. Ross. 2015. "Task Force 6: Pediatric Cardiology Fellowship Training in Adult Congenital Heart Disease." <i>Journal of the American College of Cardiology</i>. 66(6):723-731. [published correction appears in <i>Journal of the American College of Cardiology</i> 2015 Aug 11;66(6):762]. doi:10.1016/j.jacc.2015.03.011.</li> </ul> |

| Systems-E   | Based Practice 5: Population and Community Health  |
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| Overall Intent: To promote and improve health across communities and populations through patient care and advocacy including public |  |
| education and elimination of structural racism  |  |
| Milestones  | Examples   |
| <b>Level 1</b> Demonstrates awareness of population and community health needs and disparities                                      | Identifies social determinants of health, such as poverty and structural racism  |
| Level 2 Identifies specific population and community health needs and disparities;  | Acknowledges the impact of structural racism on outcomes for individual patients with congenital heart disease   |
| identifies local resources  | Identifies local congenital heart disease parent groups for family support   |
| <b>Level 3</b> Uses local resources effectively to meet the needs and reduce health disparities of a                                | Consistently refers patients to neurodevelopmental clinic and subspecialty clinics as needed   |
| patient population and community  | Refers patients to local resources and programs aimed at eliminating structural racism and improving health disparities  |
| <b>Level 4</b> Adapts practice to provide for the needs of and reduce health disparities of a specific population                   | Modifies discharge/follow-up plans to incorporate individuals' barriers to care  |
| Level 5 Advocates at the local, regional, or national level for populations and communities with health care disparities            | <ul> <li>Engages in a project to train obstetric sonographers in underserved areas to detect congenital heart disease</li> <li>Participates in longitudinal discussions with local, state, or national government policy makers to eliminate structural racism and reduce health disparities</li> <li>Organizes a telehealth platform for subspecialty care within cardiology for patients who live in rural locations</li> </ul>  |
| Assessment Models or Tools  | <ul> <li>Direct observation</li> <li>Medical record (chart) audit</li> <li>Multisource feedback</li> <li>Reflection</li> </ul>   |
| Curriculum Mapping  |  |
| Notes or Resources  | <ul> <li>AAP. "Advocacy." <a href="https://services.aap.org/en/advocacy/">https://services.aap.org/en/advocacy/</a>. 2020.</li> <li>Blankenburg, Rebecca, Patricia Poitevien, Javier Gonzalez del Rey, Megan Aylor, John Frohna, Heather McPhillips, Linda Waggoner-Fountain, and Laura Degnon. 2020. "Dismantling Racism: Association of Pediatric Program Directors' Commitment to Action." Academic Pediatrics. 20(8): 1051-1053. doi: 10.1016/j.acap.2020.08.017.</li> <li>Brunetti, Marissa A., Heather M. Griffis, Michael L. Obyrne, Andrew C. Glatz, Jing Huang, Titus Chan, Kurt Schumacher, et al. 2022. "Racial and Ethnic Variation in ECMO Use, Failure to Rescue, and Mortality in Pediatric Cardiac ICU Patients: A Multicenter Cohort</li> </ul> |

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#### Systems-Based Practice 6: Physician Role in Health Care Systems Overall Intent: To understand the physician's role in health systems science to optimize patient care delivery, including cost-conscious care **Milestones Examples** Level 1 Engages with patients and other • Considers that insurance coverage, or lack of coverage, can affect prescription drug providers in discussions about cost-conscious availability/cost for individual patients care and key components of the health care • Identifies that one's own implicit biases contribute to disparities and less-than-optimal care delivery system Level 2 Identifies the relationships between the • Considers the patient's prescription drug coverage when choosing a heart failure regimen delivery system and cost-conscious care and • Ensures that a hospitalized patient has a scheduled follow-up appointment at discharge the impact on the patient care Level 3 Discusses the need for changes in • Adapts plan and identifies additional resources for uninsured patient clinical approaches based on evidence. • Considers health care disparities in pursuit of holistic care • Judiciously orders echocardiograms for patients with murmurs after consideration of the outcomes, and cost-effectiveness to improve care for patients and families history and physical Level 4 Advocates for the promotion of safe, • Works collaboratively to identify additional services for a patient with a recent tracheostomy and gastrostomy tube (g-tube) following complex cardiovascular course quality, and high-value care • Consistently identifies the value of outpatient medication reconciliation to minimize hospital readmissions • Raises awareness at a systems level to promote cost-conscious care such as Level 5 Coaches others to promote safe, quality, and high-value care across health care implementation of echocardiographic appropriate use criteria • Leads team members in conversations around care gaps for patients and families with systems limited English proficiency and creates team plans to provide comprehensive care in a clinic Direct observation Assessment Models or Tools Medical record (chart) audit Multisource feedback Review and guided reflection on costs accrued for individual patients or patient populations with a given diagnosis **Curriculum Mapping** • Agency for Healthcare Research and Quality (AHRQ). "Measuring the Quality of Notes and Resources Physician Care." https://www.ahrq.gov/talkingquality/measures/setting/physician/index.html Accessed 2022.

