

Supplemental Guide: Pediatric Critical Care



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Milestones Supplemental Guide

This document provides additional guidance and examples for the Pediatric Critical Care Milestones. This is not designed to indicate any specific requirements for each level, but to provide insight into the thinking of the Milestone Work Group.

Included in this document is the intent of each Milestone and examples of what a Clinical Competency Committee (CCC) might expect to be observed/assessed at each level. Also included are suggested assessment models and tools for each subcompetency, references, and other useful information.

Review this guide with the CCC and faculty members. As the program develops a shared mental model of the Milestones, consider creating an individualized guide (Supplemental Guide Template available) with institution/program-specific examples, assessment tools used by the program, and curricular components.

Additional tools and references, including the Milestones Guidebook, Clinical Competency Committee Guidebook, and Milestones Guidebook for Residents and Fellows, are available at the end of this document as well as on the Resources page of the Milestones section of the ACGME website.

Patient Care 1: History and Physical Exam		
Overall Intent: To gather patient history with the level of detail and focus required for the individual patient; to gather objective information		
while considering information gleaned from patient history and overall clinical context (including patient acuity, developmental stage, etc.); to		
recognize normal and abnormal physical finding		
Milestones	Examples	
Level 1 Gathers a focused, critical care history, with guidance	For a seven-month-old with respiratory distress being admitted to critical care unit on high-flow nasal cannula, gathers information pertaining to duration of illness, sick contacts, and reviews emergency department course, but needs assistance	
Performs a focused, critical care physical examination, with guidance	Observes respiratory mechanics and auscultates lungs in systematic fashion and identifies abnormal findings, but needs assistance	
Level 2 Filters and prioritizes pertinent positives and negatives based on possible critical care diagnoses	 Identifies lack of infectious symptoms (e.g., no secretions, fever) and common risk factors (e.g., no sick contacts) and elicits history of sweating with feeds as pertinent information to broaden differential diagnosis 	
Identifies variants and abnormal findings based on focused critical care physical exam	Palpates hepatic edge 3 cm below the costal margin	
Level 3 Synthesizes the history to develop a differential diagnosis for simple presentations	Utilizes data above to guide further inquiry about family history of sudden death and cardiac conditions	
Interprets variants and abnormal findings based on focused critical care physical exam	Identifies gallop on cardiac auscultation	
Level 4 Synthesizes the history to develop a differential diagnosis for complex presentations	Identifies cultural factors resulting in limited primary care utilization and identification of early onset of subtle symptoms such as faltering growth and missed developmental milestones	
Adapts critical care examination based on findings to distinguish between diagnoses	Recognizes distinctive facies and low-set ears	
Level 5 Independently distinguishes patient- specific nuances to efficiently drive further information gathering	 Delves into electronic health record (EHR) for birth history to elicit any concerning prenatal history (e.g., intrauterine growth restriction (IUGR), abnormal anatomy scan) to guide additional history gathering from family Utilizes cultural resources to augment additional history taking 	
Coaches team members to integrate key critical care examination findings and identify nuances between diagnoses	Brings interdisciplinary team to patient bedside and demonstrates assessment of cardiac output and volume status, allowing team members to monitor for changes in response to therapy	
Assessment Models or Tools	Direct observation	

	Medical record (chart) review
	Multisource feedback
	Simulation
Curriculum Mapping	
Notes or Resources	American Board of Internal Medicine. "Mini-CEX."
	https://www.abim.org/~/media/ABIM%20Public/Files/pdf/paper-tools/mini-cex.pdf.
	Accessed 2020.
	• The American Board of Pediatrics (ABP). "Entrustable Professional Activities for Pediatric
	Subspecialties: Critical Care Medicine." https://www.abp.org/content/entrustable-
	professional-activities-subspecialties. Accessed 2022.
	Donato, Anthony A., Yoon Soo Park, David L. George, Alan Schwartz, and Rachel
	Yudkowsky. 2015. "Validity and Feasibility of the Minicard Direct Observation Tool in 1
	Training Program. Journal of Graduate Medical Education 7(2): 225-229.
	https://pubmed.ncbi.nlm.nih.gov/26221439/.
	• Peterson, M.C., J.H. Holbrook, D. Von Hales, N.L. Smith, and L.V. Staker. 1992.
	"Contributions of the History, Physical Examination, and Laboratory Investigation in
	Making Medical Diagnoses." Western Journal of Medicine 156: 163-165.
	https://pubmed.ncbi.nlm.nih.gov/1536065/.
	• Schumacher, Daniel J., Robert Englander, Patricia J. Hicks, Carol Carraccio, and Susan
	Guralnick. 2014. "Domain of Competence: Patient Care." Academic Pediatrics 14(2)
	Supp: S13-S35. https://pubmed.ncbi.nlm.nih.gov/24602619/.

Patient Care 2: Organization and Prioritization of Patient Care Overall Intent: To organize and appropriately prioritize patient needs to optimize patient outcomes	
Milestones	Examples
Level 1 Organizes patient care responsibilities by focusing on individual (rather than multiple) patients	 Only manages one patient at a time Assesses a stable five-year-old patient with status asthmaticus, while not prioritizing a newly admitted hypotensive seven-year-old patient with febrile neutropenia
Level 2 Organizes and prioritizes the simultaneous care of multiple patients, with guidance	 Manages multiple patients but cannot triage effectively Evaluates and manages the hypotensive patient effectively, but requires prompting by the attending to leave the bedside of the stable patient
Level 3 Independently and efficiently prioritizes patient care based on level of acuity and available resources	Excuses self from the stable patient with status asthmaticus to rapidly evaluate and manage the patient with hypotension
Level 4 Organizes available resources to optimize patient care, including when volume and acuity approach the capacity of the health care team	 When caring for multiple patients in the critical care unit, delegates the care of the stable patient while evaluating and managing the unstable hypotensive patient Identifies need for nursing or other staff to prioritize care within the unit Identifies stable patients for transfer out of critical care unit to accommodate unstable new admission when unit is full
Level 5 Coaches to improve team performance in the prioritization of patient care and resources	 After initial stabilization of multiple patients, reviews care as well as teaching points with the resident, and checks in with the nurse and patients' family members for further questions Educates team members about how to triage resources during times of high acuity and volume
Assessment Models or Tools	 Direct observation Multisource feedback Self-assessment Simulation
Curriculum Mapping	
Notes or Resources	 The American Board of Pediatrics. "Entrustable Professional Activities for Subspecialties: Critical Care Medicine." https://www.abp.org/content/entrustable-professional-activities-subspecialties. Accessed 2021. Covey, Stephen. 1989. The Seven Habits of Highly Effective People. New York, NY: Simon & Schuster. Frankel, Lorry R., Benson S. Hsu, Timothy S. Yeh, Shari Simone, Michael S. D. Agus, Marjorie J. Arca, Jorge A. Coss-Bu, et al. 2019. "Criteria for Critical Care Infants and Children: PICU Admission, Discharge, and Triage Practice Statement and Levels of

Care Guidance." <i>Pediatric Critical Care Medicine</i> 20(9): 847-887. doi:
10.1097/PCC.000000000001963. https://pubmed.ncbi.nlm.nih.gov/31483379/.

	Patient Care 3: Patient Management	
Overall Intent: To lead the health care team in the creation of a comprehensive, patient-centered management plan based on multiple		
patient factors, including social factors and varied patient backgrounds, regardless of complexity		
Milestones	Examples	
Level 1 Implements management plans developed by the team	 Orders antibiotics and chest x-ray based on sign-out from senior fellow Orders consultant's written recommendations without consideration of impact on other management plans in a patient with multi-organ disease process 	
Level 2 Develops and implements a comprehensive management plan for simple diagnoses	 Orders continuously inhaled albuterol and steroids for a patient admitted with status asthmaticus who does not require intubation, considering patient's prior history of critical care unit admissions Orders insulin and intravenous fluids (IVF) for an alert patient with diabetes ketoacidosis Develops and initiates management plan for seizure control in a patient with status epilepticus who requires noninvasive respiratory support 	
Level 3 Develops and implements a comprehensive management plan for complex diagnoses	 Adjusts ventilator settings to align with lung-protective strategy for a patient requiring invasive mechanical ventilation for severe acute respiratory distress syndrome (ARDS) Initiates vasoactive support and antimicrobial therapeutics in a patient with sepsis who underwent bone marrow transplant and is admitted to the critical care unit Develops and initiates a post-operative plan for a patient who underwent tetralogy of Fallot repair with acute kidney injury, incorporating recommendations from the cardiology and cardiac surgery teams 	
Level 4 Adapts comprehensive management plans for complex diagnoses as patient conditions evolve	 Recognizes progressive hypoxemia in a patient with ARDS and modifies management plans previously developed on rounds Anticipates extubation trial for a patient with acute respiratory failure in two to three days and adjusts current management plan with respect to ventilator changes, sedation, and fluid management In a patient who develops septic shock after liver transplant, develops a unified plan for the patient's management engaging all stakeholders Consults multidisciplinary services during the prolonged hospital stay (including rehabilitation, case management, social work, and otolaryngology) of a patient with severe traumatic brain injury who is likely to need home ventilation and long-term rehabilitation 	
Level 5 Leads multidisciplinary team to optimize patient/family outcomes	 Leads the team in discussing a management plan by considering the major therapeutic interventions and the evidence for and against each modality Recognizing a patient's family's discordant goals of care, leads a multidisciplinary team and family meeting to develop a unified management plan 	
Assessment Models or Tools	 Case-based discussion Direct observation Multisource feedback 	