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| Practice-Based Learning and Improvement 1: Evidence-Based and Informed Practice  Overall Intent: To incorporate evidence and apply it to individual patients and patient populations |  |
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| Milestones   | Examples   |
| Level 1 Develops an answerable clinical question and demonstrates how to access available evidence, with guidance  | <ul> <li>Identifies a question such as, "What is the appropriate treatment for this extremely low birth weight infant with patent ductus arteriosus (PDA)?", but needs guidance to focus it into a searchable question</li> <li>Uses general medical resources such as UpToDate or textbooks to search for answers</li> </ul>  |
| Level 2 Independently articulates clinical question and accesses available evidence  | <ul> <li>Clearly identifies a focused, answerable question, such as, "Among extremely low birth weight pre-term infants, does percutaneous closure of the PDA improve morbidity when compared to surgical closure?"</li> <li>Searches the literature using PubMed to guide the answer to a clinical question and appropriately filters results</li> </ul>  |
| <b>Level 3</b> Locates and applies the evidence, integrated with patient preference, to the care of patients   | <ul> <li>Obtains, appraises, and applies evidence for transcatheter closure to treat an extremely low birth weight infant with PDA</li> <li>Efficiently searches and filters key databases, retrieving information that is specific to the clinical question</li> <li>Locates literature for alternatives to blood transfusions for a patient who is a Jehovah's Witness and requires heart surgery</li> </ul>   |
| Level 4 Critically appraises and applies evidence, even in the face of uncertainty and conflicting evidence to guide care tailored to the individual patient                         | <ul> <li>Adds to library of resources with updated primary literature or clinical guidelines with new revisions</li> <li>Weighs primary and secondary outcomes to enhance specificity to individual patients</li> </ul>  |
| Level 5 Coaches others to critically appraise and apply evidence for complex patients  | <ul> <li>Provides feedback to junior fellows on their ability to formulate questions, search for the best available evidence, appraise evidence, and apply that information to the care of patients</li> <li>Participates in the development of clinical guidelines/pathways</li> <li>As part of a team, develops an evidence-based clinical pathway in the EHR for extremely low birth weight infants with PDA, awaiting possible percutaneous PDA closure</li> </ul> |
| Assessment Models or Tools   | <ul> <li>Direct observation to inform milestones and Entrustable Professional Activities</li> <li>Oral or written examinations</li> <li>Presentation evaluation</li> </ul>   |
| Curriculum Mapping   |  |
| Notes or Resources   | <ul> <li>Duke University. "Evidence-Based Practice." <a href="https://guides.mclibrary.duke.edu/ebm/home">https://guides.mclibrary.duke.edu/ebm/home</a>.</li> <li>Accessed 2020.</li> <li>Guyatt, Gordon, Drummond Rennie, Maureen O. Meade, and Deborah Cook. 2015.</li> <li>Users' Guides to the Medical Literature: A Manual for Evidence-Based Clinical Practice,</li> </ul>  |

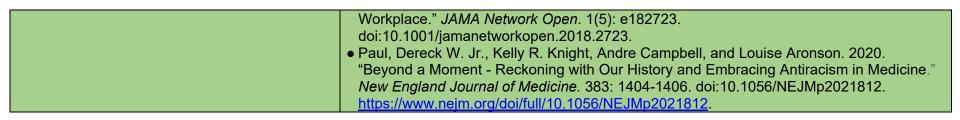
| 3rd ed. USA: McGraw-Hill Education. https://jamaevidence.mhmedical.com/Book.aspx?bookId=847. Accessed 2020. |
|---|
| US National Library of Medicine. "PubMed® Online Training."   |
| https://www.nlm.nih.gov/bsd/disted/pubmedtutorial/cover.html. Accessed 2020.                                |

| Practice-Based Learning and Improvement 2: Reflective Practice and Commitment to Personal Growth  Overall Intent: To continuously improve patient care based on self-evaluation and lifelong learning |  |
|---|--|
| Milestones  | Examples   |
| Level 1 Participates in feedback sessions   | Attends scheduled feedback sessions  |
| Develops personal and professional goals, with assistance  Level 2 Demonstrates openness to feedback  | <ul> <li>Has a goal to improve echocardiogram skills with faculty mentorship</li> <li>Acknowledges own implicit/explicit biases</li> <li>Acknowledges concerns about timely note completion and works with clinic preceptor to</li> </ul>  |
| and performance data  | develop goals for improvement  |
| Designs a learning plan based on established goals, feedback, and performance data, with assistance   | <ul> <li>After receiving feedback about echocardiogram quality during annual review, integrates feedback into own personal practice</li> <li>Devises a plan to explore biases and how they impact care of peer relationships</li> </ul>  |
| <b>Level 3</b> Seeks and incorporates feedback and performance data episodically  | Occasionally seeks feedback about prioritization skills from the attending after a busy call night and incorporates the next day   |
| Designs and implements a learning plan by analyzing and reflecting on the factors which contribute to gap(s) between performance expectations and actual performance                                  | <ul> <li>After reviewing evaluations, identifies problems performing specific transthoracic echocardiogram views and takes initiative to spend more time with a sonographer to improve skills</li> <li>Recognizes own implicit biases that affected care for a patient and takes steps to mitigate bias</li> </ul> |
| Level 4 Seeks and incorporates feedback and performance data consistently   | Regularly seeks feedback on performance in the continuity clinic   |
| Adapts a learning plan using long-term professional goals, self-reflection, and performance data to measure its effectiveness   | <ul> <li>Schedules additional time in the echo lab after identifying a goal to pursue a fourth-year fellowship in advanced imaging</li> <li>Actively seeks out conferences to learn about anti-racism and bystander culture to</li> </ul>  |
| ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,   | improve patient care   |
| Level 5 Role models and coaches others in seeking and incorporating feedback and performance data   | Meets with learners to provide feedback on practice habits and coaches them in development of their learning goals   |
| Demonstrates continuous self-reflection and coaching of others on reflective practice   | Openly shares own diagnostic errors in echocardiography to foster an environment of psychological safety and quality improvement   |
| Assessment Models or Tools  | Direct observation     Medical record (chart) audit  |

|                    | Multisource feedback  |
|--------------------|---|
|                    | Reflective discussion   |
|                    | Review of learning plan   |
| Curriculum Mapping |   |
| Notes or Resources | <ul> <li>Burke, Anne E., Bradley Benson, Robert Englander, Carol Carraccio, and Patricia J. Hicks. 2014. "Domain of Competence: Practice-Based Learning and Improvement." <i>Academic Pediatrics</i>. 14(2): S38-S54. DOI: https://doi.org/10.1016/j.acap.2013.11.018.</li> <li>Lockspeiser, Tai M., Su-Ting T. Li, Ann E. Burke, Adam A. Rosenberg, Alston E. Dunbar 3rd, Kimberly A. Gifford, Gregory H. Gorman, et al. 2016. "In Pursuit of Meaningful Use of Learning Goals in Residency: A Qualitative Study of Pediatric Residents." <i>Academic Medicine</i>. 91(6): 839-846. DOI: 10.1097/ACM.00000000000001015.</li> <li>Lockspeiser, Tai M., Patricia A. Schmitter, J. Lindsey Lane, Janice L. Hanson, Adam A. Rosenberg, and Yoon Soo Park. 2013. "Assessing Residents' Written Learning Goals and Goal Writing Skill: Validity Evidence for the Learning Goal Scoring Rubric." <i>Academic Medicine</i>. 88(10): 1558-1563. DOI: 10.1097/ACM.0b013e3182a352e6.</li> <li>Narang, Akhil, Poonam Velagapudi, Bharath Rajagopalan, Bryan LeBude, Aaron P. Kithcart, David Snipelisky, and Shashank S. Sinha. 2018. "A New Educational Framework to Improve Lifelong Learning for Cardiologists." <i>Journal of the American College of Cardiology</i> 71(4): 454-462. doi: 10.1016/j.jacc.2017.11.045.</li> </ul> |

| Professionalism 1: Professional Behavior   |  |  |
|--|--|--|
| <b>Overall Intent:</b> To demonstrate ethical and professional behaviors and promote these behaviors in others, and to use appropriate resources to manage professional dilemmas |  |  |
| Milestones   | Examples   |  |
| Level 1 Identifies expected professional behaviors and potential triggers for lapses   | When the program director presents the fellow with an email from a concerned emergency department attending, recognizes that fatigue may have contributed to a lapse in own professional behavior  |  |
| Identifies the value and role of pediatric cardiology as a vocation/career   | Acknowledges the importance of pediatric cardiologists in a pediatric or subspecialty hospital   |  |
| Level 2 Demonstrates professional behavior with occasional lapses  | Is late to morning rounds, acknowledges this lapse, and immediately apologizes to peers and attendings upon arrival  |  |
| Demonstrates accountability for patient care as a pediatric cardiologist, with guidance  | While performing an inpatient consult on a known child with hypertrophic cardiomyopathy and asked to fill out a sport clearance form, works with the supervising physician to relay the paperwork to the patient's primary cardiologist  |  |
| Level 3 Maintains professional behavior in increasingly complex or stressful situations  | Advocates for an individual patient's needs in a humanistic and professional manner regarding home care, medication approval, and need for care by another subspecialist   |  |
| Fully engages in patient care and holds oneself accountable  | During a busy night on the wards, demonstrates caring and compassionate behaviors with patients, patients' families, colleagues, and staff members   |  |
| Level 4 Recognizes situations that may trigger professionalism lapses and intervenes to prevent lapses in self and others  | Recognizes own tendency to be curt to consulting practitioners when sleep deprived, and utilizes effective mitigation strategies to prevent lapses in professionalism  |  |
| Exhibits a sense of duty to patient care and professional responsibilities   | <ul> <li>Without prompting, assists colleagues with seeing patients when the clinic is busy</li> <li>Speaks up in the moment when observing racist/sexist behavior within the health care team and uses reporting mechanisms to address it</li> </ul>  |  |
| Level 5 Models professional behavior and coaches others when their behavior fails to meet professional expectations  | Discusses the need to be on time with a junior fellow who continues to be late, making a plan together to address the underlying issues of why the learner is late   |  |
| Extends the role of the pediatric cardiologist beyond the care of patients by engaging with the community, specialty, and medical profession as a whole                          | <ul> <li>Identifies need for process improvement and advocates to help a cohort of patients, takes on larger projects to remedy a system issue that is affecting patients, and sees the opportunity to improve care as a responsibility</li> <li>Develops education and/or modules to improve care in underserved areas</li> </ul> |  |
| Assessment Models or Tools   | Direct observation   |  |

|                                       | Global evaluation   |
|---------------------------------------|---|
|                                       |   |
|                                       | Multisource feedback  |
|                                       | Oral or written self-reflection   |
|                                       | Simulation  |
|                                       |   |
| Curriculum Mapping Notes or Resources |   |
|                                       | Osseo-Asare, Aba, Lilanthi Balasuriya, Stephen J. Huot, et al. 2018. "Minority Resident      Dhysicians! Visus on the Bala of Bass/Ethnicity in Their Training Experiences in the |
|                                       | Physicians' Views on the Role of Race/Ethnicity in Their Training Experiences in the  |



| Professionalism 2: Ethical Principles  Overall Intent: To recognize and address or resolve common and complex ethical dilemmas or situations   |   |
|--|---|
| Milestones   | Examples  |
| Level 1 Demonstrates knowledge of the ethical principles underlying informed consent, surrogate decision making, advance directives, confidentiality, error disclosure, stewardship of limited resources, and related topics | Identifies the principles involved in informed consent  |
| <b>Level 2</b> Applies ethical principles in common situations   | Articulates how the principle of "do no harm" applies to a patient who may not need a transesophageal echocardiogram even though it could provide a learning opportunity  |
| Level 3 Analyzes complex situations using ethical principles to address conflict/controversy; seeks help when needed to manage and resolve complex ethical situations  | Offers treatment options for a terminally ill patient, minimizing bias while recognizing own limitations, and consistently honoring the patient's and patient's family's choice   |
| Level 4 Manages and seeks to resolve ethical dilemmas using appropriate resources (e.g., ethics consultations, literature review, risk management/legal consultation)  | <ul> <li>Engages with a multidisciplinary team to address the family declining an arterial switch operation for a baby with dextro-transposition of the great arteries (d-TGA) and no comorbidities</li> <li>When patient's family and physicians disagree on care plan for a patient with inoperable congenital heart disease, recognizes that prior experiences of racism for the patient and family influence their trust and defers discussion of most complex issues to those in whom the family have demonstrated trust, rather than assuming a hierarchical structure</li> </ul> |
| Level 5 Called upon by others to consult in cases of complex ethical dilemmas; identifies and seeks to address system-level factors that induce or exacerbate  | Participates as part of the ethics consult service, providing guidance for complex cases  |
| Assessment Models or Tools   | <ul> <li>Direct observation</li> <li>Global evaluation</li> <li>Multisource feedback</li> <li>Oral or written self-reflection</li> <li>Simulation</li> </ul>  |
| Curriculum Mapping   |   |
| Notes or Resources   | <ul> <li>American Board of Internal Medicine, ACP-ASIM Foundation, European Federation of<br/>Internal Medicine. 2007. "Medical Professionalism in the New Millennium: A Physician<br/>Charter." Annals of Internal Medicine.136: 243-246. <a href="http://abimfoundation.org/wp-content/uploads/2015/12/Medical-Professionalism-in-the-New-Millenium-A-Physician-Charter.pdf">http://abimfoundation.org/wp-content/uploads/2015/12/Medical-Professionalism-in-the-New-Millenium-A-Physician-Charter.pdf</a>. Accessed 2020.</li> </ul>   |