Curriculum Mapping	
Notes or Resources	The American Board of Pediatrics. "Entrustable Professional Activities for Pediatric
	Subspecialties: Critical Care Medicine." https://www.abp.org/content/entrustable-
	professional-activities-subspecialties. Accessed 2022.
	 Cook, David A., Steven J. Durning, Jonathan Sherbino, and Larry D. Gruppen. 2019.
	"Management Reasoning: Implications for Health Professions Educators and a Research
	Agenda." Academic Medicine 94(9): 1310–1316.
	https://journals.lww.com/academicmedicine/Fulltext/2019/09000/Management_Reasoning
	Implications for Health.19.aspx?casa token=CrKAiT6kwcYAAAAA:RfZyQrmTw4eWB
	SRQIwC2kpX_ajz_X4rs_ssjLi_btaqHCwzNCrr6eT1rDSLiWQGmKSQiVW2ZqLbRtj8ozw.
	• Shaffner DH, Nichols DG. (2021). <i>Textbook of Pediatric Intensive Care</i> . 5th ed. Baltimore,
	Md.: Williams & Wilkins.

Patient Care 4: Pre-Procedure Assessment Overall Intent: To counsel patients regarding indications, risks, benefits, and alternatives of common procedures	
Milestones	Examples
Level 1 Identifies indications for procedures and the risks, benefits, and alternatives	• Identifies that a patient who has a new pleural effusion may benefit from thoracentesis
Level 2 Assesses indications, risks, benefits, and weighs alternatives in low- to moderate-risk situations	 Weighs the risks and benefits of a thoracentesis for a new pleural effusion in a patient without comorbidities Considers noninterventional options to achieve the same therapeutic result, such as diuretics for pleural effusion
Level 3 Assesses indications, risks, benefits, and weighs alternatives in high-risk situations	Weighs the risks and benefits of a thoracentesis for a new left-sided pleural effusion in a patient with severe cardiomegaly and hypoxia, and consults with interventional radiology
Level 4 Leads multispecialty discussion on pre- procedural assessment and planning	Leads multidisciplinary team discussion for a patient with pleural effusions and large mediastinal mass who may need a thoracentesis
Level 5 Serves as a peer expert in pre- procedural assessment and planning	Is sought out by peers for assistance while planning high-risk procedures
Assessment Models or Tools	 Direct observation Chart review Case-based presentations/vignettes Simulation
Curriculum Mapping	
Notes or Resources	 American Society of Anesthesiologists Task Force on Central Venous Access. 2012. "Practice Guidelines for Central Venous Access: A Report by the American Society of Anesthesiologists Task Force on Central Venous Access. <i>Anesthesiology</i>. 2012;116(3):539-573. https://anesthesiology.pubs.asahq.org/article.aspx?articleid=2443415&_ga=2.100960201918126446.1568824887-761947262.1568824887. Accessed 2020. British Thoracic Society (BTS). "National Safety Standards for Invasive Procedures - Bronchoscopy and Pleural Procedures." <a "="" books="" href="https://www.brit-thoracic.org.uk/quality-improvement/clinical-resources/interventional-procedures/national-safety-standards-for-invasive-procedures-bronchoscopy-and-pleural-procedures/. Accessed 2020. Doyle, Daniel John, Joseph Maxwell Hendrix, and Emily H. Garmon. 2019. <i>American Society of Anesthesiologists Classification (ASA Class)</i>. Treasure Island, FL: StatPearls. https://www.ncbi.nlm.nih.gov/books/NBK441940/. Accessed 2020. Playfor, Stephen D., and Katherine Kirkpatrick. 2014. "Procedural Sedation and Anesthesia in the PICU." In <i>Pediatric Critical Care Medicine</i>, edited by Derek Wheeler,

Hector Wong, and Thomas P. Shanley, 91-101. London: Springer.
https://doi.org/10.1007/978-1-4471-6359-6_6.

Patient Care 5: Procedures	
Overall Intent: To safely and competently perform procedures commonly performed in the critical care unit, and to anticipate and manage complications	
Milestones	Examples
Level 1 Performs procedures in low- to moderate-risk situations, with direct supervision	 Places central venous catheter under direct supervision, with the attending at the bedside Places a peripheral arterial line in a stable, mechanically ventilated, sedated patient, with attending at bedside Needs additional support to anticipate and manage potential complications
Level 2 Performs procedures in high-risk situations, with direct supervision	 Places a thoracostomy tube in a spontaneously breathing patient requiring non-invasive respiratory support, with direct supervision Places a central venous line in a patient who is hypotensive with challenging intravenous access, with an attending at the bedside Anticipates and manages complications for low-to-moderate risk procedures, but still needs support for complications of high-risk procedural situations
Level 3 Performs procedures in all risk level situations, with indirect supervision	 Places a thoracostomy tube in a spontaneously breathing patient requiring non-invasive respiratory support, while the attending is seeing a different patient Places a femoral venous line for a patient with coagulopathy, while the attending is not present Manages pneumothorax following subclavian central venous catheter placement
Level 4 Teaches and supervises others in performance of procedures in all risk level situations	 Teaches and supervises a resident in the placement of a central venous catheter Supervises other team members in the management of a pneumothorax following subclavian central venous catheter placement
Level 5 Serves as a peer expert in performance of procedures	 Successfully places a central venous catheter after multiple failed attempts by peers Provides feedback to other fellows to improve performance in placing central venous catheters
Assessment Models or Tools	Case-based discussionDirect observationSimulation
Curriculum Mapping	
Notes or Resources	 Individuals may achieve competence in different procedures at different rates, and this milestone is intended to capture the overall skills British Thoracic Society (BTS). "National Safety Standards for Invasive Procedures - Bronchoscopy and Pleural Procedures." https://www.brit-thoracic.org.uk/quality-improvement/clinical-resources/interventional-procedures/national-safety-standards-for-invasive-procedures-bronchoscopy-and-pleural-procedures/. Accessed 2020. Ishizuka, Maki, Vijayeta Rangarajan, Taylor L. Sawyer, Natalie Napolitano, Donald L. Boyer, Wynne E. Morrison, Justin L. Lockman, et al. 2016. "The Development of Tracheal

Intubation Proficiency Outside the Operating Suite During Pediatric Critical Care Medicine
Fellowship Training: A Retrospective Cohort Study Using Cumulative Sum Analysis."
Pediatric Critical Care Medicine. 17(7): e309-e316. doi:10.1097/PCC.00000000000774.
• Shaffner DH, Nichols DG. (2021). Textbook of Pediatric Intensive Care. 5th ed. Baltimore,
Md.: Williams & Wilkins.

Medical Knowledge 1: Foundational Knowledge	
Overall Intent: To demonstrate medical and scientific knowledge and apply it to the care of pediatric patients with critical illness	
Milestones	Examples
Level 1 Demonstrates knowledge of key basic	Recites equation for cardiac output
science concepts (e.g., anatomy, pharmacology)	Explains the basic anatomy of a pediatric airway
Level 2 Demonstrates basic knowledge of	Describes how positive pressure ventilation impacts cardiac output
critical care physiology and pathophysiology	Explains the five etiologies of hypoxemia
Level 3 Demonstrates	Describes how pulmonary hypertension impacts ventricular interdependence and alters
comprehensive/advanced knowledge of critical	cardiac output
care physiology and pathophysiology	Identifies appropriate vasoactive medication selection based upon mechanism of action
	within specific clinical context
Level 4 Integrates critical care knowledge of	Describes ventilator management strategy in a patient with ARDS and increased
patients with multiple interacting disease states	intracranial pressure
and therapies	Describes fluid management for a patient with sepsis and chronic renal failure
Level 5 Serves as peer expert for critical care	Utilizes questions on rounds to assist in determining team member level of understanding
knowledge	and tailors educational content accordingly
	• Is consulted by peers for interpretation of laboratory data such as thromboelastogram and pulmonary function tests
Assessment Models or Tools	Direct observation
Assessment wodels of Tools	In-training examination
	Simulation
	Case-based discussion
	Medical record (chart) audit
Curriculum Mapping	
Notes or Resources	The American Board of Pediatrics. "Entrustable Professional Activities for Pediatric
	Subspecialties: Critical Care Medicine." https://www.abp.org/content/entrustable-
	professional-activities-subspecialties. Accessed 2022.
	Englander, Robert, and Carol Carraccio. 2014. "Domain of Competence: Medical
	Knowledge." Academic Pediatrics 14(2)Supp: S36-S37.
	https://www.sciencedirect.com/science/article/abs/pii/S1876285913003240.