- American Medical Association. "Ethics." <a href="https://www.ama-assn.org/delivering-care/ama-code-medical-ethics">https://www.ama-assn.org/delivering-care/ama-code-medical-ethics</a>. Accessed 2020.
- Bynny, Richard L., Douglas S. Paauw, Maxine Papadakis, and Sheryl Pfeil. 2017. Medical Professionalism Best Practices: Professionalism in the Modern Era. Menlo Park, CA: Alpha Omega Alpha Medical Society. <a href="https://www.alphaomegaalpha.org/wp-content/uploads/2022/01/Monograph2018.pdf">https://www.alphaomegaalpha.org/wp-content/uploads/2022/01/Monograph2018.pdf</a>. ISBN: 978-1-5323-6516-4.
- Domen, Ronald E., Kristen Johnson, Richard Michael Conran, Robert D. Hoffman, Miriam D. Post, Jacob J. Steinberg, Mark D. Brissette, et al. 2016. "Professionalism in Pathology: A Case-Based Approach as a Potential Educational Tool." *Archives of Pathology and Laboratory Medicine* 141: 215-219. https://doi.org/10.5858/arpa.2016-0217-CP.
- Levinson, Wendy, Shiphra Ginsburg, Frederic W. Hafferty, and Catherine R. Lucey. 2014.
   Understanding Medical Professionalism. New York, NY: McGraw-Hill Education.
   <a href="https://accessmedicine.mhmedical.com/book.aspx?bookID=1058">https://accessmedicine.mhmedical.com/book.aspx?bookID=1058</a>.
- Jurko, Tomas, Alexander Jurko, Michal Mestanik, Milan Minarik, and Zibolen M. 2022. "Ethical Problems in Pediatric Cardiology." *Journal of Cardiovascular Medicine and Cardiology* 3:016-019. doi: 10.17352/2455-2976.000180

| Professionalism 3: Accountability/Conscientiousness  Overall Intent: To take responsibility for one's own actions and their impact on patients and other members of the health care team |  |
|--|--|
| Milestones   | Examples   |
| Level 1 Performs tasks and responsibilities, with prompting  | <ul> <li>Responds to reminders from program administrator to complete work hour logs</li> <li>After being informed by the program director that too many conferences have been missed, changes habits to meet the minimum attendance requirement</li> <li>Completes patient care tasks (e.g., callbacks, consultations, orders) after prompting from a supervisor</li> </ul> |
| <b>Level 2</b> Performs tasks and responsibilities in a timely manner in routine situations  | <ul> <li>Completes administrative tasks (e.g., licensing requirements) by specified due date</li> <li>Completes routine patient care tasks as assigned</li> <li>Answers pages and emails promptly with rare need for reminders</li> </ul>  |
| <b>Level 3</b> Performs tasks and responsibilities in a thorough and timely manner in complex or stressful situations  | Identifies multiple competing demands when caring for patients, appropriately triages tasks, and appropriately seeks help from other team members  |
| <b>Level 4</b> Coaches others to ensure tasks and responsibilities are completed in a thorough and timely manner in complex or stressful situations                                      | <ul> <li>Reminds junior fellows to log work hours, gives tips on task prioritization</li> <li>Supervises residents and/or medical students on a busy night, delegating tasks appropriately, and ensures that all tasks are completed for safe and thorough patient care</li> </ul>   |
| Level 5 Creates strategies to enhance others' ability to efficiently complete tasks and responsibilities   | <ul> <li>Meets with multidisciplinary team (e.g., nurses, social worker, case manager) to streamline patient discharges</li> <li>Takes the initiative to write or create a handbook for the fellowship program detailing the administrative and patient care tasks and responsibilities</li> </ul>   |
| Assessment Models or Tools   | Compliance with deadlines and timelines     Direct observation     Global evaluations     Multisource feedback     Self-evaluations and reflective tools   |
| Curriculum Mapping Notes or Resources  | American Medical Association. "Ethics." <a href="https://www.ama-assn.org/delivering-care/ama-code-medical-ethics">https://www.ama-assn.org/delivering-care/ama-code-medical-ethics</a> . Accessed 2020.      Code of conduct from fellow/resident institutional manual     Expectations of residency program regarding accountability and professionalism                   |

| Professionalism 4: Well-Being Overall Intent: To identify resources to manage and improve well-being               |   |  |
|--|---|--|
| Milestones   | Examples  |  |
| Level 1 Recognizes the importance of addressing personal and professional well-being                               | <ul> <li>Acknowledges how individual response to participating in a difficult resuscitation impacts well-being and may impact the approach to patients seen later the same day</li> <li>Discusses the importance of a faculty mentor</li> </ul>   |  |
| Level 2 Describes institutional resources that are meant to promote well-being                                     | <ul> <li>Identifies well-being resources such as meditation apps and mental health resources for students and residents available through the program and institution</li> <li>Meets with program director to discuss Family Medical Leave Act options when expecting a child</li> </ul>  |  |
| <b>Level 3</b> Recognizes institutional and personal factors that impact well-being                                | Describes the tension between own professional and personal responsibilities, particularly while working in the cardiac ICU   |  |
| Level 4 Describes interactions between institutional and personal factors that impact well-being                   | <ul> <li>Discusses a plan to mitigate the tension between a busy schedule and time with family</li> <li>Recognizes how microaggressions from coworkers and/or faculty members are impacting performance or engagement in patient care</li> </ul>  |  |
| <b>Level 5</b> Coaches and supports colleagues to optimize well-being at the team, program, or institutional level | <ul> <li>Leads a team debrief after a stressful, busy shift; shares personal impact of the shift and plans to decompress</li> <li>Develops an affinity group to provide support for self and others to explore impact of microaggressions and biases</li> </ul>   |  |
| Assessment Models or Tools   | <ul> <li>Direct observation</li> <li>Group interview or discussions for team activities</li> <li>Individual interview</li> <li>Institutional online training modules</li> <li>Self-assessment and personal learning plan</li> </ul>   |  |
| Curriculum Mapping   | •   |  |
| Notes or Resources   | <ul> <li>This subcompetency is not intended to evaluate a fellow's well-being, but to ensure each fellow has the fundamental knowledge of factors that impact well-being, the mechanisms by which those factors impact well-being, and available resources and tools to improve well-being.</li> <li>Accreditation Council for Graduate Medical Education. "Well-Being Tools and Resources." <a href="https://dl.acgme.org/pages/well-being-tools-resources">https://dl.acgme.org/pages/well-being-tools-resources</a>. Accessed 2022.</li> <li>Hicks, Patricia J., Daniel Schumacher, Susan Guralnick, Carol Carraccio, and Ann E. Burke. 2014. "Domain of Competence: Personal and Professional Development." Academic Pediatrics 14(2 Suppl): S80-97. <a href="https://doi.org/10.1016/j.acap.2013.11.017">https://doi.org/10.1016/j.acap.2013.11.017</a>.</li> <li>Local resources, including employee assistance programs</li> </ul> |  |

| families, and effectively navigate difficult/sensitive  Milestones  | Examples   |
|---|--|
| Level 1 Demonstrates respect and attempts to establish rapport  | <ul> <li>Introduces self and faculty member and other members of the cardiac team, identifies patient and others in the room, and engages all parties in health care discussion</li> <li>Attempts to initiate sensitive conversations under direct supervision</li> </ul>          |
| Attempts to adjust communication strategies based upon patient/family expectations  | • Identifies need for trained interpreter with non-English-speaking patients and caregivers  |
| Level 2 Establishes a therapeutic relationship in straightforward encounters  | Prioritizes and sets an agenda based on concerns of patient's parents at the beginning of a patient encounter with a child with acquired or congenital heart disease.  |
| Adjusts communication strategies as needed to mitigate barriers and meet patient/family expectations  | Uses nonjudgmental language to discuss sensitive topics  |
| Level 3 Establishes a culturally competent and therapeutic relationship in most encounters  | <ul> <li>Prioritizes and sets an agenda based on concerns of patient's parents at the beginning of a cardiology visit with a child with multiple chronic medical problems</li> <li>Discusses sensitive topics while promoting trust, respect, and understanding</li> </ul>         |
| Communicates with sensitivity and compassion, elicits patient/family values, and acknowledges uncertainty and conflict                          | Participates as a team member in end-of-life discussion  |
| <b>Level 4</b> Establishes a therapeutic relationship in straightforward and complex encounters, including those with ambiguity and/or conflict | Continues to engage patients' parents/caregivers who distrust or refuse cardiovascular care recommendations, addressing misinformation and reviewing risks/benefits to assuage concerns in a manner that engages rather than alienates   |
| Jses shared decision making with patient/family<br>o make a personalized care plan  | While maintaining trust, engages family of a child with medical complexity along with other members of the multispecialty care team in determining family wishes and expectations regarding resuscitative efforts in the event of an acute deterioration and end-of-life decisions |
| Level 5 Mentors others to develop positive herapeutic relationships   | <ul> <li>Acts as a mentor for junior resident disclosing bad news to a patient and the patient's family</li> <li>Models and coaches the spectrum of difficult communication</li> </ul>   |

## Pediatric Cardiology Supplemental Guide

| Models and coaches others in patient- and | Develops a curriculum on patient- and family-centered communication, including   |  |
|---|--|--|
| family-centered communication             | navigating difficult conversations in patients with complex cardiac disease  |  |
| Assessment Models or Tools                | Direct observation   |  |
|   | Standardized/simulated patients  |  |
| Curriculum Mapping                        | •  |  |
| Notes or Resources                        | <ul> <li>Association of American Medical Colleges MedEdPORTAL. "Anti-Racism in Medicine Collection." <a href="https://www.mededportal.org/anti-racism">https://www.mededportal.org/anti-racism</a>. Accessed 2022.</li> <li>Benson Bradley J. 2014. "Domain of Competence: Interpersonal and Communication</li> </ul>                                    |  |
|   | Skills." Academic Pediatrics 14(2 Suppl): S55-S65. <a href="https://doi.org/10.1016/j.acap.2013.11.016">https://doi.org/10.1016/j.acap.2013.11.016</a> . Accessed 2020.  |  |
|   | <ul> <li>Laidlaw, Anita, and Jo Hart. 2011. "Communication Skills: An Essential Component of<br/>Medical Curricula. Part I: Assessment of Clinical Communication: AMEE Guide No. 51."<br/>Medical Teacher 33(1): 6-8. <a href="https://doi.org/10.3109/0142159X.2011.531170">https://doi.org/10.3109/0142159X.2011.531170</a>.</li> </ul>                |  |
|   | • Makoul, Gregory. 2001. "Essential Elements of Communication in Medical Encounters:   |  |
|   | the Kalamazoo Consensus Statement." <i>Academic Medicine</i> 76(4): 390-393. <a href="https://journals.lww.com/academicmedicine/Fulltext/2001/04000/Essential Elements of Communication in Medical.21.aspx#pdf-link">https://journals.lww.com/academicmedicine/Fulltext/2001/04000/Essential Elements of Communication in Medical.21.aspx#pdf-link</a> . |  |
|   | Makoul, Gregory. 2001. "The SEGUE Framework for Teaching and Assessing   |  |
|   | Communication Skills." Patient Education and Counseling 45(1): 23-34.  |  |
|   | https://doi.org/10.1016/S0738-3991(01)00136-7.   |  |

| Interpersonal and Communication Skills 2: Interprofessional and Team Communication  Overall Intent: To communicate effectively with the health care team, including consultants |   |
|---|---|
| Milestones  | Examples  |
| <b>Level 1</b> Respectfully requests a consultation, with guidance  | Respectfully asks for a consultation from infectious disease service for an ICU patient   |
| Identifies the members of the interprofessional team  | Identifies the pharmacist as a member of the transplant team  |
| <b>Level 2</b> Clearly and concisely requests consultation by communicating patient information   | When requesting a consultation from the infectious disease team, clearly and concisely describes the recent history of patient with a transcatheter pulmonary valve in the ICU who has a new fever      |
| Participates within the interprofessional team  | Consults with the dietician to increase caloric density of the infant formula in a patient with a large ventricular septal defect and failure to thrive   |
| <b>Level 3</b> Formulates a specific question for consultation and tailors communication strategy   | After multiple positive blood cultures in a patient with a transcatheter pulmonary valve, consults the infectious disease team to develop a tailored antibiotic therapy plan                            |
| Uses bi-directional communication within the interprofessional team   | After initiating pulmonary vasodilator therapy for a patient with pulmonary hypertension, reengages with the pharmacist to discuss side effects and adjusts dosing appropriately                        |
| <b>Level 4</b> Coordinates consultant recommendations to optimize patient care  | Integrates multiple consultant recommendations from infectious disease, nephrology, and pharmacy to adjust antibiotic therapy for a patient with endocarditis and acute kidney injury                   |
| Facilitates interprofessional team communication  | Initiates a multidisciplinary meeting with case management, home nursing, gastroenterology, and home monitoring program for a patient being discharged after a complicated post-Norwood course          |
| <b>Level 5</b> Maintains a collaborative relationship with referring providers that maximizes adherence to practice recommendations   | Frequently shares pertinent updates on inpatient care for a patient with a protracted course with referring outside cardiologists   |
| Coaches others in effective communication within the interprofessional team   | <ul> <li>Mediates a conflict among members of the health care team</li> <li>Coaches junior fellows in how to run a family meeting with the interprofessional team regarding end-of-life care</li> </ul> |
| Assessment Models or Tools  | Direct observation  |