Medical Knowledge 2: Clinical Reasoning	
Overall Intent: To generate a focused and prioritized differential diagnosis while consciously avoiding errors caused by cognitive bias	
Milestones	Examples
Level 1 Synthesizes a specialty-specific, analytic, and prioritized differential diagnosis for simple presentations, with substantial guidance	Needs prompting to develop a complete differential diagnosis of wheezing
Identifies instances of clinical reasoning errors within patient care, with substantial guidance	When pointed out by an attending, recognizes that a diagnosis was accepted without reviewing the history, physical exam, and other data
Level 2 Synthesizes a specialty-specific, analytic, and prioritized differential diagnosis for simple presentations	Develops a complete differential diagnosis of wheezing
Identifies instances of clinical reasoning errors within patient care	Independently recognizes that a diagnosis was accepted without reviewing the history, physical exam, and other data
Level 3 Synthesizes a specialty-specific, analytic, and prioritized differential diagnosis for complex presentations	Develops a comprehensive differential diagnosis for a patient with rapidly developing altered mental status
Applies clinical reasoning principles to retrospectively identify cognitive errors	Recognizes a misdiagnosis of asthma in a patient who actually has heart failure
Level 4 Synthesizes information to reach high- probability and/or high-risk diagnoses and anticipates potential complications in patient care	Gathers and evaluates all data and applies clinical practice guidelines to determine course of action for a patient undergoing anti-coagulation therapy who presents with a stroke
Continually re-appraises own clinical reasoning to prospectively minimize cognitive errors and manage uncertainty	Adjusts original differential diagnosis for refractory status epilepticus based on new information that includes clinical changes, electroencephalogram (EEG) findings, lumbar puncture results, and magnetic resonance imaging (MRI) results
Level 5 Serves as a peer expert for differential diagnosis	Is recognized as an expert and is regularly sought out by peers for complex cases with diagnostic uncertainty
Coaches others to recognize and avoid cognitive errors	Tactfully redirects a resident who is confident in diagnosis of upper airway edema in a patient who actually has a paralyzed vocal cord
Assessment Models or Tools	Direct observation

	Medical record (chart) review
	Multisource feedback
	• Simulation
Curriculum Mapping	
Notes or Resources	 Bowen, Judith L. 2006. "Educational Strategies to Promote Clinical Diagnostic Reasoning." New England Journal of Medicine. 355: 2217-2225. https://www.neim.org/doi/full/10.1056/NEJMra054782. Croskerry, Pat. 2008. "Achieving Quality in Clinical Decision Making: Cognitive Strategies and Detection of Bias." Academic Emergency Medicine. 2002;9(11): 1184-1204. https://onlinelibrary.wiley.com/doi/abs/10.1197/aemj.9.11.1184?sid=nlm%3Apubmed. Humbert, Aloysius J., Bart Besinger, Edward J. Miech. 2011. "Assessing Clinical Reasoning Skills in Scenarios of Uncertainty: Convergent Validity for a Script Concordance Test in an Emergency Medicine Clerkship and Residency." Academic Emergency Medicine 18(6): 627-634. https://doi.org/10.1111/j.1553-2712.2011.01084.x. Journal of General Internal Medicine. "Clinical Reasoning Exercises." https://www.sgim.org/web-only/clinical-reasoning-exercises/problem-representation-overview#. Accessed 2020. Society to Improve Diagnosis in Medicine (SIDM). "Tools & Toolkit." https://www.improvediagnosis.org/toolkits/. Accessed 2020. SIDM. "Assessment of Reasoning Tool." https://www.improvediagnosis.org/art/. Accessed 2020. SIDM. "Consensus Curriculum on Diagnosis." https://www.improvediagnosis.org/consensuscurriculum/. Accessed 2020. SIDM. "Driver Diagram." https://www.improvediagnosis.org/wp-
	content/uploads/2018/10/Driver Diagram - July 31 - M.pdf. Accessed 2020.

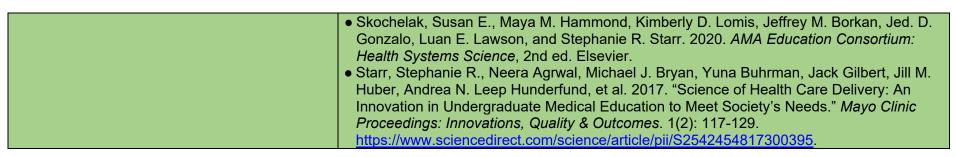
Systems-Based Practice 1: Patient Safety Overall Intent: To engage in the englysic and management of nations agents agents are level to a property agents agents agents agents agents agents agents agents.	
Overall Intent: To engage in the analysis and management of patient safety events, including relevant communication with patients, their families, and health care professionals	
Milestones	Examples
Level 1 Demonstrates knowledge of common patient safety events	• Lists common patient safety events such as patient misidentification or medication errors
Demonstrates knowledge of how to report patient safety events	• Lists "patient safety reporting system" or "patient safety hotline" as ways to report safety events
Level 2 Identifies system factors that lead to patient safety events	• Identifies that EHR default timing of orders as "routine" (without changing to "stat") may lead to delays in antibiotic administration time for sepsis
Reports patient safety events through institutional reporting systems (simulated or actual)	Reports delayed antibiotic administration time using the appropriate reporting mechanism
Level 3 Participates in analysis of patient safety events (simulated or actual)	Participates in department morbidity and mortality presentations with significant attending oversite
Participates in disclosure of patient safety events to patients and families (simulated or actual)	With the support of an attending or risk management team member, participates in the disclosure of a medication order error to a patient's family
Level 4 Conducts analysis of patient safety events and offers error prevention strategies	Prepares and leads a department morbidity and mortality presentations with minimal assistance from attending
(simulated or actual)	 Leads a quality improvement project aimed at reducing racial disparities Leads multispecialty clinical conference case review
Discloses patient safety events to patients and families (simulated or actual)	Following consultation with risk management and other team members, independently discloses a medication error to a patient's family
Level 5 Actively engages teams and processes to modify systems to prevent patient safety events	Leads a root cause analysis (mock or actual)
Role models or mentors others in the disclosure of patient safety events	Conducts a simulation demonstrating techniques and approaches for disclosing patient safety events
Assessment Models or Tools	Case-based discussion

	 Direct observation Electronic learning module Guided reflection Medical record (chart) audit Multisource feedback
	• Simulation
Curriculum Mapping	
Notes or Resources	 The American Board of Pediatrics. "Entrustable Professional Activities for Pediatric Subspecialties: Critical Care Medicine." https://www.abp.org/content/entrustable-professional-activities-subspecialties. Accessed 2022. Guralnick, Susan, Stephen Ludwig, and Robert Englander. 2014. "Domain of Competence: Systems-Based Practice." <i>Academic Pediatrics</i>. 14: S70-S79. https://doi.org/10.1016/j.acap.2013.11.015. Institute for Healthcare Improvement. http://www.ihi.org/Pages/default.aspx. Accessed 2020. Singh, Ranjit, Bruce Naughton, John S. Taylor, Marlon R. Koenigsberg, Diana R. Anderson, Linda L. McCausland, Robert G. Wahler, Amanda Robinson, and Gurdev Singh. 2005. "A Comprehensive Collaborative Patient Safety Residency Curriculum to Address the ACGME Core Competencies." <i>Medical Education</i>. 39(12): 1195-204. DOI: 10.1111/j.1365-2929.2005.02333.x.

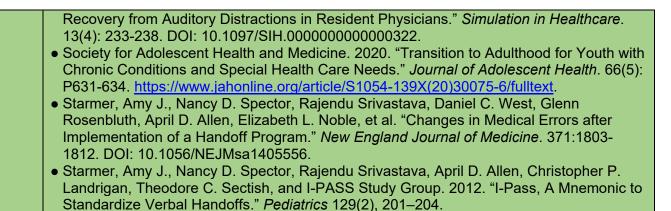
Systems-Based Practice 2: Quality Improvement Overall Intent: To understand and implement quality improvement methodologies to improve patient care	
Milestones	
Level 1 Demonstrates knowledge of basic	Examples Describes fishbone diagram
quality improvement methodologies and metrics	Describes instituting diagram Describes components of a "Plan-Do-Study-Act" cycle
Level 2 Describes local quality improvement	Describes an initiative to improve time to antibiotics in sepsis
initiatives (e.g., community vaccination rate, infection rate, smoking cessation)	Describes an initiative to improve time to antibiotics in sepsis
Level 3 Participates in local quality improvement initiatives	Participates in an ongoing interdisciplinary project to improve time to antibiotics in sepsis
Level 4 Demonstrates the skills required to identify, develop, implement, and analyze a quality improvement project	 Develops and implements a quality improvement project to improve time to antibiotics in sepsis that includes engaging the unit team, assessing the problem, articulating a broad goal, developing a SMART (Specific, Measurable, Attainable, Realistic, Time-bound) aim, collecting data, analyzing, and monitoring progress and challenges In developing a quality improvement project, considers team bias and social determinants of health in patient population
Level 5 Creates, implements, and assesses quality improvement initiatives at the institutional or community level	Initiates and completes a quality improvement project to improve time to antibiotics in sepsis and shares results through a formal presentation to the institutional leaders or at a national meeting
Assessment Models or Tools	Direct observation
	Poster or abstract presentation
	Multisource feedback
	Committee presentation
Curriculum Mapping	
Notes or Resources	 The American Board of Pediatrics. "Entrustable Professional Activities for Pediatric Subspecialties: Critical Care Medicine." https://www.abp.org/content/entrustable-professional-activities-subspecialties. Accessed 2022. Bright Futures. "QI Office System Tools." https://www.aap.org/en/practice-management/bright-futures/bright-futures-guality-improvement/gi-office-system-tools/.
	Accessed 2022. • Guralnick, Susan, Stephen Ludwig, and Robert Englander. 2014. "Domain of competence:
	Systems-Based Practice." <i>Academic Pediatrics</i> . 14: S70-S79. https://doi.org/10.1016/j.acap.2013.11.015.
	Institute for Healthcare Improvement. http://www.ihi.org/Pages/default.aspx . Accessed 2020.

• Murtagh Kurowski, Eileen, Amanda C. Schondelmeyer, Courtney Brown, Christopher E.
Dandoy, Samuel J. Hanke, and Heather L. Tubbs Cooley. 2015. "A Practical Guide to
Conducting Quality Improvement in the Health Care Setting." Current Treatment Options
in Pediatrics. 1:380-392. https://doi.org/10.1007/s40746-015-0027-3.

Systems-Based Practice 3: System Navigation for Patient-Centered Care – Coordination of Care Overall Intent: To effectively navigate the health care system, including the interdisciplinary team and other care practitioners; to adapt care		
to a specific patient population to ensure high-quality patient outcomes		
Milestones	Examples	
Level 1 Lists the various interprofessional individuals involved in the patient's care coordination	Identifies important members of the medical home team for a technology-dependent patient	
Level 2 Coordinates care of patients in routine clinical situations, incorporating interprofessional teams with consideration of patient and family needs	Coordinates home health and develops a feeding regimen with the dietician for a child with a gastrostomy tube	
Level 3 Coordinates care of patients in complex clinical situations, effectively utilizing the roles of interprofessional teams, and incorporating patient and family needs and goals	 Works to ensure appropriate follow-up for a technology-dependent patient who resides in a rural area with limited family transportation options Recognizes that minoritized communities may have additional barriers to access and the need to involve a social worker, case manager, primary care practitioner, and others in finding community resources 	
Level 4 Coordinates interprofessional, patient- centered care among different disciplines and specialties, actively assisting families in navigating the health-care system	Coordinates and directs a multidisciplinary team/family meeting, including appropriate subspecialists and ancillary services, to ensure that the family's needs are met when a patient is being transferred to hospice	
Level 5 Coaches others in interprofessional, patient-centered care coordination	 Leads an initiative to educate residents about home health services or medical home model for medically complex, technology-dependent children, ensuring inclusion of discussion on health care disparities Coaches and mentors colleagues through a multidisciplinary team meeting of a child with complex health care needs 	
Assessment Models or Tools	 Direct observation Medical record (chart) audit Multisource feedback Simulation 	
Curriculum Mapping		
Notes or Resources	 American Academy of Pediatrics (AAP). "Care Coordination Resources." https://www.aap.org/en/practice-management/care-delivery-approaches/care-coordination-resources/. Accessed 2022. The American Board of Pediatrics. "Entrustable Professional Activities for Pediatric Subspecialties: Critical Care Medicine." https://www.abp.org/content/entrustable-professional-activities-subspecialties. Accessed 2022. 	



Systems-Based Practice 4: System Navigation for Patient-Centered Care - Transitions in Care Overall Intent: To effectively navigate the health care delivery system during transitions of care to ensure high-quality patient outcomes **Milestones Examples** Level 1 Uses a standard template for transitions • When handing off to colleagues on a night shift, reads verbatim from a templated hand-off but lacks context, is not appropriately specific in next steps, and does not provide of care/hand-offs contingency plans Level 2 Adapts a standard template, • Routinely uses a standardized hand-off for a stable patient, verbalizes a basic recognizing key elements for safe and effective understanding of active problems, and provides basic contingency plans transitions of care/hand-offs in routine clinical • Discusses a transfer of an infant from the pediatric intensive care unit (PICU) with the primary inpatient care team and provides a problem list, clinical course, and action items situations to be followed as an outpatient Level 3 Performs safe and effective transitions • Routinely uses a standardized hand-off when transferring a patient from the intensive care of care/hand-offs in complex clinical situations. unit, with direct communication of clinical reasoning, problems warranting continued care, and ensures closed-loop communication and status of completed/planned interventions; solicits read-back and confirms/uses specific resources and timeline for transfer to occur • Solicits important information and offers guidance to ensure safe transport for a critically ill Level 4 Performs and advocates for safe and patient being transferred from a community hospital effective transitions of care/hand-offs within and across health care delivery systems, including • Provides information to the primary care practitioner about patient being discharged from transitions to adult care the critical care unit Level 5 Coaches others in improving transitions • Designs and implements standardized hand-off workshop exercises for medical students of care within and across health care delivery prior to the start of their clinical rotations • Develops and implements a process to improve the transition from the critical care unit to systems to optimize patient outcomes other specialties Assessment Models or Tools Direct observation Standardized assessment checklist Multisource feedback Simulation Curriculum Mapping The American Board of Pediatrics, "Entrustable Professional Activities for Pediatric Notes or Resources Subspecialties: Critical Care Medicine." https://www.abp.org/content/entrustableprofessional-activities-subspecialties. Accessed 2022. • Got Transition, "Clinician Education and Resources." https://www.gottransition.org/resources-and-research/clinician-education-resources.cfm. Accessed 2020. • Matern, Lukas H., Jeanne M. Farnan, Kristen W. Hirsch, Melissa Cappaert, Ellen S. Byrne, and Vineet M. Arora, 2018, "A Standardized Handoff Simulation Promotes



https://doi.org/10.1542/peds.2011-2966.

Systems-Based Practice 5: Population and Community Health	
Overall Intent: To promote and improve health across communities and populations through patient care and advocacy, including public	
education and elimination of structural racism Milestones	Examples
Level 1 Demonstrates awareness of population and community health needs and disparities	Lists social determinants of health, such as poverty and structural racism Lists adverse childhood experiences
Level 2 Identifies specific population and community health needs and disparities; identifies local resources	 Screens patients for adverse childhood experiences Identifies the impact of structural racism on a patient who is frequently admitted with status asthmaticus
Level 3 Uses local resources effectively to meet the needs and reduce health disparities of a patient population and community	 Refers patients to local resources and programs aimed at providing healthy meals and housing Refers to local resources that investigate environmental contributors to asthma
Level 4 Adapts practice to provide for the needs of and reduce health disparities of a specific population	Participates in activities aimed to improve health care access and/or decrease practices that support structural racism
Level 5 Advocates at the local, regional, or national level for populations and communities with health care disparities	 Partners with a community organization working to increase bicycle helmet use and availability Participates in longitudinal discussions with local, state, or national government policy makers to eliminate structural racism and reduce health disparities
Assessment Models or Tools	Direct observation Medical record (chart) audit Multisource feedback Reflection
Curriculum Mapping	•
Notes or Resources	 AAP. "Advocacy." https://services.aap.org/en/advocacy/. 2020. AAP Bright Futures. "Promoting Lifelong Health for Families and Communities." https://downloads.aap.org/AAP/PDF/Bright%20Futures/BF4 LifelongHealth.pdf? ga=2.26 8230030.1236819861.1654476607-929400881.1619626826& gac=1.229642574.1651085941.cj0kcqjw06otbhc arisaau1yov dcxkc8cjmzqntgqmfsj0_flej6v7e95sxi3exmdjyivnt1vv9rxoaamnzealw_wcb. Accessed 2022. The American Board of Pediatrics. "Entrustable Professional Activities for Pediatric Subspecialties: Critical Care Medicine." https://www.abp.org/content/entrustable-professional-activities-subspecialties. Accessed 2022. Blankenburg, Rebecca, Patricia Poitevien, Javier Gonzalez del Rey, Megan Aylor, John Frohna, Heather McPhillips, Linda Waggoner-Fountain, and Laura Degnon. 2020.

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Systems-Based Practice 6: Physician Role in Health Care Systems Overall Intent: To understand the physician's role in health systems science to optimize patient care delivery, including cost-conscious care **Milestones Examples Level 1** Engages with patients and other • Considers that insurance coverage, or lack of coverage, can affect prescription drug providers in discussions about cost-conscious availability/cost for individual patients care and key components of the health care • Participates in conversations about antimicrobial drug selection and considers costs delivery system • Considers whether home nursing care would be available and covered by insurance in the Level 2 Identifies the relationships between the delivery system and cost-conscious care and decision-making process for a patient with chronic respiratory failure the impact on the patient care Level 3 Discusses the need for changes in • Accepts an appropriate level of uncertainty by not ordering a respiratory viral panel when clinical approaches based on evidence, it will not change management outcomes, and cost-effectiveness to improve • Discusses cost and potential benefits of performing MRI when formulating treatment plan care for patients and families Level 4 Advocates for the promotion of safe, • Works collaboratively to identify additional services for a patient with a recent traumatic brain injury with sequelae and limited resources quality, and high-value care Advocates for widespread usage of asthma action plan upon discharge to minimize hospital readmissions and improve cost effectiveness Level 5 Coaches others to promote safe, • Coaches others to implement Choosing Wisely recommendations quality, and high-value care across health care • Leads team members in conversations around care gaps for teens and creates team plans to provide comprehensive care in the critical care unit svstems Assessment Models or Tools Direct observation Multisource feedback • Review and guided reflection on costs accrued for individual patients or patient populations with a given diagnosis Workshops **Curriculum Mapping** • Agency for Healthcare Research and Quality (AHRQ). "Measuring the Quality of Physician Notes and Resources Care." https://www.ahrq.gov/talkingquality/measures/setting/physician/index.html. Accessed 2022. • AAP. "Practice Management." https://www.aap.org/en/practice-management/. Accessed 2022. American Board of Internal Medicine. "QI/PI Activities." https://www.abim.org/maintenance-of-certification/earning-points/qi-pi-activities.aspx.