|                    | Medical record (chart) audit     Multi-source feedback   |
|--------------------|--|
| Curriculum Mapping | • Multi-Source reedback  |
| Notes or Resources | <ul> <li>ACAPT. "NIPEC Assessment Resources and Tools." https://acapt.org/about/consortium/national-interprofessional-education-consortium-(nipec)/nipec-assessment-resources-and-tools. Accessed 2020.</li> <li>Dehon, Erin, Kimberly Simpson, David Fowler, Alan Jones. 2015. "Development of the Faculty 360." MedEdPORTAL 11:10174. http://doi.org/10.15766/mep_2374-8265.10174.</li> <li>Fay, David, Michael Mazzone, Linda Douglas, Bruce Ambuel. 2007. "A Validated, Behavior-Based Evaluation Instrument for Family Medicine Residents." MedEdPORTAL. 2007. https://www.mededportal.org/doi/10.15766/mep_2374-8265.622. Accessed 2020.</li> <li>François, José. 2011. "Tool to Assess the Quality of Consultation and Referral Request Letters in Family Medicine." Canadian Family Physician 57(5):574-575. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3093595/. Accessed 2020.</li> <li>Green, Matt, Teresa Parrott, and Graham Cook. 2012. "Improving Your Communication Skills." BMJ. 344:e357. https://doi.org/10.1136/bmj.e357.</li> <li>Henry, Stephen G., Eric S. Holmboe, and Richard M. Frankel. 2013. "Evidence-Based Competencies for Improving Communication Skills in Graduate Medical Education: A Review with Suggestions for Implementation." Medical Teacher. 35(5):395-403. https://doi.org/10.3109/0142159X.2013.769677.</li> <li>Interprofessional Education Collaborative Expert Panel. 2011. "Core Competencies for Interprofessional Education Collaborative Expert Panel. 2011. "Washington, D.C.: Interprofessional Education Collaborative. https://www.aacom.org/docs/default-source/insideome/ccrpt05-10-11.pdf?sfvrsn=77937f97_2. Accessed 2020.</li> <li>Roth, Christine G., Karen W. Eldin, Vijayalakshmi Padmanabhan, and Ellen M. Freidman. 2019. "Twelve Tips for the Introduction of Emotional Intelligence in Medical Education." Medical Teacher 41(7): 1-4. https://doi.org/10.1080/0142159X.2018.1481499.</li> </ul> |

| Milestones   | Examples  |
|--|---|
| <b>Level 1</b> Records accurate information in the patient record  | Ensures that an updated and pertinent physical exam and plan are in the daily progress note and appropriately edits any copy/paste/forward information  |
| Identifies the importance of and responds to multiple forms of communication (e.g., in-person, electronic health record (EHR), telephone, email) | Identifies team, departmental, and institutional communication tools, methods, and hierarchies for patient care needs, concerns, and safety issues  |
| <b>Level 2</b> Records accurate and timely information in the patient record   | <ul> <li>Provides organized and accurate documentation that supports the treatment plan and limits extraneous information</li> <li>Completes the outpatient clinic notes (for surgical clearance) promptly for patient who is undergoing elective dental surgery with accurate documentation about the need for bacterial endocarditis prophylaxis</li> </ul>           |
|  | Avoids biased or stigmatized language in notes, e.g., stating that a teenager has a substance use disorder and not saying the patient is a drug abuser  |
| Selects appropriate method of communication, with prompting  | After a patient has an unanticipated complication, calls primary cardiologist after prompting by attending to avoid delay, rather than email  |
| <b>Level 3</b> Concisely documents updated, prioritized, diagnostic and therapeutic reasoning in the patient record                              | Produces documentation that reflects complex clinical thinking and planning and is concise, but may not contain contingency planning (i.e., if/then statements)   |
| Aligns type of communication with message to be delivered (e.g., direct and indirect) based on urgency and complexity                            | <ul> <li>When on call, reaches out to the primary cardiologist via secure EHR messaging or email (indirect communication) to help arrange follow up after a benign emergency department visit for non-cardiac chest pain</li> <li>After activating the rapid response team, directly calls the on call attending for an acute care patient who decompensates</li> </ul> |
| <b>Level 4</b> Documents diagnostic and therapeutic reasoning, including anticipatory guidance   | For an infant admitted to the NICU with recurrent supraventricular tachycardia (SVT), incorporates into written plan the initiation of propranolol with specific dosing and intervals, frequency and length of glucose checks to avoid hypoglycemia, recommendation of adenosine doses for sustained breakthrough SVT, and guidance fo next cardiology evaluation       |