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Practice-Based Learning and Improvement 1: Evidence-Based and Informed Practice		
Overall intent. To incorporate evidence and ap	Overall Intent: To incorporate evidence and apply it to individual patients and patient populations	
Milestones	Examples	
Level 1 Develops an answerable clinical question and demonstrates how to access available evidence, with guidance	 Identifies a question such as, "What is the appropriate treatment for this patient with ARDS?" but needs guidance to focus it into a searchable question Uses general medical resources (i.e., background information) such as UpToDate or DynaMed to search for answers Accesses available evidence using unfiltered resources, retrieving a broad array of related information 	
Level 2 Independently articulates clinical question and accesses available evidence	 Asks, "In treatment of ARDS, what is the evidence for use of inhaled nitric oxide?" Uses PubMed to search for the answer to a general clinical question and appropriately filters results 	
Level 3 Locates and applies the evidence, integrated with patient preference, to the care of patients	 Obtains, appraises, and applies evidence to determine use of inhaled nitric oxide in ARDS Finds evidence for alternatives to blood transfusions for patients who are Jehovah's Witness and require surgery 	
Level 4 Critically appraises and applies evidence, even in the face of uncertainty and conflicting evidence to guide care tailored to the individual patient	 Seeks out and applies evidence to optimize primary and secondary outcomes for a patient with stem cell transplant and ARDS in accordance with the goals of care Elicits patient's prior experiences with systemic racism in the health care system to start conversations about optimal management 	
Level 5 Coaches others to critically appraise and apply evidence for complex patients	 Provides feedback to other learners on their ability to formulate questions, search for the best available evidence, appraise evidence, and apply that information to the care of patients Leads development of clinical guidelines/pathways 	
Assessment Models or Tools	 Direct observation Multisource feedback Presentation evaluation 	
Curriculum Mapping		
Notes or Resources	 The American Board of Pediatrics. "Entrustable Professional Activities for Pediatric Subspecialties: Critical Care Medicine." https://www.abp.org/content/entrustable-professional-activities-subspecialties. Accessed 2022. Duke University. "Evidence-Based Practice." https://guides.mclibrary.duke.edu/ebm/home. Accessed 2020. Guyatt, Gordon, Drummond Rennie, Maureen O. Meade, and Deborah Cook. 2015. https://guides.to.the.Medical.Literature: A Manual for Evidence-Based Clinical Practice, 3rd ed. USA: McGraw-Hill Education. https://jamaevidence.mhmedical.com/Book.aspx?bookld=847. Accessed 2020. 	

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Practice-Based Learning and Improvement 2: Reflective Practice and Commitment to Personal Growth Overall Intent: To continuously improve patient care based on self-evaluation and lifelong learning	
Milestones	Examples
Level 1 Participates in feedback sessions	Attends biannual program director feedback sessions
Develops personal and professional goals, with assistance	Acknowledges own implicit/explicit biases
Level 2 Demonstrates openness to feedback and performance data	After faculty member provides feedback on knowledge gap related to ventilator management, acknowledges need for improvement
Designs a learning plan based on established goals, feedback, and performance data, with assistance	Devises a plan to explore biases and how they impact care of peer relationships
Level 3 Seeks and incorporates feedback and performance data episodically	 Following a difficult case, seeks out faculty member to review ventilator management and makes appropriate changes to improve patient care based on feedback Identifies problems performing an intubation and arranges to spend more time in the simulation lab to improve skills
Designs and implements a learning plan by analyzing and reflecting on the factors which contribute to gap(s) between performance expectations and actual performance	Recognizes own implicit biases that affect the care of a patient and takes steps to mitigate bias
Level 4 Seeks and incorporates feedback and performance data consistently	Adapts learning plan to improve knowledge of respiratory failure based on personal reflection, feedback, and patient data
Adapts a learning plan using long-term professional goals, self-reflection, and performance data to measure its effectiveness	Actively seeks out conferences to learn about anti-racism and bystander culture
Level 5 Role models and coaches others in seeking and incorporating feedback and performance data	Leads a discussion on opportunities to improve adherence to sterile bundle for central line insertion
Demonstrates continuous self-reflection and coaching of others on reflective practice	Meets with residents regularly to review practice habits and develop their learning goals
Assessment Models or Tools	Direct observation Medical record (chart) audit

	Review of learning plan
	Review of evaluations (mentor, advisor)
Curriculum Mapping	
Notes or Resources	 The American Board of Pediatrics. "Entrustable Professional Activities for Pediatric Subspecialties: Critical Care Medicine." https://www.abp.org/content/entrustable-professional-activities-subspecialties. Accessed 2022. Burke, Anne E., Bradley Benson, Robert Englander, Carol Carraccio, and Patricia J. Hicks. 2014. "Domain of Competence: Practice-Based Learning and Improvement."
	Goal Writing Skill: Validity Evidence for the Learning Goal Scoring Rubric." <i>Academic Medicine</i> 88(10): 1558-1563. DOI: 10.1097/ACM.0b013e3182a352e6.

	Professionalism 1: Professional Behavior
Overall Intent: To demonstrate ethical and professional behaviors and promote these behaviors in others and to use appropriate resources	
to manage professional dilemmas	
Milestones	Examples
Level 1 Identifies expected professional behaviors and potential triggers for lapses	Asks a senior fellow or attending for feedback on post-call interactions with staff and colleagues after realizing own tendency to be curt when tired
Identifies the value and role of pediatric critical care as a vocation/career	Acknowledges the importance of intensivists in informing the public about childhood safety and preventable diseases
Level 2 Demonstrates professional behavior with occasional lapses	Is late to morning rounds, identifies this lapse, and does not repeat this behavior
Demonstrates accountability for patient care as a pediatric critical care physician, with guidance	Forgets to relay a patient's parent's concern to oncoming care team and calls co-fellow to ensure information is relayed after prompting
Level 3 Maintains professional behavior in increasingly complex or stressful situations	During a busy night on the unit, demonstrates caring and compassionate behaviors with patients, patients' families, colleagues, and staff members
Fully engages in patient care and holds oneself accountable	 Advocates for an individual patient's needs in a humanistic and professional manner regarding goals of care, identifying support networks (e.g., social work, pastoral care), and coordination of care by other subspecialists
Level 4 Recognizes situations that may trigger professionalism lapses and intervenes to prevent lapses in self and others	 Models respect and compassion for patients and promotes the same from colleagues by actively identifying positive professional behavior Without prompting, assists colleagues with patient care responsibilities.
Exhibits a sense of duty to patient care and professional responsibilities	 Prioritizes safe transitions of care, especially during shift changes when the critical care unit is busy with high level of acuity Speaks up in the moment when observing racist/sexist behavior within the health care team and uses reporting mechanisms to address it
Level 5 Models professional behavior and coaches others when their behavior fails to meet professional expectations	Discusses the need to be on time with a resident or junior fellow who continues to be late, making a plan together to address the underlying issues of why the learner is late
Extends the role of the pediatric critical care physician beyond the care of patients by engaging with the community, specialty, and medical profession as a whole	 Advocates for process improvement to help a cohort of patients, takes on larger projects to remedy a system issue that is affecting patients, and sees the opportunity to improve care as a responsibility Develops education and/or modules on microaggressions and bias
Assessment Models or Tools	Direct observation

	Multisource feedback
	Oral or written self-reflection
	Simulation
	Peer assessments
Notes or Resources	 AbdelHameid, Duaa. 2020. "Professionalism 101 for Black Physicians." New England Journal of Medicine. 383(5): e34. doi:10.1056/NEJMpv2022773. American Board of Internal Medicine Foundation, ACP-ASIM Foundation, and European Federation of Internal Medicine. 2002. "Medical Professionalism in the New Millennium: A Physician Charter." Annals of Internal Medicine 136: 243-246. https://doi.org/10.7326/0003-4819-136-3-20020050-00012. The American Board of Pediatrics (ABP). "Entrustable Professional Activities for Pediatric Subspecialties: Critical Care Medicine." https://www.abp.org/content/entrustable-professional-activities-subspecialties. Accessed 2022. ABP. "Medical Professionalism." https://www.abp.org/content/medical-professionalism. Accessed 2020. ABP. "Teaching, Promoting, and Assessing Professionalism Across the Continuum: A Medical Educator's Guide." https://www.abp.org/professionalism-quide. Accessed 2020. American Medical Association. "Ethics." https://www.ama-assn.org/delivering-care/ama-code-medical-ethics. Accessed 2020. Bynny, Richard L., Douglas S. Paauw, Maxine Papadakis, and Sheryl Pfeil. 2017. Medical Professionalism Best Practices: Professionalism in the Modern Era. Aurora, CO: Alpha Omega Alpha Medical Society. https://www.alphaomegaalpha.org/wp-content/uploads/2022/01/Monograph2018.pdf. ISBN: 978-1-5323-6516-4. Domen, Ronald E., Kristen Johnson, Richard Michael Conran, Robert D. Hoffman, Miriam D. Post, Jacob J. Steinberg, Mark D. Brissette, et al. 2016. "Professionalism in Pathology: A Case-Based Approach as a Potential Educational Tool." Archives of Pathology and Laboratory Medicine 141: 215-219. https://doi.org/10.5858/arpa.2016-0217-CP. Levinson, Wendy, Shiphra Ginsburg, Frederic W. Hafferty, and Catherine R. Lucey. 2014. Understanding Medical Professionalism. New York, NY: McGraw-Hill Education. https://accessmedicine.mhmedical.com/book.aspx?bookID=1058. Osseo-As
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Professionalism 2: Ethical Principles Overall Intent: To recognize and address or resolve common and complex ethical dilemmas or situations	
Milestones Level 1 Demonstrates knowledge of the ethical	■ Describes ethical principles of informed consent
principles underlying informed consent, surrogate decision making, advance directives, confidentiality, error disclosure, stewardship of limited resources, and related topics	
Level 2 Applies ethical principles in common situations	Applies the principle of "do no harm" when considering the use of off-label medications
Level 3 Analyzes complex situations using ethical principles to address conflict/controversy; seeks help when needed to manage and resolve complex ethical situations	 Offers treatment options for a terminally ill patient, minimizing bias, while recognizing own limitations, and consistently honoring the patient's and family's choice Organizes multidisciplinary care conference when subspecialty teams disagree on treatment plan for a patient with prognostic uncertainty to determine future direction in accordance with patient's family's wishes
Level 4 Manages and seeks to resolve ethical dilemmas using appropriate resources (e.g., ethics consultations, literature review, risk management/legal consultation)	 Appropriately uses ethics resources to discuss end-of-life care of a child in the intensive care unit with multiorgan failure and poor prognosis Uses institutional resources, including social work and risk management, when a patient's parent refuses to accept medical treatment Engages with a multidisciplinary team to address issues when patient's family and physicians disagree on care plan for a patient with brain death
Level 5 Called upon by others to consult in cases of complex ethical dilemmas; identifies and seeks to address system-level factors that induce or exacerbate	Participates as part of the ethics consult service, providing guidance for complex cases
Assessment Models or Tools	 Direct observation Multisource feedback Oral or written self-reflection Simulation Case-based discussion
Curriculum Mapping	•
Notes or Resources	 American Board of Internal Medicine Foundation, ACP-ASIM Foundation, and European Federation of Internal Medicine. 2002. "Medical Professionalism in the New Millennium: A Physician Charter." <i>Annals of Internal Medicine</i> 136: 243-246. https://doi.org/10.7326/0003-4819-136-3-200202050-00012.

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Professionalism 3: Accountability/Conscientiousness Overall Intent: To take responsibility for one's own actions and their impact on patients and other members of the health care team	
Milestones	Examples
Level 1 Performs tasks and responsibilities, with prompting	 After being informed by the program director that too many conferences have been missed, changes habits to meet the attendance requirement Completes patient care tasks (e.g., callbacks, consultations, orders, procedure notes) after prompting from a supervisor
Level 2 Performs tasks and responsibilities in a timely manner in routine situations	 Completes administrative tasks (e.g., licensing requirements) by specified due date Completes routine orders, callbacks, procedure notes, and consultations as assigned Answers pages and emails promptly with rare need for reminders
Level 3 Performs tasks and responsibilities in a thorough and timely manner in complex or stressful situations	 Asks for a co-fellow to assist with accepting an admission while attending to the needs of a decompensating patient
Level 4 Coaches others to ensure tasks and responsibilities are completed in a thorough and timely manner in complex or stressful situations	 Reminds co-fellows to attend conference and gives tips on task prioritization Supervises co-fellows and residents on a busy night, delegating tasks appropriately, and ensures that all tasks are completed for safe and thorough patient care
Level 5 Creates strategies to enhance others' ability to efficiently complete tasks and responsibilities	 Creates a workflow for systematic improvement of multidisciplinary discharge team coordination of care
Assessment Models or Tools	 Compliance with deadlines, timelines, and attendance Direct observation Multisource feedback Peer assessments Self-evaluations and reflective tools Simulation
Curriculum Mapping	
Notes or Resources	 The American Board of Pediatrics. "Entrustable Professional Activities for Pediatric Subspecialties: Critical Care Medicine." https://www.abp.org/content/entrustable-professional-activities-subspecialties. Accessed 2022. American Medical Association. "Ethics." https://www.ama-assn.org/delivering-care/ama-code-medical-ethics. Accessed 2020. Code of conduct from fellow/resident institutional manual Expectations of fellowship program regarding accountability and professionalism

Professionalism 4: Well-Being Overall Intent: To identify resources to manage and improve well-being		
Milestones	Examples	
Level 1 Recognizes the importance of addressing personal and professional well-being	 Identifies that working in a pediatric intensive care unit may be stressful and impact well-being Discusses the importance of a faculty advisor Recognizes that personal stress may require a change in time management 	
Level 2 Describes institutional resources that are meant to promote well-being	 Identifies well-being resources such as meditation apps and mental health resources available through the program and institution for co-fellows, residents, and medical students Discusses options for Family Medical Leave Act with program director when expecting a child 	
Level 3 Recognizes institutional and personal factors that impact well-being	 Describes the difficulties in balancing professional and personal responsibilities Acknowledges how individual response to participating in a difficult end-of-life decision impacts well-being and may impact the approach to patients seen later the same day 	
Level 4 Describes interactions between institutional and personal factors that impact well-being	 Recognizes how microaggressions from coworkers and/or faculty members are impacting performance or engagement in patient care Leads a team debrief after a stressful event to promote discussion and team well-being 	
Level 5 Coaches and supports colleagues to optimize well-being at the team, program, or institutional level	 Participates in organizational efforts to address clinician well-being Develops a group to provide support for self and others to explore impact of microaggressions and biases 	
Assessment Models or Tools	 Direct observation Reflection Advisor feedback Self-assessment 	
Curriculum Mapping		
Notes or Resources	 This subcompetency is not intended to evaluate a fellow's well-being, but to ensure each fellow has the fundamental knowledge of factors that impact well-being, the mechanisms by which those factors impact well-being, and available resources and tools to improve well-being. ACGME. "Well-Being Tools and Resources." https://dl.acgme.org/pages/well-being-tools-resources. Accessed 2022. The American Board of Pediatrics. "Entrustable Professional Activities for Pediatric Subspecialties: Critical Care Medicine." https://www.abp.org/content/entrustable-professional-activities-subspecialties. Accessed 2022. 	

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https://www.sciencedirect.com/science/article/abs/pii/S187628591300332X.
Local resources, including employee assistance programs

Interpersonal and Communication Skills 1: Patient- and Family-Centered Communication		
Overall Intent: To establish a therapeutic relationship with patients and their families, tailor communication to the needs of patients and their		
families, and effectively navigate difficult/sensitive conversations		
Milestones	Examples	
Level 1 Demonstrates respect and attempts to establish rapport	Introduces self and faculty member, identifies patient and others in the room, and engages all parties in health care discussion	
Attempts to adjust communication strategies based upon patient/family expectations	Identifies need for trained interpreter with non-English-speaking patients	
Level 2 Establishes a therapeutic relationship in straightforward encounters	Explores the concerns of parents at the beginning of the admission a child with acute bronchiolitis who does not need intubation	
	Uses nonjudgmental language to discuss sensitive topics	
Adjusts communication strategies as needed to mitigate barriers and meet patient/family expectations	While acknowledging gender identification, appropriately addresses the need for pelvic and/or bimanual exam in a transgender male with uterus/ovaries who is admitted with a surgical abdomen	
Level 3 Establishes a culturally competent and therapeutic relationship in most encounters	 Prioritizes and sets an agenda based on concerns of parents at the beginning of an admission of a child with multiple chronic medical problems who needs to be placed on continuous renal replacement therapy Discusses sensitive topics while promoting trust, respect, and understanding Recognizes that mispronouncing a patient's name, especially one of a different ethnicity, might be experienced as a microaggression; apologizes to the patient and seeks to correct the mistake 	
Communicates with sensitivity and compassion, elicits patient/family values, and acknowledges uncertainty and conflict	 Discusses resources and options with a teenage patient who is admitted with multiple traumas from a significant other in a manner that supports the patient and avoids bias in presentation of options 	
Level 4 Establishes a therapeutic relationship in straightforward and complex encounters, including those with ambiguity and/or conflict	 Continues to engage parents who refuse immunizations, addressing misinformation and reviewing risks/benefits to assuage these concerns in a manner that engages rather than alienates the patient's family after an asthmatic patient is extubated following a severe influenza infection Facilitates sensitive discussions with patient/family and interdisciplinary team Asks questions in ways that validate patient identities and promote an inclusive environment 	
Uses shared decision making with patient/family to make a personalized care plan		