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| Demonstrates exemplary written and verbal communication                                      | Communicates effectively and proactively with collaborating physicians and teams about communication gaps in order to prevent recurrence   |
|--|--|
| <b>Level 5</b> Models and coaches others in documenting diagnostic and therapeutic reasoning | Models ability to demonstrate treatment plan with the rationale and gives feedback to junior fellows on how to improve their own documentation and reasoning   |
| Coaches others in written and verbal communication   | Coaches junior fellows in how to synthesize the case, identify pertinent information, and incorporate evidence to focus the conversation for their surgical case conference, and follows up with feedback after the presentation   |
| Assessment Models or Tools   | <ul> <li>Direct observation</li> <li>Medical record (chart) audit</li> <li>Multisource feedback</li> </ul>   |
| Curriculum Mapping   | •  |
| Notes or Resources   | <ul> <li>Benson, Bradley J. 2014. "Domain of Competence: Interpersonal and Communication Skills." Academic Pediatrics.14(2 Suppl): S55-S65.         <a href="https://doi.org/10.1016/j.acap.2013.11.016">https://doi.org/10.1016/j.acap.2013.11.016</a>.         <a href="https://doi.org/10.1016/j.acap.2013.11.016">https://doi.org/10.1016/j.acap.2013.11.016</a>.         <a href="https://doi.org/10.1016/j.acap.2013.11.016">https://doi.org/10.1016/j.acap.2013.11.016</a>.         <a href="https://doi.org/10.1016/j.acap.2013.11.016">https://doi.org/10.1016/j.acap.2013.11.016</a>.         <a href="https://doi.org/10.1016/j.acap.2013.11.016">https://doi.org/10.1016/j.acap.2013.11.016</a>.         <a href="https://doi.org/10.1016/j.acap.2013.11.016">https://doi.org/10.1016/j.acap.2013.11.016</a>.         <a href="https://doi.org/10.1016/j.acap.2011.2016">https://doi.org/10.1016/j.acap.2011.2016</a>.         <a href="https://doi.org/10.1016/j.acap.2011.2016">https://doi.org/10.1016/j.acap.201</a></li></ul> |

| Interpersonal and Communication Skills 4: Complex Communication Around Serious Illness and Prognosis  |  |  |
|---|--|--|
| <b>Overall Intent:</b> To effectively communicate about serious illness with patients and their families/caregivers, adapting to family response, promoting shared decision making, and assessing the evolving impact on all involved |  |  |
| Milestones  | Examples   |  |
| Level 1 Recognizes when a topic may elicit emotional responses from patients and patients' families   | <ul> <li>Defers discussion with the patient's family to the senior fellow or attending for a patient newly diagnosed with congenital heart disease</li> <li>In a clinic patient newly diagnosed with VSD, meets with the attending about how to deliver the information to the patient's family</li> </ul>   |  |
| <b>Level 2</b> Delivers challenging information in a scripted manner to patients and patients' families   | <ul> <li>Discusses a postnatal diagnosis of hypoplastic left heart syndrome, including the need<br/>for three surgeries and multiple catheterizations, regardless of the patient's family's<br/>emotional response</li> </ul>  |  |
| Level 3 Delivers challenging information and responds to emotional cues of patients and patients' families  | <ul> <li>Meets with a family to discuss a ventricular assist device (VAD) for a newly diagnosed cardiomyopathy in an infant; during conversation senses family is overwhelmed, pauses appropriately, and offers to meet again later in the day to resume the conversation</li> <li>When meeting with a patient's family to deliver a difficult diagnosis, responds to cues from the family and offers to wait for additional family members, pastoral care, or health care team to arrive</li> </ul>     |  |
| Level 4 Anticipates patient and family needs; plans for and adapts communication according to the situation, emotional response, and medical uncertainty  | <ul> <li>Meets with a patient's family to discuss a VAD for a newly diagnosed cardiomyopathy in an infant; begins the conversation stating that "this is a lot of information to process and we may need to stop and come back later – and that is okay"</li> <li>Before a family meeting, seeks out social worker to prepare for a conversation about a difficult diagnosis and arranges for additional family members, pastoral care, or others in their support system to join the meeting</li> </ul> |  |
| <b>Level 5</b> Coaches others in the communication of challenging information   | <ul> <li>Develops a simulation module to teach communication of challenging issues to junior fellows</li> <li>Leads a workshop on how to write a letter to the family of a patient who died</li> </ul>   |  |
| Assessment Models or Tools  | <ul> <li>Direct observation</li> <li>Multisource feedback</li> <li>Objective structured clinical examination (OSCE)</li> <li>Simulation</li> </ul>   |  |
| Curriculum Mapping  Notes or Resources  | We recognize that in many programs, categorical cardiology learners may have limited opportunities to be observed leading challenging discussions around serious or life-limiting illnesses. Due to this fact, these subcompetencies may only be able to be  |  |

- evaluated in simulated settings or in settings where the learner is a participant, but not necessarily the leader of these discussions.
- Back, Anthony L., Robert M. Arnold, Walter F. Baile, James A. Tulsky, and Kelly Fryer-Edwards. 2005. "Approaching Difficult Communication Tasks in Oncology." CA: A Cancer Journal for Clinicians 55(3):164-77. https://doi.org/10.3322/canjclin.55.3.164.
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   "Communicating with Children and Families: From Everyday Interactions to Skill in Conveying Distressing Information." *Pediatrics* 121(5):e1441-60.
   <a href="https://doi.org/10.1542/peds.2008-0565">https://doi.org/10.1542/peds.2008-0565</a>.
- VitalTalk. <u>www.vitaltalk.org</u>. Accessed 2021.
- Walsh, Michael J., George R. Verghese, M. Eric Ferguson, Nora F. Fino, David J. Goldberg, Sonal T. Owens, Nelangi Pinto, Sinai C. Zyblewski, and Michael D. Quartermain. 2017. "Counseling Practices for Fetal Hypoplastic Left Heart Syndrome." Pediatric Cardiology 38(5): 946-958. doi:10.1007/s00246-017-1601-1.

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To help programs transition to the new version of the Milestones, the ACGME has mapped the original Milestones 1.0 to the new Milestones 2.0. Indicated below are the subcompetencies that are similar between versions. These are not exact matches, but are areas that include similar elements. Not all subcompetencies map between versions. Inclusion or exclusion of any subcompetency does not change the educational value or impact on curriculum or assessment.