	While maintaining trust, engages family of a child with medical complexity along with other members of the multi-specialty care team in determining family wishes and expectations regarding resuscitative efforts in the event of an acute deterioration
Level 5 Mentors others to develop positive therapeutic relationships	Coaches a junior resident disclosing serious news to a patient and the patient's family
Models and coaches others in patient- and	Develops a curriculum on patient- and family-centered communication, including
family-centered communication	navigating difficult conversations
Assessment Models or Tools	Direct observation
	Multisource feedback
	Simulation
Curriculum Mapping	•
Notes or Resources	 The American Board of Pediatrics. "Entrustable Professional Activities for Pediatric Subspecialties: Critical Care Medicine." https://www.abp.org/content/entrustable-professional-activities-subspecialties. Accessed 2022. Association of American Medical Colleges MedEdPORTAL. "Anti-Racism in Medicine Collection." https://www.mededportal.org/anti-racism. Accessed 2022. Benson Bradley J. 2014. "Domain of Competence: Interpersonal and Communication Skills." <i>Academic Pediatrics</i> 14(2 Suppl): S55-S65. https://doi.org/10.1016/j.acap.2013.11.016. Accessed 2020. Laidlaw, Anita, and Jo Hart. 2011. "Communication Skills: An Essential Component of Medical Curricula. Part I: Assessment of Clinical Communication: AMEE Guide No. 51." <i>Medical Teacher</i> 33(1): 6-8. https://doi.org/10.3109/0142159X.2011.531170. Makoul, Gregory. 2001. "Essential Elements of Communication in Medical Encounters: the Kalamazoo Consensus Statement." <i>Academic Medicine</i> 76(4): 390-393. https://journals.lww.com/academicmedicine/Fulltext/2001/04000/Essential_Elements_of_Communication_in_Medical.21.aspx#pdf-link. Makoul, Gregory. 2001. "The SEGUE Framework for Teaching and Assessing Communication Skills." <i>Patient Education and Counseling</i> 45(1): 23-34. https://doi.org/10.1016/S0738-3991(01)00136-7.

 When admitting a patient with Brugada syndrome who was resuscitated in the emergency department, and after being prompted by attending, requests consultation from cardiology
• Introduces each member of the multidisciplinary team to the patient and patient's family during rounds
When requesting a consult from the infectious disease team, clearly and succinctly describes the recent history of an intensive care unit patient who has a new fever
Sends a message in the EHR to the dietitian of a metabolic patient to discuss increasing the protein restriction
For an infant with unexplained hypoglycemia, asks how frequently labs are needed and proactively creates a plan for further work-up should the clinical scenario require it
 After a consultation has been completed via a rapid response activation, communicates with the primary care team to verify they have received and understand the recommendations Contacts the metabolic team social worker to arrange for delivery of a specialized formula and completes the order
Initiates a multidisciplinary meeting to develop shared care plan for a patient with 22q11.2 deletion syndrome with acute hypoxemic respiratory failure of unknown etiology
 Explains to the rest of the team, as well as the parents, the rationale for chromosome analysis, instead of chromosome microarray analysis, as the preferred diagnostic test for suspected Down syndrome Leads the morning interprofessional huddle on the inpatient unit
Role models effective care communication by scheduling and leading weekly multidisciplinary care conversations with the cardiology team providing care for complex patient

Coaches others in effective communication within the interprofessional team	Effectively navigates racial discrimination or microaggressions from a colleague as it pertains to another team member
Assessment Models or Tools	Direct observation
7,000,000,000,000,000,000	Global assessment
	Medical record (chart) audit
	Multi-source feedback
	Simulation
Curriculum Mapping	•
Notes or Resources	The American Board of Pediatrics. "Entrustable Professional Activities for Pediatric
	Subspecialties: Critical Care Medicine." https://www.abp.org/content/entrustable-
	professional-activities-subspecialties. Accessed 2022.
	ACAPT. "NIPEC Assessment Resources and Tools."
	https://acapt.org/about/consortium/national-interprofessional-education-consortium-
	(nipec)/nipec-assessment-resources-and-tools. Accessed 2020.
	● Dehon, Erin, Kimberly Simpson, David Fowler, Alan Jones. 2015. "Development of the
	Faculty 360." <i>MedEdPORTAL</i> 11:10174. <u>http://doi.org/10.15766/mep_2374-8265.10174</u> .
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	Behavior-Based Evaluation Instrument for Family Medicine Residents." <i>MedEdPORTAL</i> .
	2007. https://www.mededportal.org/doi/10.15766/mep_2374-8265.622. Accessed 2020.
	• François, José. 2011. "Tool to Assess the Quality of Consultation and Referral Request
	Letters in Family Medicine." Canadian Family Physician 57(5):574–575.
	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3093595/. Accessed 2020.
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	Skills." BMJ. 344:e357. https://doi.org/10.1136/bmj.e357.
	Henry, Stephen G., Eric S. Holmboe, and Richard M. Frankel. 2013. "Evidence-Based Computer for Improving Communication Skills in Graduate Medical Education."
	Competencies for Improving Communication Skills in Graduate Medical Education: A
	Review with Suggestions for Implementation." <i>Medical Teacher</i> . 35(5):395-403. https://doi.org/10.3109/0142159X.2013.769677.
	• Interprofessional Education Collaborative Expert Panel. 2011. "Core Competencies for
	Interprofessional Collaborative Practice: Report of an Expert Panel." Washington, D.C.:
	Interprofessional Education Collaborative. https://www.aacom.org/docs/default-
	source/insideome/ccrpt05-10-11.pdf?sfvrsn=77937f97 2. Accessed 2020.
	• Roth, Christine G., Karen W. Eldin, Vijayalakshmi Padmanabhan, and Ellen M. Freidman.
	2019. "Twelve Tips for the Introduction of Emotional Intelligence in Medical Education."
	Medical Teacher 41(7): 1-4. https://doi.org/10.1080/0142159X.2018.1481499.

Interpersonal and Communication Skills 3: Communication within Health Care Systems Overall Intent: To effectively communicate using a variety of tools and methods	
Milestones	Examples
Level 1 Records accurate information in the patient record	If using copy/paste/forward in the EHR, goes back to make changes to note after doing so
Identifies the importance of and responds to multiple forms of communication (e.g., in-	 Utilizes communication tools and methods for patient care needs, concerns, and safety issues
person, electronic health record (EHR), telephone, email)	Promptly responds to email regarding change of meeting time
Level 2 Records accurate and timely information in the patient record	Completes rapid response note promptly and with accurate information
Selects appropriate method of communication, with prompting	Calls nurse with urgent request for labs after reminder from senior fellow
Level 3 Concisely documents updated, prioritized, diagnostic and therapeutic reasoning in the patient record	Produces documentation in acute event note that reflects complex clinical thinking and planning, and is concise
Aligns type of communication with message to be delivered (e.g., direct and indirect) based on	When a patient begins to decompensate, immediately requests additional resources and contacts the attending
urgency and complexity	 Emails patient's cardiologist with non-urgent question rather than paging cardiologist on call
Level 4 Documents diagnostic and therapeutic reasoning, including anticipatory guidance	 Accurately documents an end-of-life family conference with clear, concise, and organized goals of care
Demonstrates exemplary written and verbal communication	 Communicates effectively and proactively with collaborating physicians and teams about communication gaps in order to prevent recurrence
Level 5 Models and coaches others in documenting diagnostic and therapeutic reasoning	Reviews notes at the end of the day with a resident to provide coaching on documentation of assessments and plans
Coaches others in written and verbal communication	 Leads a team to discuss implementation and dissemination of updated patient information in the EHR
Assessment Models or Tools	Direct observation Medical record (chart) audit

	Multisource feedback
	Peer assessments
	Simulation
Curriculum Mapping	
Notes or Resources	 The American Board of Pediatrics. "Entrustable Professional Activities for Pediatric Subspecialties: Critical Care Medicine." https://www.abp.org/content/entrustable-professional-activities-subspecialties. Accessed 2022. Benson, Bradley J. 2014. "Domain of Competence: Interpersonal and Communication Skills." <i>Academic Pediatrics</i>.14(2 Suppl): S55-S65. https://doi.org/10.1016/j.acap.2013.11.016. Accessed 2020. Bierman, Jennifer A., Kathryn Kinner Hufmeyer, David T. Liss, A. Charlotta Weaver, and Heather L. Heiman. 2017. "Promoting Responsible Electronic Documentation: Validity Evidence for a Checklist to Assess Progress Notes in the Electronic Health Record." <i>Teaching and Learning in Medicine</i>. 29(4): 420-432. https://doi.org/10.1080/10401334.2017.1303385. Haig, Kathleen M., Staci Sutton, and John Whittington. 2006. "SBAR: A Shared Mental Model for Improving Communications Between Clinicians." <i>Joint Commission Journal on Quality and Patient Safety</i>. 32(3):167-75. https://doi.org/10.1016/s1553-7250(06)32022-3. Starmer, Amy J., Nancy D. Spector, Rajendu Srivastava, April D. Allen, Christopher P. Landrigan, Theodore Sectish, and I-PASS Study Group. 2012. "I-Pass, a Mnemonic to Standardize Verbal Handoffs." <i>Pediatrics</i> 129.2:201-204. https://doi.org/10.1542/peds.2011-2966.

	Skills 4: Communication Around Serious Illness, Including End-of-Life Care	
Overall Intent: To foster effective, patient- and family-centered communication for patients with life-limiting conditions or diseases with uncertain prognosis		
Milestones	Examples	
Level 1 Identifies communication of prognosis as a key element for shared decision making	Describes to the attending the need to share with the patient's family the range of potential outcomes in a child post-cardiac arrest	
Level 2 Assesses the patient's and family's/caregivers' prognostic awareness and identifies preferences for receiving prognostic information	 In a care conference, asks the patient's family what they currently understand about the condition and potential outcomes for a child admitted with severe traumatic brain injury In meetings with adolescent patients, asks the adolescents how they prefer to receive information about their evolving illness 	
Level 3 Delivers prognostic information and recognizes the emotional responses of patient and family/caregivers	Following a conversation about acute rejection after a liver transplant, responds to the emotional needs of a patient's family by offering social work or spiritual care support	
Level 4 Tailors communication of prognosis according to disease trajectory, patient/family needs, and medical uncertainty, and attends to the emotional responses	 Directs a discussion of advanced directives in a patient with Duchenne muscular dystrophy who presented in cardiac arrest, and reaffirms the parent's emotions and uncertainty Anticipates emotional response of a patient's family to difficult news and includes multidisciplinary support during care conferences Integrates family's communication preferences and concerns into a discussion of the procedures and expectations for a patient being examined for death by neurological criteria 	
Level 5 Coaches others in the communication of prognostic information	Runs a course for residents on challenging communication with patients at the end of life	
Assessment Models or Tools	 Clinical case discussion Direct observation Multisource feedback Simulation 	
Curriculum Mapping	•	
Notes or Resources	 Back, Anthony, Robert Arnold, and James Tulsky. 2009. Mastering Communication with Seriously III Patients. Cambridge: Cambridge University Press. Back, Anthony, Robert Arnold, Walter F. Baile, James Tulskey, and Kelly Fryer-Edwards. 2005. "Approaching Difficult Communication Tasks in Oncology." CA: A Cancer Journal for Clinicians 55(3): 164-77. https://doi.org/10.3322/canjclin.55.3.164. Baile, Walter F., Robert Buckman, Renato Lenzi, Gary Glober, Estela A. Beale, and Ardrzej P. Kudelka. 2000. "SPIKES - A Six-Step Protocol for Delivering Bad News: Application to the Patient with Cancer." The Oncologist 5(4): 302-11. doi: 10.1634/theoncologist.5-4-302. PMID: 10964998. 	

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- DeCourcey, Danielle D., Melanie Silverman, Adeolu Oladunjoye, and Joanne Wolfe. 2019. "Advance Care Planning and Parent-Reported End-of-Life Outcomes in Children, Adolescents, and Young Adults With Complex Chronic Conditions." *Critical Care Medicine* Volume 47(1): 101-108 doi: 10.1097/CCM.0000000000003472.
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- VitalTalk. www.vitaltalk.org. Accessed 2018.

To help programs transition to the new version of the Milestones, the ACGME has mapped the original Milestones 1.0 to the new Milestones 2.0. Indicated below are the subcompetencies that are similar between versions. These are not exact matches, but are areas that include similar elements. Not all subcompetencies map between versions. Inclusion or exclusion of any subcompetency does not change the educational value or impact on curriculum or assessment.

Milestones 1.0	Milestones 2.0
PC1: Provide transfer of care that ensures seamless transitions	SBP4: System Navigation for Patient-Centered Care – Transitions in Care
PC2: Make informed diagnostic and therapeutic decisions that result in optimal clinical judgement	PC1: History and Physical Exam
PC3: Develop and carry out management plans	PC3: Patient Management MK2: Clinical Reasoning ICS1: Patient- and Family-Centered Communication
PC4: Provide appropriate role modeling	PBLI2: Reflective Practice and Commitment to Personal Growth
	PC2: Organization and Prioritization of Patient Care
	PC4: Pre-Procedure Assessment
	PC5: Procedures
MK1: Locate, appraise, and assimilate evidence from scientific studies related to their patients' health problems	MK1: Foundational Knowledge PBLI1: Evidence Based and Informed Practice
SBP1: Work effectively in various health care delivery settings and systems relevant to their clinical specialty	SBP3: System Navigation for Patient Cantered Care – Coordination of Cre SBP6: Physician Role in Health Care Systems
SBP2: Coordinate patient care within the health care system relevant to their clinical specialty	SBP3: System Navigation for Patient Centered Care – Coordination of Care SBP4: System Navigation for Patient-Centered Care – Transitions in Care SBP5: Population and Community Health ICS1: Patient- and Family-Centered Communications ICS2: Interprofessional and Team Communication
SBP3: Incorporate considerations of cost awareness and risk- benefit analysis in patient and/or population-based care as appropriate	SBP5: Population and Community Health SBP6: Physician Role in Health Care Systems
SBP4: Work in inter-professional teams to enhance patient safety and improve patient care quality	SBP1: Patient Safety ICS2: Interprofessional and Team Communication

SBP5: Participate in identifying system errors and implementing potential systems solutions	SBP1: Patient Safety SBP2: Quality Improvement
PBLI1: Identifying strengths, deficiencies, and limits to one's	PBLI1: Evidence Based and Informed Practice
knowledge and expertise	PBLI2: Reflective Practice and Commitment to Personal Growth
PBLI2: Systematically analyze practice using quality	SBP2: Quality Improvement
	PBLI2: Reflective Practice and Commitment to Personal Growth
practice improvement	
PBLI3: Use information technology to optimize learning and	PBLI1: Evidence Based and Informed Practice
care delivery	PBLI2: Reflective Practice and Commitment to Personal Growth
	ICS3: Communication within Health Care Systems
PBLI4: Participate in the education of patients, families,	SBP5: Population and Community Health
students, residents, fellows, and other health professionals	PBLI1: Evidence Based and Informed Practice
	ICS1: Patient- and Family-Centered Communications
PROF1: Professional Conduct: High standards of ethical	PROF1: Professional Behavior
behavior which includes maintaining appropriate professional	PROF2: Ethical Principles
boundaries	
PROF2: Trustworthiness that makes colleagues feel secure	PBLI1: Evidence Based and Informed Practice
when one is responsible for the care of patients	PROF1: Professional Behavior
	PROF3: Accountability/Conscientiousness
	ICS1: Patient- and Family-Centered Communications
PROF3: Provide leadership skills that enhance team	ICS2: Interprofessional and Team Communication
functioning, the learning environment, and/or the health care	ICS3: Communication within Health Care Systems
delivery system/environment with the ultimate intent of	PROF2: Ethical Principles
improving care of patients	PROF3: Accountability/Conscientiousness
PROF4: The capacity to accept that ambiguity is part of clinical	PROF2: Ethical Principles
medicine and to recognize the need for and to utilize	ICS1: Patient- and Family-Centered Communication
appropriate resources in dealing with uncertainty	PBLI1: Evidence Based and Informed Practice
	PROF4: Well-Being
ICS1: Communicate effectively with physicians, other health	ICS2: Interprofessional and Team Communication
professionals, and health-related agencies	ICS3: Communication within Health Care Systems
ICS2: Work effectively as a member or leader of a health care	ICS2: Interprofessional and Team Communication
team or other professional group	PBLI2: Reflective Practice and Commitment to Personal Growth
	PROF3: Accountability/Conscientiousness
ICS3: Act in a consultative role to other physicians and health	MK2: Clinical Reasoning
professionals	ICS2: Interprofessional and Team Communication
	ICS3: Communication within Health Care Systems

	ICS4: Communication Around Serious Illness, Including End-of-Life Care
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Available Milestones Resources

Milestones 2.0: Assessment, Implementation, and Clinical Competency Committees Supplement, 2021 - https://meridian.allenpress.com/jgme/issue/13/2s

Milestones Guidebooks: https://www.acgme.org/milestones/resources/

- Assessment Guidebook
- Clinical Competency Committee Guidebook
- Clinical Competency Committee Guidebook Executive Summaries
- Implementation Guidebook
- Milestones Guidebook

Milestones Guidebook for Residents and Fellows: https://www.acgme.org/residents-and-fellows/ the acgme-for-residents-and-fellows/

- Milestones Guidebook for Residents and Fellows
- Milestones Guidebook for Residents and Fellows Presentation
- Milestones 2.0 Guide Sheet for Residents and Fellows

Milestones Research and Reports: https://www.acgme.org/milestones/research/

- Milestones National Report, updated each fall
- Milestones Predictive Probability Report, updated each fall
- Milestones Bibliography, updated twice each year

Developing Faculty Competencies in Assessment courses - https://www.acgme.org/meetings-and-educational-activities/courses-and-workshops/developing-faculty-competencies-in-assessment/

Assessment Tool: Direct Observation of Clinical Care (DOCC) - https://dl.acgme.org/pages/assessment

Assessment Tool: Teamwork Effectiveness Assessment Module (TEAM) - https://team.acgme.org/

Improving Assessment Using Direct Observation Toolkit - https://dl.acgme.org/pages/acgme-faculty-development-toolkit-improving-assessment-using-direct-observation

Remediation Toolkit - https://dl.acgme.org/courses/acgme-remediation-toolkit

Learn at ACGME has several courses on Assessment and Milestones - https://dl.acgme.org/