| Milestones 1.0   | Milestones 2.0  |
|--|---|
| PC1: Provide transfer of care that ensures seamless transitions  | SBP4: System Navigation for Patient-Centered Care – Transitions in Care   |
| PC2: Make informed diagnostic and therapeutic decisions that result in optimal clinical judgement  | PC1: Clinical Reasoning for Diagnosis   |
| PC3: Develop and carry out management plans  | PC2: Patient Management ICS1: Patient- and Family-Centered Communication  |
| PC4: Provide appropriate role modeling   | PBLI2: Reflective Practice and Commitment to Personal Growth PC3: Organization and Prioritization of Patient Care   |
| MK1: Locate, appraise, and assimilate evidence from scientific studies related to their patients' health problems                          | PC4: Transthoracic Echocardiography MK1: Anatomy, Physiology and Natural (and Modified) History of Cardiac Conditions PBLI1: Evidence Based and Informed Practice MK2: Diagnostic Cardiac Catheterization   |
| SBP1: Work effectively in various health care delivery settings  | MK3: Electrophysiologic Testing SBP3: System Navigation for Patient Cantered Care – Coordination  |
| and systems relevant to their clinical specialty   | of Care<br>SBP6: Physician Role in Health Care Systems  |
| SBP2: Coordinate patient care within the health care system relevant to their clinical specialty   | SBP3: System Navigation for Patient Centered Care – Coordination of Care SBP4: System Navigation for Patient-Centered Care – Transitions in Care SBP5: Population and Community Health ICS1: Patient- and Family-Centered Communications ICS2: Interprofessional and Team Communication |
| SBP3: Incorporate considerations of cost awareness and risk-<br>benefit analysis in patient and/or population-based care as<br>appropriate | SBP5: Population and Community Health<br>SBP6: Physician Role in Health Care Systems  |
| SBP4: Work in inter-professional teams to enhance patient safety and improve patient care quality  | SBP1: Patient Safety<br>ICS2: Interprofessional and Team Communication  |

| SBP5: Participate in identifying system errors and implementing potential systems solutions   | SBP1: Patient Safety<br>SBP2: Quality Improvement  |
|---|--|
| PBLI1: Identifying strengths, deficiencies, and limits to one's knowledge and expertise   | PBLI1: Evidence Based and Informed Practice PBLI2: Reflective Practice and Commitment to Personal Growth   |
| PBLI2: Systematically analyze practice using quality  | SBP2: Quality Improvement PBLI2: Reflective Practice and Commitment to Personal Growth   |
| PBLI3: Use information technology to optimize learning and care delivery  | PBLI1: Evidence Based and Informed Practice PBLI2: Reflective Practice and Commitment to Personal Growth ICS3: Communication within Health Care Systems            |
| PBLI4: Participate in the education of patients, families, students, residents, fellows, and other health professionals   | SBP5: Population and Community Health PBLI1: Evidence Based and Informed Practice ICS1: Patient- and Family-Centered Communications                                |
| PROF1: Professional Conduct: High standards of ethical behavior which includes maintaining appropriate professional boundaries  | PROF1: Professional Behavior<br>PROF2: Ethical Principles  |
| PROF2: Trustworthiness that makes colleagues feel secure when one is responsible for the care of patients   | PBLI1: Evidence Based and Informed Practice PROF1: Professional Behavior PROF3: Accountability/Conscientiousness ICS1: Patient- and Family-Centered Communications |
| PROF3: Provide leadership skills that enhance team functioning, the learning environment, and/or the health care delivery system/environment with the ultimate intent of improving care of patients | ICS2: Interprofessional and Team Communication ICS3: Communication within Health Care Systems PROF2: Ethical Principles PROF3: Accountability/Conscientiousness    |
| PROF4: The capacity to accept that ambiguity is part of clinical medicine and to recognize the need for and to utilize appropriate resources in dealing with uncertainty                            | PROF2: Ethical Principles ICS1: Patient- and Family-Centered Communication PBLI1: Evidence Based and Informed Practice PROF4: Well-Being                           |
| ICS1: Communicate effectively with physicians, other health professionals, and health-related agencies  | ICS2: Interprofessional and Team Communication ICS3: Communication within Health Care Systems  |
| ICS2: Work effectively as a member or leader of a health care team or other professional group  | ICS2: Interprofessional and Team Communication PBLI2: Reflective Practice and Commitment to Personal Growth PROF3: Accountability/Conscientiousness                |
| ICS3: Act in a consultative role to other physicians and health professionals   | PC1: Clinical Reasoning for Diagnosis ICS2: Interprofessional and Team Communication ICS3: Communication within Health Care Systems                                |

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| ICS4: Complex Communication Around Serious Illness and |
|--|
| Prognosis  |

## **Available Milestones Resources**

Milestones 2.0: Assessment, Implementation, and Clinical Competency Committees Supplement, 2021 - <a href="https://meridian.allenpress.com/jgme/issue/13/2s">https://meridian.allenpress.com/jgme/issue/13/2s</a>

Milestones Guidebooks: https://www.acgme.org/milestones/resources/

- Assessment Guidebook
- Clinical Competency Committee Guidebook
- Clinical Competency Committee Guidebook Executive Summaries
- Implementation Guidebook
- Milestones Guidebook

Milestones Guidebook for Residents and Fellows: <a href="https://www.acgme.org/residents-and-fellows/the-acgme-for-residents-and-fellows/">https://www.acgme.org/residents-and-fellows/</a> the acgme-for-residents-and-fellows/</a>

- Milestones Guidebook for Residents and Fellows
- Milestones Guidebook for Residents and Fellows Presentation
- Milestones 2.0 Guide Sheet for Residents and Fellows

Milestones Research and Reports: https://www.acgme.org/milestones/research/

- Milestones National Report, updated each fall
- Milestones Predictive Probability Report, updated each fall
- Milestones Bibliography, updated twice each year

Developing Faculty Competencies in Assessment courses - <a href="https://www.acgme.org/meetings-and-educational-activities/courses-and-workshops/developing-faculty-competencies-in-assessment/">https://www.acgme.org/meetings-and-educational-activities/courses-and-workshops/developing-faculty-competencies-in-assessment/</a>

Assessment Tool: Direct Observation of Clinical Care (DOCC) - <a href="https://dl.acgme.org/pages/assessment">https://dl.acgme.org/pages/assessment</a>

Assessment Tool: Teamwork Effectiveness Assessment Module (TEAM) - https://team.acgme.org/

Improving Assessment Using Direct Observation Toolkit - <a href="https://dl.acgme.org/pages/acgme-faculty-development-toolkit-improving-assessment-using-direct-observation">https://dl.acgme.org/pages/acgme-faculty-development-toolkit-improving-assessment-using-direct-observation</a>

Remediation Toolkit - <a href="https://dl.acgme.org/courses/acgme-remediation-toolkit">https://dl.acgme.org/courses/acgme-remediation-toolkit</a>

Learn at ACGME has several courses on Assessment and Milestones - https://dl.acgme.org/